



Rowing - Musnicki Victorious at National Selection Regatta



Tuesday, April 25th – Friday, April 28th; Chula Vista, CA – At the [National Selection Regatta](#) last week, five-time world champion and NYAC Hall of Fame inductee, **Meghan Musnicki**, along with Alie Rusher, won the women's pair competition in a time of 7:11.62. The NYAC's **Claire Collins**, along with Molly Bruggeman, took second in 7:12.42, Green Racing Project's Daisy Mazzio-Manson and Emily Froehlich took third in 7:14.80, and the NYAC's **Alina Hagstrom**, with Regina Salmons, took fourth in 7:23.60. Musnicki is now one step closer to representing the USA at the 2023 World Championships in Belgrade, Serbia from September 3rd to 10th. Her win in Chula Vista advances her to World Cup II, taking place from June 16th – 19th in Poznan, Poland. That competition offers direct qualification opportunities for the world championships. Other NYAC highlights included **Eliot Putnam's** third place in the men's single sculls in 7:10.59, **Tracy Eisser's and Meghan Kalmoe's** fifth place in the women's double in 7:16.34, and **Greg Davis'** seventh place in the men's single in 7:20.79. [Click here](#) for full results from Chula Vista.

Meet Meghan Musnicki

Sport: Rowing

Hometown: Naples, NY

College: Ithaca College, Psychology '05

Achievements: Three-time Olympian (2012, 2016, 2020), two-time Olympic gold medalist (women's eight in 2016, 2012), five-time world champion in women's eight, member of NYAC Hall of Fame

Find Meghan on Instagram @megmus



Water Polo - NYAC Men Take League Title

Sunday, April 30th; Long Beach, CA – The NYAC men's water polo team claimed the [2023 National League](#) title last weekend, having defeated USAWP JR, 12-11, in the final. The winged foot team began the final frame three points down, 7-10; Alex Ellison of USA Water Polo, reported the thrilling final minutes of the match: "Alex Obert converted on a power play early in the quarter to cut the deficit to two. Then, there were no goals scored for almost four minutes before AJ Rossman took advantage of another man-up possession. With 2:40 remaining, Ryder Roberts powered in the game-tying goal for 10-10. On the next trip up the pool, Lucas Gielen earned an exclusion and drilled the go-ahead score before Obert did the same to cushion the lead, 12-10. USAWP JR's Ben Liechty found the back of the net with 0:18 on the clock, but the team couldn't wrestle the ball back from the NYAC, who claimed the title, 12-11." USAWP JR took second for the season, and the Olympic Club, third. The NYAC's **Alex Obert** was named League MVP for the 2023 season. [Click here](#) to learn more.



Wrestling - Vera Wins Weight at 2023 US Open



Wednesday, April 26th-Sunday, April 30th; Las Vegas, NV – The NYAC had a strong showing at the [2023 US Open](#) last week. Highlights included **Alan Vera's** Greco-Roman win at 87kg, and the silver medal positions of **Rose Cassioppi** (72kg), **Adeline Gray** (76kg), **Ben Provisor** (82kg GR) and **Adam Coon** (130kg GR). The NYAC won the men's and women's freestyle Division II Team Championship Award and finished second in the men's Greco-Roman Division I team competition. By winning the 87kg Greco-Roman competition, Vera advances to contest his weight at Final X on Saturday, June 10th at the Prudential Center in Newark, NJ. Additionally, 25 NYAC wrestlers have qualified to contest the US World Championships Team Trials in Colorado Springs, CO from Saturday, May 20th to Sunday, May 21st. The 2023 World Wrestling Championships will take place in Belgrade, Serbia from Saturday, September 16th to Sunday, September 24th. [Click here](#) for more information about the 2023 US Open.

Track and Field - Kovacs Records World-Leading Shot Put Mark

Saturday, April 29th; Nashville, TN – At the [Music City Challenge](#), the NYAC's two-time shot put world champion (2015, 2019), **Joe Kovacs**, recorded a world-leading mark of 22.69m/74'5.5". Joe achieved this mark on his third throw of the competition, shortly after 2022 world and two-time Olympic champion (2016, 2020) Ryan Crouser threw a short-lived world lead of 73-5 ¼ /22.38m at the Drake Relays in Des Moines, IA. In Nashville, TN, Colby Morlock of Michigan State took second with 17.62m/57'9.75", and Willem Coertzen of Arkansas State took third with 17.46m/57'3.5". [Click here](#) for full results from Nashville.

