



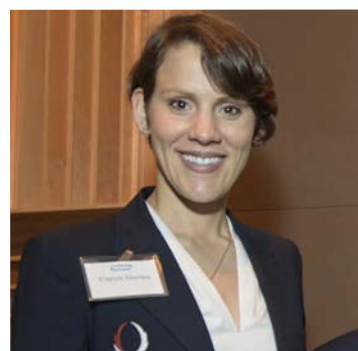
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## US Women Claim Epee Silver in Vancouver

**Thursday, December 7th – Sunday, December 10th; Vancouver, Canada** – The NYAC's **Kat Holmes** and **Anne Cebula**, along with US teammates Margherita Guzzi Vincenti and Catherine Nixon, claimed the women's senior epee team silver medal at the [FIE Vancouver World Cup](#), marking the best team finish for the US women's epee squad in five years, since their 2018 world title. Estonia claimed the epee team gold medal and Ukraine, the bronze. As results from FIE team events help determine rankings for Olympic qualification, this silver medal was an important step on the road to Paris for the NYAC epeeists. In the individual competition, Coraline Vitalis of France won with 32 points. Anne Cebula was the NYAC's top individual finisher, taking 99th place with 0.5 points.

[Click here](#) for full results from Vancouver.



## Rowing - Davies Wins World Rowing Thomas Keller Medal

**Monday, December 11th** - The NYAC's **Caryn Davies**, a three-time Olympic medalist in the women's eight and four-time world champion, won the [2023 World Rowing Thomas Keller Medal](#), the highest award in the sport of rowing. The award, named after former FISA president Thomas Keller, was first given in 1990. It is awarded annually to a rower who has had a long and successful international career and who has made outstanding contributions to the sport. Caryn is notably the first American in history to claim the award. To watch Caryn's acceptance speech, [click here](#). To read more about the award, [click here](#).

## Water Polo - US Women Sweep Spain in Two-Game Series

**Thursday, December 7th in Miami, FL; Saturday, December 9th in Fort Lauderdale, FL** – The US Women's National Team swept Spain, 9-7 and 11-9, in a two-game series. On the first game, USA Water Polo wrote, "Tara Prentice got the scoring started in the first quarter for a 1-0 lead. Spain came right back with two straight to go in front 2-1, but Jenna Flynn had the last word hitting for a power play to make it 2-2 after one. Defense was the theme in the second quarter as Spain held the United States scoreless while adding one goal to grab a 3-2 edge at halftime. Team USA made a major turnaround in the third quarter. After struggling early on the power play, things started to click on the advantage and Team USA outscored Spain 4-1 in the third. Denise Mammolito, Ryann Neushul and Roemer all scored on power plays to help build a 5-4 lead. Kaleigh Gilchrist added a goal to make it 6-4 going to the fourth. Rachel Fattal, Maggie Steffens and Roemer scored three of the first four goals in the fourth to take a four goal lead, the largest of the match. From there the United States was able to keep Spain at bay, securing the two-goal win." On the fourth quarter of the second game, USA Water Polo wrote, "The first six minutes of the fourth quarter were a defensive standstill as neither side could find the cage. Eventually, the United States broke through, on the third goal of the day for Flynn. Jordan Raney put the game on ice moments later as she buried a power play score for an 11-9 lead. Spain would get no closer as Team USA picked up the win." [Click here](#) to read more about the games.

### Upcoming Events

**WRESTLING: Friday, December 15th - Sunday, December 17th** [2023 Senior Nationals - US Olympic Trials Qualifier](#) – Fort Worth, TX - 29 NYAC wrestlers, including Ben Provisor (87kg GR), Alan Vera (97kg GR), Erin Golston (50kg WFS) [Info](#)

### Meet Kat Holmes

**Sport:** Fencing  
**Hometown:** Washington, DC  
**College:** Princeton University, Neuroscience '17  
**Achievements:** Two-time Olympian (2016, 2020), 2018 epee team world champion, seven-time world championships team member.  
 Follow Kat on Instagram [@katholmes46](#)



## News

**Paris 2024** - The IOC will allow Russian and Belarussian athletes to compete at the Paris 2024 Games as neutrals. [Click here](#) to learn more.

### Twitter - Stay Up to Date with all the NYAC Athletics News

Follow the NYAC's Twitter page, [@newyorkac](#), to get the latest results, photos, video highlights, and more as our athletes excel in competitions around the world.

## Read All About It

Do you have news or results of NYAC athletes that should be featured in **Athletics News**? Let us know by contacting the NYAC's Sports Information Manager, Laura Walsh, at [LauraW@nyac.org](mailto:LauraW@nyac.org)



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