

# ATHLETICS NEWS



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## NYAC Swimmers Claim Ten World Champs Medals

**Friday, July 14th – Sunday, July 30th; Fukuoka, Japan** – Since last week's Athletics News installment covering the [2023 World Aquatics Championships](#), NYAC swimmers claimed five more medals, three of which were gold. In all, **Kate Douglass** secured six medals, **Hunter Armstrong**, three and **Ryan Held**, one, at the 2023 World Championships. Thus, Kate is tied for the most medals by any female swimmer at the meet. On Sunday, July 30th, Hunter Armstrong and Kate Douglass won the 50m backstroke and 4x100m medley relay, respectively. Hunter won the 50m backstroke with a 24.05 finish, defeating fellow American Justin Ress (24.24), and Jiayu Xu of China (24.50). Team USA won the 4x100m medley relay in 3:52.08, with Kate Douglass recording the fastest split (27.54) of her team – Regan Smith, Lilly King, and Gretchen Walsh. Australia took second in 3:53.37m and Canada took third in 3:54.12. Other highlights of this past week included Armstrong's win in the 4x100m medley relay, Kate Douglass' silver medal performances in the mixed 4x100m freestyle relay and 200m breaststroke, her fourth place finish in the 100m freestyle, and Ryan Held's fifth place finish in the 50m freestyle. [Click here](#) for full results from Fukuoka.

Watch Hunter Armstrong's 50m backstroke victory [here](#).

## Water Polo - US Women Fifth, Men Seventh at World Championships



**Friday, July 14th – Sunday, July 30th; Fukuoka, Japan** – The [2023 World Aquatics Championships](#) concluded this past weekend, with the US women finishing in fifth and the men, seventh overall. Covering the women's final match, USA Water Polo reported, "The Women's National Team finished strong at the World Aquatics World Championships, defeating Hungary 15-13 in a shootout to claim fifth place. Jordan Raney scored three times in regulation and added the clinching goal in the shootout. Amanda Longan recorded 10 saves in regulation with Ashleigh Johnson adding a block in the penalty shootout. Team USA finishes 5-1 picking up victories over China, Australia, France, Canada and Hungary. Following the match, Maddie Musselman was recognized as the World Aquatics Women's Water Polo Athlete of the Year for 2022 as she helped lead the United States to a fourth straight world title in Budapest, Hungary. [...] The United States went 6/11 on power plays and 2/2 on penalties in regulation while Hungary was 3/8 on power plays with no penalties attempted." Covering the men's final match, USA Water Polo reported, "The USA Men's National Team bounced back from two tough losses to defeat Montenegro 17-15 in a shootout, claiming seventh place at the World Aquatics World Championships. Ben Hallock scored four goals and added the clinching score in the shootout. Drew Holland went the distance in net recording nine saves in addition to a save in the shootout. Team USA finishes their time in Japan at 4-3 with wins over Kazakhstan, Australia, Canada and Montenegro [...] Team USA went 5/9 on power plays and 2/3 on penalties while Montenegro went 5/9 on power plays and 1/1 on penalties." As noted above, the NYAC's **Maddie Musselman**, two-time Olympic gold medalist, four-time world champion, and UCLA graduate was named as the 2022 World Aquatics Women's Water Polo Athlete of the Year; Felipe Perrone of Spain was selected on the men's side. [Click here](#) for full results from Fukuoka.

## Fencing - Saron Secures World Champs Team Bronze

**Saturday, July 22nd – Sunday, July 30th; Milan, Italy** – To follow up on last week's coverage of the [2023 FIE World Championships](#), the NYAC's **Mitchell Saron** secured a bronze medal for Team USA in the men's team sabre competition, with teammates Eli Dershwitz, Colin Heathcock, and Andrew Doddo. Bryan Wendell of USA Fencing wrote, "In a dramatic, back-and-forth match during which Team USA trailed by as many as six points, the quartet of Eli Dershwitz OLY, Colin Heathcock, Andrew Doddo and Mitchell Saron defeated France, 45-44, to earn bronze medals on Friday, the seventh day of the 2023 Fencing World Championships in Italy. The decisive touch, scored by Dershwitz and confirmed by not one but two video reviews, secured the first ever Senior Men's Saber team medal for the United States. While our women's saber team has won nine team medals at Senior Worlds, the men had not won any in the 93 years the event has been contested at the sport's signature tournament." [Click here](#) for full results from Milan.



### Meet Mitchell Saron

**Sport:** Fencing, Sabre **Hometown:** Ridgewood, NJ  
**College:** Harvard University, Economics '23  
**Achievements:** 2022 Ivy League champion in sabre, currently ranked #23 in the world for sabre, three-time medalist at Junior World Championships.