• **Thursday, April 27th – Saturday, April 29th; Philadelphia, PA** – At the historic [Penn Relays](#) last weekend, in very poor weather conditions, the NYAC's **Miranda Melville** secured a bronze medal in the Olympic Development Women's 5000m race walk with a finishing time of 22:57.47. Natalia Alfonzo of Venezuela won in 22:52.59, and Olivia Lundman of the University of British Columbia took second in 22:53.68. Also at the Penn Relays, **Aisha Praught-Leer** placed sixth in the Olympic Development Women's 1500m in 4:13.59, and **Rob Napolitano** took eighth in the Olympic Development Men's Benjamin Franklin Mile in a time 3:59.38. [Click here](#) for men's results and [here](#) for women's results from the Penn Relays.

• **Friday, April 28th – Saturday, April 29th; Austin, TX** – The NYAC's Olympic discus champion, **Valarie Allman**, won her specialist event at the [Texas Invitational](#) in Austin with a mark of 223-9/68.20m, which she achieved on her first throw of the competition. Caisa-Marie Lindfors of Sweden took second with 187-5/57.14m, and Chrystal Herpin of Texas took third with 174-0/53.04m. [Click here](#) for more results from Texas.

• **Wednesday, April 26th – Saturday, April 29th; Des Moines, IA** – The NYAC secured several medals at the [113th Drake Relays](#) last week in Iowa. The all-powerful **Brooke Andersen** won the women's hammer throw with a stadium record of 78.69m/258-2, which she achieved on her sixth and final throw of the competition. Maggie Ewen took second with 237-9/72.47m, and the NYAC's **Janeah Stewart** rounded out the podium with a mark of 234-11/71.60m. Also at the Drake Relays, the NYAC's Olympian **Rudy Winkler** won the men's hammer throw with a mark of 251-8/76.70m, which he achieved on his sixth and final throw of the competition. Denzel Comenentia took second with 244-11/74.67m, and Sean Donnelly took third with 244-6/74.53m. [Click here](#) for full results from Des Moines.



Judo - World Championships About to Begin

Sunday, May 7th - Saturday, May 13th – This coming weekend, the eyes of the judo world will turn to Doha, Qatar when the World Championships take place. The finest judokas in the world will be in attendance, including many who contested the recent NY Open at the NYAC's City House, plus seven US representatives wearing the NYAC's winged foot emblem. The list of NYAC competitors is listed below. Watch this space next week for the all the news, and [click here](#) to read the event preview on the IOC's web site.

Rugby - NYAC vs. White Plains

Saturday, April 29th; Travers Island – The NYAC rugby team burnished its reputation by defeating the always powerful White Plains, 26-15, this past weekend at home at Travers Island.

Upcoming Events

WRESTLING: Wednesday, May 3rd - Saturday, May 6th [2023 Pan-American Championships](#) - Buenos Aires, Argentina - Sarah Hildebrandt (50kg) [More info](#)

TRACK AND FIELD: Friday, May 5th [Diamond League Doha Meeting](#) - Doha, Qatar - Sam Mattis (discus) [More info](#)

FENCING: Friday, May 5th - Sunday, May 7th [Epee Grand Prix](#) - Cali, Colombia - Dylan Nollner, Justin Yoo, Anne Cebula, Kat Holmes [More info](#)

★ **LOCAL ACTION! RUGBY: Saturday, May 6th** [Greenwich](#)- Travers Island - B side, 1pm

★ **LOCAL ACTION! SOCCER: Sunday, May 7th** [Kelmendi FC](#)- Travers Island - Reserves at 10am, Firsts at 12pm [More info here](#)

JUDO: Sunday, May 7th - Saturday, May 13th [2023 World Championships](#) - Doha, Qatar - Ari Berliner (-66kg), Jack Yonezuka (-73kg), Dominic Rodriguez (-73kg), Nicolas Yonezuka (-81kg), Christian Konoval (+100k), Angelica Delgado (-52kg), Hannah Martin (-63kg) [More info](#)

News

Track and Field - The NYAC's Brooke Andersen was named as USATF's 15th Athlete of the Week for 2023. [Click here](#) for more information.

Paris 2024 - Will "un-volunteers" sabotage the Paris 2024 Olympic Games? [Click here](#) to learn more.

Links

To see the **NYAC's athletics pages**, [click here](#)

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To see the **IOC's Olympic channel**, [click here](#)

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Read All About It

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Athletics News? Let us know by contacting the NYAC's Sports Information Manager,

Laura Walsh, at LauraW@nyac.org