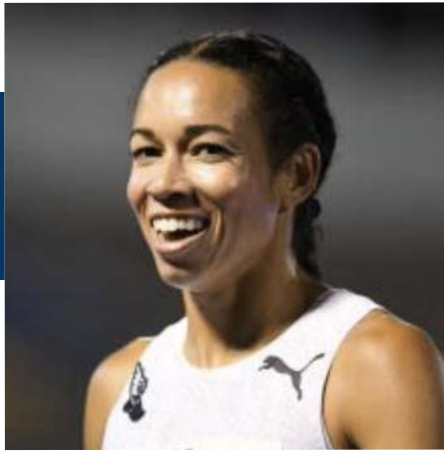




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NYAC Track and Field Athletes Dominate

Saturday, February 4th; Boston, MA – At the 2023 Bruce Lehane Scarlet and White Invitational, the NYAC's **Aisha Praught-Leer**, 2018 Commonwealth Games 3000m champion, broke the 18-year-old Jamaican indoor mile record courtesy of her 4:31.48 fourth place finish. Abigail Nichols of Naz Elite won the race in a time of 4:20.12. Praught-Leer's previous personal best was 4:32.86, which she ran at the Birmingham British Athletics Grand Prix in 2015. [Click here](#) for full results from Boston. • For the second successive week, the NYAC's **Brooke Andersen** set a personal best in the 20lb weight throw, this result coming at the Sykes and Sabock Invitational in State College, PA on Saturday, February 4th. Andersen's mark came on her fourth attempt, landing at 25.07m/82-3 and giving her the victory. [Click here](#) for complete results from State College. Notably, the venue is named for NYAC 1952 Olympic steeplechase champion, Horace Ashenfelter. • Also in track and field news, last week the NYAC's **David Kilgore** completed a remarkable marathon running undertaking by completing seven 26.2 milers in seven days on seven continents...winning each one. As one of 35 runners who completed the World Marathon Challenge, Kilgore raced in Novo (Antarctica), Cape Town (South Africa), Perth (Australia), Dubai, Madrid (Spain), Fortaleza (Brazil), and Miami (USA), concluding on Monday, February 6th. Kilgore completed his final marathon, in Miami, in 2:41:50. The runners were transported between the races on a privately chartered plane and spent about 68 hours in the air during the week of competition. [Click here](#) to read more.

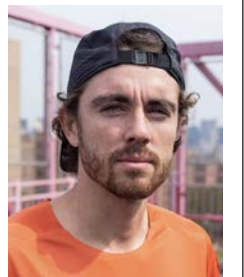
Meet David Kilgore

Sport: Road Running **Hometown:** Palm Bay, FL

College: University of Colorado Boulder '14

Achievements: 3rd at 2018 USATF 50K Trail Championships, 2011 5000m All-American

Find David on Instagram @davidkilgore



Judo - NYAC Judokas Contest Paris Grand Slam

Saturday, February 4th – Sunday, February 5th; Paris, France - The NYAC's **Jack Yonezuka** (-73kg), **Dominic Rodriguez** (-73kg), **Nicolas Yonezuka** (-81kg) and **Nate Keeve** (-100kg) each contested the Paris Grand Slam last weekend. Rodriguez defeated Aledine Ben Chalbi of Tunisia by waza ari in his first round of the -73kg competition, but was defeated by Gabriele Sulli of Italy by ippon in the second round. Jack Yonezuka (-73kg), Nicholas Yonezuka (-81kg), and Nate Keeve (-100kg) did not advance beyond their first matches. [Click here](#) for complete results from Paris.

Swimming - Unofficial US Record for Kate Douglass

Friday, February 3rd - Sunday, February 5th; Charlottesville, VA – **Kate Douglass**, bronze medalist in the 200m medley relay at the Tokyo 2020 Olympic Games, unofficially broke the American 200m breaststroke record at the Cavalier Invitational in Virginia last weekend. Douglass' time of 2:01.43, accomplished in a time trial, was 0.44 under her own official US mark of 2:01.87, a record the NYAC woman set at the Tennessee Invitational in November last year. [Click here](#) to see the extraordinary swim and to read more.



Upcoming Events

TRACK AND FIELD: Saturday, February 11th [Millrose Games, 168th St Armory, NYC](#) Joe Kovacs [More info here](#)

FENCING: Sunday, February 12th [Barcelona Coupe du Monde](#) Kat Holmes [More info here](#)

TRACK AND FIELD: Thursday, February 16th - Saturday, February 18th [USATF Indoor Championships, Albuquerque, NM](#) [More info here](#)

JUDO: Thurs, February 16th - Sat, February 18th [Tel Aviv Grand Slam](#) Dominic Rodriguez, Nicolas Yonezuka, Alex Knauf, Angie Delgado, Hannah Martin [More info here](#)

Track & Field - The Millrose Games are Here!

Saturday, February 11th - This weekend, the world's most famous indoor track meet returns to NYC, and with it come a legion of the world's finest track and field stars. The NYAC's history at Millrose is lengthy and storied, boasting legendary names such as **Loren Murchison**, **Horace Ashenfelter** and the incomparable **Eamonn Coghlan**. This year, shot putter **Joe Kovacs** - one of the greatest of all time - seeks to add a new chapter to that history when he goes head to head with the intimidating two-time Olympic champion, Ryan Crouser. Their clash is certain to be a highlight. To read a full preview of the meet, [click here](#).

Late News: Winkler Wins the Weight - As we were putting the final touches to this edition, **Rudy Winkler** claimed the victory in the Millrose Games weight throw, held yesterday (Thursday) at the Armory. Winkler's winning 24.04/78-10.5 came on his sixth and final effort, although any of his five legal throws would have won the competition. Watch for full Millrose results next week.



News

Olympics - The Paris 2024 sports pictograms have been unveiled. [Click here](#) to see the imagery.

Links

To see the **NYAC's athletics pages**, [click here](#)

For news from the **IOC**, [click here](#).

To see the **IOC's Olympic channel**, [click here](#)

For news from the **USOPC**, [click here](#)

For news from the **Olympic Studies and Research Center**, [click here](#).

Read All About It

Do you have news or results of NYAC athletes that should be featured in

Athletics News? Let us know by contacting the NYAC's Sports Information Manager,

Laura Walsh, at LauraW@nyac.org