## Rowing - Melvin and Putnam Qualify for World Championships

**Thursday, July 27th – Sunday, July 30th; West Windsor, NJ** - The NYAC's **Sam Melvin** and **Eliot Putnam** won the men's single sculls and the lightweight men's single sculls, respectively, at the [USRowing Senior National Trials](#). USRowing wrote, "New York Athletic Club's Eliot Putnam won the final in the men's single sculls over California Rowing Club's Andrew LeRoux by more than seven seconds. Putnam clocked a 6:50.77, with LeRoux finishing in a 6:57.99. Craftsbury Green Racing Project's Jacob Pihlal finished third. "It's a blur," said Putnam of the race. "The first 600 (meters) was a little choppy, so I just tried to get to the land (on the starboard side) as quickly as possible. I had a pretty decent start, and I just tried to stay as consistent as possible throughout the middle. I wasn't too worried about the stroke rate. I was just trying to go off feel, go off boat speed, and just not let up." Putnam raced on the under 23 team in 2017 and last represented the U.S. in the quadruple sculls at the 2021 World Rowing Final Olympic Qualification Regatta. New York Athletic Club's Sam Melvin also earned his first senior national team berth by winning the final of the lightweight men's single sculls. Melvin, who won the event at the 2019 World Rowing Under 23 Championships, finished more than six seconds ahead of Texas Rowing Center's Jasper Liu, a two-time national team member. Melvin clocked a 6:54.21, with Liu crossing in a 7:00.44. Craftsbury's Cooper Tuckerman finished third in a 7:05.64. "I just tried to get into my own rhythm and just stick to my race plan – try to have a good piece all the way through and get a gauge for what my true speed is," Melvin said. "I think I got that from this morning. I have a base that I can now just try to replicate. I know what I'm shooting for. It's my first team in four years, my first senior team. It feels good. I'm excited to see what I can do." [Click here](#) for full results from West Windsor.



## Judo - Seven NYAC Gold Medals at US Open

**Friday, July 28th – Monday, July 31st; Fort Lauderdale, FL** – NYAC judokas won seven weight classes at the [US Open Judo Championships](#), across both junior and senior divisions. **Jack Yonezuka** won both the junior and senior -73kg divisions, **Christopher Velazco**, both the junior and senior -50g divisions, and **Johan Silot**, both the junior and senior -81kg divisions. Other NYAC highlights included **Karlee Carrouth's** senior -63kg win, **Noran Elmahroukey's** senior -57kg win, and **Nicolas Yonezuka's** third place finish in the senior -81kg division. [Click here](#) for complete results from Fort Lauderdale.



## Paris 2024 - Re-Live One Year Out

On Wednesday, July 26th, to commemorate one year to go to the Paris 2024 Games, the NYAC welcomed **Meb Keflezighi** (Olympic marathon silver medalist), **Caryn Davies** (two-time Olympic rowing gold medalist), **Jack Yonezuka** (Junior World Championships medalist and 2024 Olympic hopeful), and **Bob Beamon** (1968 Olympic long jump champion) for a fascinating discussion of their Olympic experiences. This virtual event marked the first event in a series of exciting Olympic-related events and activities in advance of the Paris Games. Watch *Athletics News* in coming weeks and months for announcements of the offerings to come. If you happened to miss the July 26th virtual event, you can still enjoy the event by [clicking here](#).



## Swimming - Madden and DeLoof Win Four Events at TYR Pro Championships

**Thursday, July 27th; Irvine, CA** – The NYAC's **Paige Madden** and **Catie DeLoof** won four events, collectively, at the [2023 TYR Pro Championships](#). Paige won the 400m freestyle in 4:07.97 and the 200m freestyle in 1:57.41. Catie won the 50m freestyle in 24.68 and the 100m freestyle in 54.06. Other highlights included Catie's second place finish in the 100m backstroke (1:00.44), Gabby DeLoof's third place finish in the 200m freestyle (1:59.51), and Paige's fifth place finish in the 1500m freestyle (16:29.63). [Click here](#) for full results from Irvine.

## Wrestling- Silver Medal for Cruz at Poland Open

**Wednesday, July 26th - Sunday, July 30th; Warsaw, Poland** – The NYAC's **Darian Cruz** claimed a silver medal in the 57kg freestyle division at the [Poland Open](#), defeating bronze medalists Ivaylo Milenov Tisov of Bulgaria and Vasyl Ilnytskyi of Poland. Fellow American Cooper Reed Flynn won the weight. [Click here](#) for full results from Warsaw.

### Upcoming Events

**TRACK AND FIELD:** **Friday, August 4th - Saturday, August 5th** [ATL Ed Murphey Classic](#) – Memphis, TN - Aisha Praught-Leer (3000m), Joe Kovacs (shot put) [More info](#)  
**TRIATHLON:** **Friday, August 4th - Saturday, August 5th** [PTO Tour US Open](#) – Milwaukee, MN - Ben Kanute, Taylor Knibb, Sarah True [More info](#)  
**JUDO:** **Friday, August 4th - Sunday, August 6th** [Hungary Grand Slam](#) – Budapest, Hungary [More info](#)

## News

**Paris 2024** – Paris booksellers along the Seine River have been told by organizers that they will need to re-locate their stalls during the Paris Games. [Click here](#) to learn more.

### Twitter - Stay Up to Date with all the NYAC Athletics News

Follow the NYAC's Twitter page, [@newyorkac](#), to get the latest results, photos, video highlights, and more as our athletes excel in competitions around the world.

## Read All About It

Do you have news or results of NYAC athletes that should be featured in **Athletics News**? Let us know by contacting the NYAC's Sports Information Manager, Laura Walsh, at [LauraW@nyac.org](mailto:LauraW@nyac.org)



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