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## Rowing - Putnam, Salmons, and Mead Victorious at Fall Speed Order

**Saturday, November 18th – Sunday, November 19th; West Windsor, NJ** – NYAC rowers had excellent finishes at the [2023 USRowing Fall Speed Order](#), including several wins. **Finn Putnam** won the men's single in 7:00.95, **Regina Salmons** won the women's pair in 7:18.27, and **Nick Mead** won the men's pair in 6:39.63. **Claire Collins** and **Madeleine Wanamaker** took second in the women's pair. **Molly Reckford** (women's single), **Sam Melvin** (men's single), and **Michael Knippen** (men's pair), each took third in their respective events. Notably, Sam Melvin was first for lightweights in his race, and Molly Reckford was second for lightweights in hers. Other NYAC performances included **Tal Cohen's** seventh place and **Alina Hagstrom's** ninth place in the women's single, **Liam Galloway's** 14th place in the men's single, and in the women's pair, **Kelsey Reelick's** fifth, **Megan Kalmoe and Tracy Eisser's** sixth, and **Erin Reelick and Olivia Coffey's** seventh place finishes. [Click here](#) for full results from West Windsor.

Watch Finn Putnam's post-win interview [here](#).



## Wrestling - Adam Coon Claims Title at Bill Farrell Memorial

**Friday, November 17th – Saturday, November 18th; New York, NY** – The world's finest wrestlers from 15 different countries took to the mats in the NYAC's City House Gymnasium at the [2023 Bill Farrell Memorial International Tournament](#). During the thrilling two-day event, the NYAC's **Adam Coon** claimed the 130kg Greco-Roman title, and the NYAC's **Erin Golston** was runner-up in the 50kg women's freestyle division. Adam secured his title after defeating Courtney Denzel Freeman, 8-0, and Erin claimed her silver medal after falling to Japan's Miyu Nakamura, 10-0, in the final. Both Adam and Erin, among other

NYAC wrestlers, will contest the 2024 US Olympic Team Trials in State College, PA this April. [Click here](#) for results from Bill Farrell.

## Track and Field - Kieffer Fifth at Philly Half

**Saturday, November 18th; Philadelphia, PA** – The NYAC's **Allie Kieffer** finished fifth in the Philadelphia Half Marathon in a time of 1:13:33. Kenya's Everlyn Kemboi won the race in 1:11:02. [Click here](#) for full results from Philadelphia.

### Meet Allie Kieffer

**Sport:** Track and Field - Road Racing

**Hometown:** West Islip, NY

**College:** Wake Forest '09, Arizona State '10

**Achievements:** 5th place in 2017 NYC Marathon, 7th place in 2018 NYC Marathon

Follow Allie on Instagram [@kiefferallie](#)



### Upcoming Events

**SWIMMING: Wed., November 29th - Sat., December 2nd** [Toyota US Open Championships](#) – Greensboro, NC - Paige Madden, Kate Douglass, Catie DeLoof, Gabby DeLoof, Ryan Held [More info](#)

**JUDO: Saturday, December 2nd - Sunday, December 3rd** [Tokyo Grand Slam](#) – Tokyo, Japan [More info](#)

## News

**Forbes 30 Under 30** – The NYAC's **Kate Douglass** (Swimming) and **Maddie Musselman** (Water Polo) have been named to the 2023 Forbes 30 Under 30 list. [Click here](#) to learn more

**Swimming** – The NYAC's **Kate Douglass** tied with Katie Ledecky for USA Swimming Female Athlete of the Year at the Golden Goggles. [Click here](#) to learn more.

## Twitter - Stay Up to Date with all the NYAC Athletics News

Follow the NYAC's Twitter page, [@newyorkac](#), to get the latest results, photos, video highlights, and more as our athletes excel in competitions around the world.

## Read All About It

Do you have news or results of NYAC athletes that should be featured in **Athletics News**? Let us know by contacting the NYAC's Sports Information Manager, Laura Walsh, at [LauraW@nyac.org](mailto:LauraW@nyac.org)



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