



Allman Opens Season with World Discus Lead



Wednesday, March 27th - Saturday, March 30th; Austin, TX - The NYAC's **Valarie Allman**, Tokyo 2020 Olympic discus champion, opened her season with a world-leading and meet record mark of 67.98m/223-0 to claim the discus title at the [Clyde Littlefield Texas Relays](#) in Austin, TX. Allman achieved the winning mark on her fourth throw of the competition. Jayden Ulrich, a junior from the University of Louisville, took second with 60.16m/197-4, and Michaelle Valentin of Florida International University was third with 58.32m/191-4. [Click here](#) for full results from the Texas Relays. Valarie, and other NYAC track and field stars, have their sights set on the upcoming [US Olympic Team Trials](#), which will take place in Eugene, OR from Friday, June 21st to Sunday, June 30th. [Click here](#) to learn more. If you would like to see Valarie's fascinating tips on how to throw the discus, [click here](#).

Check Out the NYAC Paris 2024 Micro Site

To stay on top of all of the NYAC Olympics news unfolding daily in the months preceding the Paris 2024 Games, check out our exclusive **NYAC Paris 2024 Micro Site**, which can be found at www.nyacparis2024.com. Already, 16 NYAC athletes have been selected for the Paris Games which begin in the French capital on Friday, July 26th, with many more to come over the next three months. And be sure to check back often for roster announcements, schedule updates, and more.



Judo - Laborde Gets Closer to Olympic Selection in Antalya

Friday, March 29th - Sunday, March 31st; Antalya, Turkey - **Maria Laborde** (-48kg) was the top NYAC finisher at the [Antalya Grand Slam](#), advancing as far as the repechage before losing to Brazil's Natasha Ferreira by ippon (full point, instant win). After a bye into the round of 32, Laborde threw two-time Grand Slam medalist Katharina Tanzer (AUT) with a drop seoi nage (dropping shoulder throw) for a waza-ari (half-point) score. Laborde defeated two-time Senior Pan American champion Mary Dee Vargas Ley (CHI), in the round of 16, throwing Ley with a drop seoi nage midway through the match for a waza-ari and holding the Chilean scoreless for the remainder of the bout. Laborde lost her next two matches on penalties, however, falling to 2022 Senior World Championships bronze medalist Abiba Abuzhakynova (KAZ) in the quarter-finals and to the aforementioned Ferreira, the 2023 Senior Pan Am-Oceania Championships bronze medalist, in the repechage. Laborde is a 2014 World Championships bronze medalist and a bronze medalist from last year's Pan Am Games in Santiago, Chile. With her 2-2 result in Antalya, she is expected to move into the top 10 on the filtered Olympic Ranking List, with the top 17 qualifying for the Games. Also in Antalya, **Angelica Delgado** (-52kg) continued her bid to make a third Olympic team, placing in the top 16 with a 2-1 record. **Ari Berliner** (-66kg) advanced as far as the Round of 32, and **Nate Keeve** (-100kg) and **Hannah Martin** (-63kg) to the Round of 64. [Click here](#) for full results from Antalya.

- Additional information from Nicole Jomantas, USA Judo



Triathlon - Luis Takes Second in Lievin

Saturday, March 30th; Lievin, France - Tokyo 2020 Olympic bronze medalist (Mixed Relay) **Vincent Luis** finished second in the [World Triathlon Indoor Cup Lievin](#), a unique super sprint indoor race consisting of heats, repechages, semi-finals, and B and A finals with the following format: 150m swim, 3K bike, 1K run. Luis claimed second place in the A final in 9:25, clocking 1:40 for the swim, 4:29 for the bike, and 2:41 for the run. Vettle Bergsvik Thorn of Norway won the race in 9:24. The race took place at an indoor facility which housed a 25m pool built in the infield of a track, the latter being utilized for biking (outer lanes) and running (inner lanes). [Click here](#) for full results from Lievin and [here](#) for a highlight video of the races.

More Judo - NY Open Tournament at the NYAC

On Saturday, April 13th, the sixth floor of the NYAC City House will play host to some of the world's finest judo competitors when the annual [New York Open Mixed Team International Judo Competition](#) takes place. Competing are teams from the United States, Israel, Great Britain, Germany, France and Poland. The preliminary matches begin at 10am, with finals in the afternoon. Complementing the highlights of the day will be commentary on the finals by judo legend, Neil Adams, also known as the Voice of Judo. For full details of the NY Open, [click here](#).

Upcoming Events

- ROWING:** Thursday, April 4th - Sunday, April 7th [US Olympic Rowing Trials](#) - Sarasota, FL [More info](#)
- WRESTLING:** Friday, April 5th - Sunday, April 7th [Last Chance Olympic Trials Qualifier](#) - Fairfax, VA [More info](#)
- RUGBY:** Friday, April 5th - Sunday, April 7th [HSBC Rugby Sevens](#) - Hong Kong - Perry Baker, Steve Tomasin [More info](#)
- RUGBY:** Saturday, April 6th [NYAC v. Old Blue D3](#) - 1pm at Baker Field, NY, NY [More info](#)
- SWIMMING:** Wednesday, April 10th - Saturday, April 13th [TYR Pro Swim Series](#) - San Antonio, TX [More info](#)

News

Soccer - On Sunday, March 24th, the NYAC II squad and Tibet FC drew, 0-0, in a Cosmopolitan League match at Travers Island. [Click here](#) for the current CL table.

Olympics - France has a "Plan B" contingency for the Paris 2024 Opening Ceremony in place. [Click here](#) to learn why.

Rowing - As noted in Upcoming Events, Olympic Trials for rowing are underway, with places on the line for women's single sculls, men's pair, and women's pair. US Rowing has already named nine NYAC athletes to the Paris team. For all the details of this weekend's competitions, [click here](#).

Links

- [NYAC Paris 2024 Micro Site](#), [click here](#)
- [NYAC's Athletics](#), [click here](#).
- [IOC](#), [click here](#).
- [IOC Olympic channel](#), [click here](#).
- [USOPC](#), [click here](#).
- [Paris 2024](#), [click here](#).
- [LA 2028 site](#), [click here](#).
- [Olympic Studies and Research Center](#), [click here](#).



What's News?

Do you have news or results of NYAC athletes that should be featured in **Athletics News**? Let us know by contacting the NYAC's Sports Information Manager, Laura Walsh, at LauraW@nyac.org

Follow the NYAC on Twitter and Instagram ([@newyorkac](#)) to get the latest results, photos, video highlights and news, as the NYAC's athletes compete around the world.