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Photo courtesy Row2K

NYAC ROWERS CLAIM FOUR WORLD CHAMPIONSHIPS MEDALS

Sunday, September 3rd – Sunday, September 10th; Belgrade, Serbia – NYAC rowers secured four silver medals for Team USA at the [World Rowing Championships](#) in Belgrade, the hardware going to **Charlotte Buck**, **Alina Hagstrom** and **Brooke Mooney** in the women's eight and to **Nick Mead** in the men's four. In the women's eight, held on Sunday, the US boat surged past Australia just strokes before the finish line, claiming the silver behind the victorious Romania team. It was a superb return to the rostrum for the US boat, with the Paris Olympic Games on a near horizon and the disappointing results from Tokyo still fresh in memory. Speaking to US Rowing, Buck commented: "It means so much. I've been in the eight the last two

Meet Nick Mead

Sport: Rowing **Hometown:** Strafford, PA
College: Princeton University, History 2017
Achievements: Fourth place, men's eight, Tokyo 2020 Olympic Games; 2021 USRowing Male Athlete of the Year; captain varsity heavyweight team at Princeton.
Follow Nick on Instagram @meadna17



years and it's been so tough coming in fourth. We worked really, really hard to get out of that position. It's amazing. This is my first time on the podium at any level for worlds, so it's always special to do it with these nine women." Australia held the early

lead, but conceded the pole position to Romania after 1500m. At that point, the US was in fourth, but closing hard. In surging into the silver medal position just before the finish, the US women claimed one of the five qualification places that were on the line for next year's Olympic Games. This was the first time that the US eight had reached the podium since 2019. For the US men's four, Saturday was a day for comparable celebration, with Mead and his teammates taking the silver medal behind a powerful British foursome. The US held the early lead, but there was no denying the Britons once they assumed control. This silver marked the first time the US had reached the podium in this event since 2014. Also in Belgrade, the NYAC's **Claire Collins**, **Madeleine Wanamaker** and **Kelsey Reelick** finished fourth in the women's four, while **Meghan Musnicki** finished sixth in the women's pair. In so doing, they all qualified their boats for Paris 2024. **Sam Melvin** finished seventh in the lightweight men's single, and **Eliot Putnam** finished first in the D final of the men's single. [Click here](#) for full results from Belgrade.



Photo courtesy Row2K



Triathlon - Pearson Wins First World Cup Title

Sunday, September 10th; Karlovy Vary, Czech Republic – The NYAC's **Morgan Pearson** claimed his first World Cup win by taking the title at the [World Triathlon Cup Karlovy Vary](#) last weekend in the Czech Republic. The New Vernon, NJ native completed the 1500m swim in a time of 16:22, the 40.8K bike in 1:03:00, and the 10K run in 31:37, for a cumulative finish of 1:51:55. Notably, Pearson had the fastest bike segment of the day. Doug Gray of World Triathlon wrote of the race, "An excellent swim saw the USA's first male Paris 2024 qualifier straight into the front pack and, after the group were caught halfway through the bike, he then quickly dropped the hammer and pulled clear of his rivals, nobody among them able to stick the pace, and from there on the gap just grew wider and wider all the way to the finish." Pearson and his NYAC teammate, Taylor Knibb, qualified for next year's Olympic Games at the test event, held in Paris, last month, becoming the first NYAC members to have been officially named to Team USA, thus far. To read Doug Gray's entralling report of the Karlovy Vary race, [click here](#). For full results from Karlovy Vary, [click here](#).

Track and Field - Victory for Malone in Croatia

Friday, September 8th – Sunday, September 10th; Zagreb, Croatia – The NYAC's **Maggie Malone**, the former American record holder in the women's javelin, won that event at the [Boris Hanzekovic Memorial](#) in Croatia with an excellent of 63.71m/209-0. A two-time Olympian, this was a fine return to form for the NYAC woman, who contested the August World Championships in Budapest, where she managed just 57.85m/189-9 in qualifying, failing to advance to the final. Also in Zagreb, two-time shot put world champion, **Joe Kovacs**, placed second in that event with a mark of 21.72m/71-3.75, giving best to perennial rival, Kiwi Tom Walsh who won with a mark of 22.46m/73-8.25. Kovacs is among the most decorated field eventers of all time, with two Olympic silvers to his credit, plus two world championships golds, two silvers and one bronze. Notably, there is an Olympic Games coming up in Paris next year, and Kovacs still has room on his mantelpiece, though not much. [Click here](#) for complete results from Zagreb. • **Friday, September 8th – Saturday, September 9th; Brussels, Belgium** – At the ultra-competitive [Memorial van Damme](#) Diamond League meet in Brussels, the NYAC's **Chris Nilsen**, Tokyo 2020 Olympic Games silver medalist, placed fourth in the pole vault with a height of 5.82m/19-1. World record holder Armand Duplantis of Sweden, arguably the greatest vaulter of all time, won with a meet record of 6.10m/20-0.25. **Tori Franklin**, the 2022 World Championships bronze medalist in triple jump, was set to compete, but was forced to withdraw due to a torn plantar fascia. The problem flared up at last month's World Championships in Budapest, where Franklin made the final, but was unable to jump. [Click here](#) for results from Brussels.

