



Brooke Andersen Sets Hammer Throw Personal Best

Thursday, April 20th – Saturday, April 22nd; Charlottesville, VA – The NYAC's **Brooke Andersen**, 2022 hammer throw world champion, won the hammer throw at the [Virginia Invitational](#) with a personal best, meet record, facility record, and world-leading mark of 79.80m/261-10. Nayoka Clunis of Jamaica took second with a personal best of 70.68m/231-11, and Jamaican teammate Erica Belvit took third with a personal best of 69.51m/228-0. Brooke's 79.80m mark is the third longest hammer throw mark in history, behind only Anita Wlodarczyk of Poland's 82.98m mark and the NYAC's own DeAnna Price's 80.31m mark. [Click here](#) for results from Virginia. • **Thursday, April 27th; Des Moines, IA** – A week after setting her personal best in the hammer throw at the [Virginia Invitational](#), the NYAC's **Brooke Andersen** won her second consecutive competition, this time at the [Drake Relays](#), with a mark of 78.69m/258-2, breaking the meet and facility records. Joining Brooke on the podium was the NYAC's **Janeah Stewart**, who took third with a throw of 71.60m/234-11. In the men's hammer throw, **Rudy Winkler** of the NYAC was the winner with a throw of 76.70m/251-8. For full results from Des Moines, [click here](#). • **Sunday, April 23rd; New York, NY** – The NYAC finished third in the team division at the [2023 RBC Race for the Kids](#), with an overall time of 1:40:58. The Central Park Track Club won with an overall finish of 1:37:17, and the Brooklyn Track Club took second in 1:39:35. Ryan Kutch of Central Park Track Club won the race in 19:07. The NYAC's top finisher, **John Flannery**, took seventh in 19:26. Other NYAC finishers include **John Bleday** (10th, 19:39), **Will Shafer** (12th, 19:51), **Michael Cassidy** (31st, 20:54) and **Christopher Bendtsen** (33rd, 21:08). [Click here](#) for full results. • **Sunday, April 23rd; London, England** – The NYAC's **Tatyana McFadden** finished 13th in the women's wheelchair division of the London Marathon with a time of 1:56:49. Australia's Madison de Rozario won the race in 1:38:51. For full results from London, [click here](#).



Fencing - NYAC Dominates at D1 National Championships and April NAC

Friday, April 21st – Monday, April 24th; St. Louis, MO - The NYAC won the men's team sabre, men's team foil and women's team epee

competitions over the weekend at the [Division I National Championships and April North American Cup](#). The NYAC's men's sabre team included **Andrew Mackiewicz, Mitchell Saron, Jared Smith and Grant Williams**. The men's foil team included **James Bourtis, Sidarth Kumbala and Alexander Tsinis**. The women's epee team included **Anne Cebula, Kat Holmes, Natalia Toby and Christina Watrall**. Other NYAC highlights included **Grant Williams'** win in the sabre, **Kat Holmes'** silver medal epee performance, and **James Bourtis'** bronze medal sabre performance. [Click here](#) for full results from St. Louis.

Meet Brooke Andersen

Sport: Track and Field
Hometown: San Diego, CA
College: Northern Arizona University
Achievements: 2022 hammer throw world champion, Tokyo 2020 Olympic Games 10th place hammer throw, 2019 Pan Am Games hammer throw silver medalist
 Find Brooke on Instagram [@brooke_andersen](#)



Rowing - Action at National Selection Regatta

Tuesday, April 25th – Friday, April 28th; Chula Vista, CA – Racing is currently underway at the [National Selection Regatta](#). Winners of the races in Chula Vista will advance a step closer to representing the USA at the 2023 World Championships in Belgrade, Serbia from September 3rd to 10th. Thus far, the NYAC's **Eliot Putnam** won the men's single time trial in 6:35.05, and teammate **Greg Davis** finished seventh in 7:04.30. Putnam will contest Semifinal 1 and Davis, Semifinal 3, on Thursday, April 27th. **Tracey Eisser and Meghan Kalmoe** took fifth in the women's double time trial in 6:49.77 and will advance to the A Final on Friday, April 28th. In the women's pair time trial, the NYAC's **Meghan Musnicki**, with Alie Rusher, won in 6:55.39. The NYAC's **Claire Collins**, with Molly Bruggeman, took second in 6:56.13, and the NYAC's **Alia Hagstrom**, with Regina Salmons, took fourth in 7:00.73. These boats will contest the A Final on Friday. Check back next week for complete results from Friday's finals, and [click here](#) for results updates in live time.

Mikey Brannigan Sets T20 World Road Mile Record

After spraining his ankle in January and completing rehab in early March, **Michael Brannigan** of the NYAC opened his season at Mt. SAC in the 1500m, running 3:56.84 just 4 weeks after resuming his training. Mikey ran the USATF Road Mile Championships on Tuesday evening, running 4:19 to establish a T20 WR for the Road Mile. Mikey was scheduled to race the 1500m at the [Drake Relays](#), but was forced to withdraw due to a medical emergency.

Upcoming Events

WRESTLING: Wednesday, April 26th - Sunday, April 30th [US Open Championships](#) - Las Vegas, NV
[More info](#) Erin Golson (50kg), Adeline Gray (76kg), Jesse Porter (GR 77kg), RaVaughn Perkins (GR 77kg), Ben Provisor (GR 87kg) and more.

★ **LOCAL ACTION! RUGBY: Saturday, April 29th** [White Plains](#) - Travers Island - The A side team will compete at 2pm, B side at 4pm.

WATER POLO: Saturday, April 29th - Sunday, April 30th [National League Week 3](#) - Long Beach, CA
 Semi-final v. LAAC on April 29th at 5pm PST, Finals on April 30th at 2pm PST [More info](#)

TRACK AND FIELD: Thursday, April 27th - Saturday, April 29th [Penn Relays](#) - Philadelphia, PA
 Miranda Melville (5K Race Walk), Aisha Praught-Leer (Olympic Development 1500m), Rob Napolitano (Olympic Development Mile), Brycen Spratling (Olympic Development 400m) [More info](#)

News

Soccer – Sunday, April 23rd; Travers Island - Facing FC Sandzak, the NYAC Firsts drew, 2-2, and the Reserves won, 3-1. [Click here](#) for more information.

Olympics – Will Russia and Belarus be banned from the Paris 2024 Games? [Click here](#) to learn more.

Links

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