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Nine NYAC Rowers Earn Selection for Paris 2024

At the conclusion of the [Olympic Selection Camp](#) held in Sarasota, FL from March 3rd to 24th, nine NYAC members had been added to the US rowing roster to compete at the Olympic Games in Paris this summer. By name, the Club's latest Olympians are: Men's Four: **Nick Mead**, Lightweight Women's Double Sculls: **Molly Reckford**, Women's Eight: **Charlotte Buck, Olivia Coffey, Claire Collins, Meghan Musnicki, Kelsey Reelick, Regina Salmons, and Maddie Wanamaker**. For Musnicki, already a two time gold medalist, this will be her fourth Games appearance. With the selection camp complete, the focus turns to the Olympic and Paralympic Team Trials that begin next week in Sarasota, FL and run from April 4th to 7th in Sarasota, FL. [Click here](#) to see a quick guide to Olympic and Paralympic qualification. The complete US Olympic rowing team will be named by June 7th. For information, updates and athlete features, visit US Rowing's Row to Paris page by [clicking here](#). Rowing at the Paris 2024 Olympic Games will take place July 27-August 4. So far, 16 NYAC athletes have been selected to compete in the Olympic and Paralympic Games this summer with, all being well, more to come. [Click here](#) to visit the NYAC Paris 2024 micro-site to stay up with all the Club's Olympics news. - Thanks to USRowing for additional info.



Triathlon - Silvers for Zaferes and Luis

Last weekend, NYAC triathletes **Katie Zaferes** and **Vincent Luis** claimed silver medals in respective races, Zaferes in the [World Triathlon Cup Hong Kong](#) on Sunday, March 24th, and Luis in the [Europe Triathlon Cup Quarteira](#) in Quarteira, Portugal on Saturday, March 23rd. Zaferes second place finish came courtesy of a 59:53 clocking for the sprint distance event, consisting of a 750m swim (10:29), a 20K bike (30:22) and a 5K run (17:40). Great Britain's Sian Rainsley took the victory, just nine seconds ahead of the NYAC woman in a time of 59:44. The NYAC's **Kirsten Kasper** was third in 1:00:00. Doug Gray of World Triathlon reported, "It had been a testing 750m swim in Victoria Harbour as the athletes battled around the buoy, leaving a seven-deep group out front that



managed to keep clear of the chasers for the full five laps of the 20km bike. Out onto the run, it was only at the bell that that front three finally shook off those around them, before Rainsley produced the decisive move.....to take the tape ahead of the 2019 world champion, Zaferes, and Kasper." Other NYAC finishers in Hong Kong included **Summer Rappaport** (31st, 1:02:04) on the women's side, and **Matt McElroy** (ninth, 54:16), **Kevin McDowell** (14th, 54:33) and **Seth Rider** (24th, 54:54) among the men. [Click here](#) for full results from Hong Kong. In Quarteira, Luis claimed the silver medal with a finish of 1:44.19 for the Olympic distance race, finishing the 1500m swim in 16:44, the 40K bike in 55:46, and the 10K run in 30:21. Hugo Milner of Great Britain claimed the win in a time of 1:44:04. Going into the run, Milner was more than half a minute down on the leading pack of 15, including Luis. Tomos Land of Tri247 wrote, "Milner would have to clock a sub-30:00 run split to even make the podium, but proved he was more than up to the task, as over the course of the first 8km he reeled in Luis and Jem. Kicking clear over the last lap, the Brit ended up taking a comfortable win, despite being on the back foot all day, thanks to an astonishing 29:32 run split, which was the quickest by over 30 seconds. Holding off his compatriot, Luis secured second in his first race since last summer, with Jem coming home in third to take his first continental cup podium since 2018." [Click here](#) for full results from Quarteira.

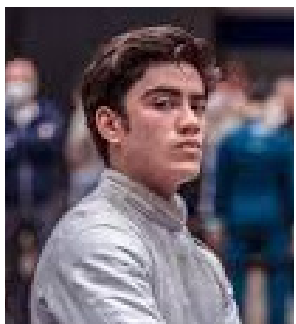
Upcoming Events

JUDO: Friday, March 29th - Sunday, March 31st [Antalya Grand Slam](#) - Antalya, Turkey - Ari Berliner, Nate Keeve, Maria Laborde, Angie Delgado, Hannah Martin [More info](#)

TRIATHLON: Saturday, March 30th [2024 World Triathlon Indoor Cup Lievin](#) - Lievin, France - Vincent Luis [More info](#)

ROWING: Thursday, April 4th-Sunday, April 7th [US Olympic Rowing Trials](#) - Sarasota, FL. [More info](#)

Late-Breaking News - Cebula and Saron Named to US Fencing Team for Paris



USA Fencing has just announced that NYAC fencers **Mitchell Saron** and **Anne Cebula** have been selected for the US team that will compete in the Paris Olympic Games this summer. Cebula, an epeeist, has been selected for both the individual and team events. Similarly, Saron will compete in both the individual and team events, though in saber. Of his selection, he commented, "This journey has been nothing short of incredible, and it's a dream come true to represent my country on such a grand stage." In 2023, Saron claimed a team bronze medal at the world championships. Cebula is a two-time NCAA champion and the first athlete from Barnard College to have claimed an individual NCAA title in any sport. More updates on Saron and Cebula next week.



News

Paris 2024 - This summer's Olympic Games may cost significantly more than expected. [Click here](#) to read the details.

More Paris 2024 - The French Interior Minister is ready to guarantee security during the Games. [Read about it here.](#)

Still More Paris 2024 - 1000 boats to accompany the Olympic torch in Marseille. [Click here](#) for the details.

Links

NYAC Paris 2024 Micro Site, [click here](#)

IOC Olympic channel, [click here](#).

LA 2028 site, [click here](#)

NYAC's Athletics, [click here](#).

USOPC, [click here](#).

Olympic Studies and Research Center, [click here](#).

IOC, [click here](#).

Paris 2024, [click here](#).



What's News?

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Follow the NYAC on Twitter and Instagram ([@newyorkac](#)) to get the latest results, photos, video highlights and news, as the NYAC's athletes compete around the world.