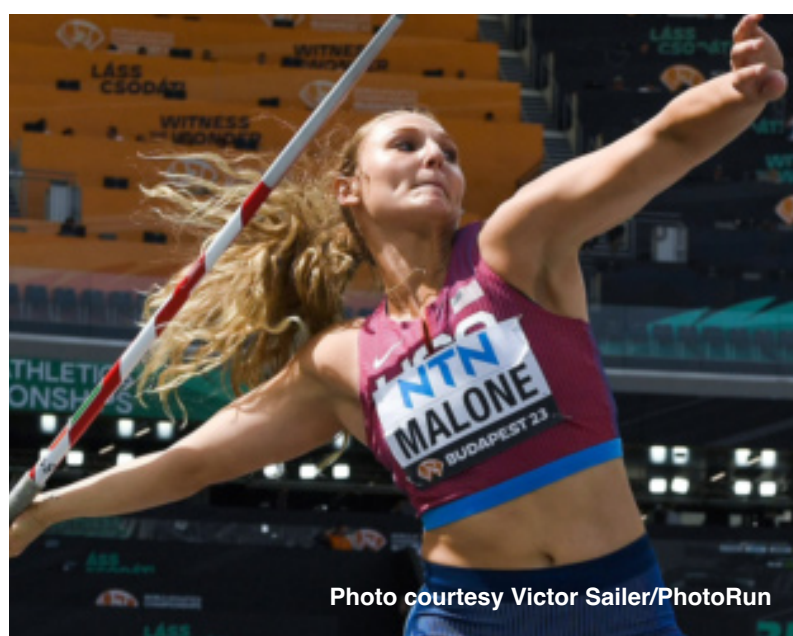


Photo courtesy Victor Sailer/PhotoRun

Wrestling - World Championships Set to Begin in Belgrade



On **Saturday, September 16th**, the [2023 World Wrestling Championships](#) begin, with seven NYAC wrestlers taking to the mats in Belgrade, Serbia. Six-time champion and Olympic silver medalist, **Adeline Gray** (76kg) will be seeking a stunning seventh title, while Olympic bronze medalists **Sarah Hildebrandt** (50kg) and **Bekzod Abdurakhmonov** (79kg FS, UZB) will be working hard to add to their hardware. Abdurakhmonov secured bronze in 2014 and 2018, while Hildebrandt has silvers from 2018 and 2021, plus a bronze from 2022. Also entering the fray for the NYAC will be **Matt Finesilver** (74kg FS), **Pat Smith** (72kg GR), **Zach Braunagel** (87kg GR) and **Yousiff Hemida** (125kg GR). Richard Immel of USA Wrestling offered a preview: "Three-time World Championships medalist and Olympic bronze medalist, Sarah Hildebrandt, a veteran competitor for the US, [has] secured the second seed. Known for her tenacity with an ankle lace, she stands as a formidable challenge to [defending champion, Yui Susaki's] reign. Hildebrandt showcased her readiness for the world stage this year by clinching gold at the Pan-American Championships and Budapest Ranking Series event. Leading the narrative at 76 kg is the awe-inspiring Adeline Gray, a six-time world champion and Olympic silver medalist. After taking a year off to embrace motherhood and welcome twins into the world, Gray has made a resounding return to the world stage. [Her] journey back has been nothing short of remarkable. At Final X, she avenged a loss to U20 world champion, Kennedy Blades, cementing her position on the US World Championships team. While Gray enters the tournament unseeded, her track record speaks volumes. If she's back to her gold-medal form, the field faces an uphill battle." The top five athletes in each of the Olympic weight classes at these Championships will qualify their nations to compete in those divisions in Paris next year. Check back next week for updates on the NYAC's wrestlers in Belgrade. In the interim, [click here](#) for live results.

Judo - Olympic Qualification Slots on the Line in Calgary

Friday, September 15th & Saturday, September 16th – One of the most significant Olympic qualification tournaments for the Paris Games will be held this weekend at the Senior Pan American-Oceania Championships in Calgary, Alberta. Eighteen members of Team USA will fight in the two-day tournament that will serve as a key qualifier for Paris as athletes seek to move up the Olympic Ranking List. The competition schedule is as follows: Friday, September 15th - men's 60kg, 66kg, 73kg; women's 48kg, 52kg, 57kg, 63kg; Saturday, September 16th - men's 81kg, 90kg, 100kg, +100kg; women's 70kg, 78kg, +78 kg. The NYAC contingent comprises **Angie Delgado (52kg)**, **Maria Laborde (48kg)**, **Ari Berliner (66kg)**, **Hannah Martin (63kg)**, **Nate Keeve (100kg)**, **Jack Yonezuka (73kg)**, **Alex Knauf (90kg)** and **Nick Yonezuka (81kg)**. Delgado, a two-time Olympian, won her fourth straight silver medal at this tournament last year. She also won bronze at the Hungary Grand Slam and Perth Grand Prix events in 2022, and is currently ranked #21 in the world. She has a long-standing rivalry with Larissa Pimenta (BRA), the 2019 Junior World Championships bronze medalist who Delgado has fought in the last three Pan Am finals. Maria Laborde is ranked #11 in the world and is seeking a return to the top of the 48kg podium. In 2014, she won gold at the Senior Pan Ams and went on to win bronze at the Senior World Championships competing for Cuba. Fast forward to the 2022 Senior Pan Am-Oceania Championships, which was her second tournament competing for Team USA. Laborde dropped a match to 2021 Senior Pan Am Champion Mary Dee Vargas Ley (CHI) and ended with bronze. In August, Laborde returned to the podium with a silver medal finish at the Masters' Worlds, a result that has put her as a near-lock for Paris with the #4 position on the Olympic ranking list. Berliner is making a comeback from injury, and Martin is continuing her powerful return after becoming a mother in 2020. Those are just some of the highlights. [Click here](#) for the full preview, [here](#) for live results from Calgary, and [here](#) for the live-stream. - Thanks to Nicole Jomantas, USA Judo, for all of the details.



Upcoming Events

- JUDO: Friday, September 15th - Sunday, September 17th** [Pan American - Oceania Judo Championships](#) - Calgary, Canada - Maria Laborde (-48kg), Angie Delgado (-52kg), Hannah Martin (-63kg), Ari Berliner (-66kg), Jack Yonezuka (-73kg), Nicolas Yonezuka (-81kg), Alex Knauf (-90kg), Nate Keeve (100kg) [More info](#)
- TRACK AND FIELD: Saturday, September 16th - Sunday, September 17th** [Diamond League Final - Prefontaine Classic](#) - Eugene, OR - Valarie Allman (discus), Chris Nilsen (pole vault), Joe Kovacs (shot put), Sam Mattis (discus), Maggie Malone (javelin), Tatyana McFadden (Para 100m) [More info](#)
- RUGBY: Saturday, September 16th** [NYAC v. Mystic River](#) - Away
- WRESTLING: Saturday, September 16th - Sunday, September 24th** [2023 World Wrestling Championships](#) - Belgrade, Serbia - Sarah Hildebrandt (50kg, WFS), Bekzod Abdurakhmonov (79kg FS??), Matt Finesilver (74kg FS), Adeline Gray (76kg, WFS), Pat Smith (72kg GR), Zach Braunagel (87kg GR), Yousiff Hemida (125kg FS) [More info](#)

News

Swimming – USA Swimming has announced its 2023-24 US team roster of 94 swimmers, including the NYAC's Kate Douglass, Catie DeLoof, Hunter Armstrong and Ryan Held. Douglass qualified for the team in six events, the most of any athlete on the roster. [Click here](#) to learn more.

AAU Sullivan Award – Speaking of Kate Douglass, she is among the finalists for the September 19th Sullivan Award, being presented at the New York Athletic Club. Also on the roster of finalists are basketball players Caitlin Clark and Zach Edey, baseball player Dylan Crews, gymnast Jordan Chiles and swimmer Jordan Crooks. [Click here](#) for details.

Flying Taxis at the Olympic Games – Will this be the way to avoid the inevitable traffic jams? [Click here](#) to find out.

Links

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What's News?

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