



## Track and Field - Allman and Winger Crowned US Champions

**Thursday, June 23rd – Sunday, June 26th; Eugene, OR** – The NYAC's **Valarie Allman** and **Kara Winger** were crowned national champions in the discus and javelin, respectively, last weekend at the USATF Outdoor National Championships. **Allman**, the Tokyo 2020 Olympic champion, threw 66.92m/219-7 on her third throw of the competition to secure the win; Laulauga Tausaga-Collins of Hawaii took second with a personal best of 64.49m/211-7. In the javelin, **Winger** threw 64.26m/210-10, a season's best, on her sixth throw to convincingly defeat Texan Ariana Ince, who placed second with a mark of 60.43m/198-3. Other meet highlights include silver medal performances from **Joe Kovacs** (shot put), **Will Claye** (triple jump), **Tori Franklin** (triple jump), and **Rudy Winkler** (hammer), a bronze medal for **Sam Mattis** (discus), and a fourth-place finish for **DeAnna Price** (hammer). **Michelle Carter**, 2016 Olympic champion, took eighth in the shot put, and **Michael Shuey** placed seventh in the javelin. [Click here](#) for complete results. By virtue of their performances in Eugene, eight NYAC athletes (**Valarie Allman, Kara Winger, Joe Kovacs, Will Claye, Tori Franklin, Rudy Winkler, Sam Mattis and DeAnna Price**) have qualified for the US team for the world championships which will take place in Eugene, OR from Friday, July 15th to Sunday, July 24th. At the time of writing, it was still to be determined if **Michael Shuey** and **Erica Bougard** (heptathlon) would be selected for the team. Full coverage from the world championships will appear in Athletics News and at [www.nyac.org](http://www.nyac.org). [Click here](#) for information about the world track and field championships. • At yesterday's Diamond League meet in Stockholm, Sweden, **Sam Mattis** contested the discus, placing fifth with a throw of 63.69m/208-11. [Click here](#) for full results.



## Water Polo - US Women Advance to World Championships Final

**Budapest, Hungary** - After defeating Italy, 14-6, in the semi-final of the FINA World Championships on Thursday, June 30th, the Team USA women - including eight NYAC players - advance to the final, which they will contest on Saturday, July 2nd. At the time of writing, it

had not been determined who the US would face in their quest to win a fourth consecutive world title. The US men's team contested their quarter-final on Wednesday, June 29th but were defeated by Greece, 11-16, and so face Hungary today (July 1st) in the round to decide fifth through eighth places. [Click here](#) for complete results. For play-by-play reporting of the women's final, read USA Water Polo's Twitter feed [here](#). Live streaming of the final is expected to be available on FINA's Facebook page for a small fee at 12pm EST on Saturday, July 2nd. The women's squad features the NYAC's **Ashleigh Johnson, Maddie Musselman, Rachel Fattal, Maggie Steffens, Stephania Haralabidis, Kaleigh Gilchrist, Jordan Raney, and Amanda Longan**, and the men's squad features the NYAC's **Alex Bowen, Matt Farmer, Max Irving, and Ben Stevenson**.

## Judo - Three Wins in San Jose

**Friday, June 24th - Saturday, June 25th; San Jose, CA** - The NYAC's **Dominic Rodriguez** (Junior - 73kg), **Nicolas Yonezuka** (Junior -81kg) and **Alex Knauf** (Junior -90kg) all won their respective weight classes at the USA Judo Junior Olympics National Championships. Additionally, the NYAC's Jack Yonezuka took third in Junior -73kg. [Click here](#) for complete results from the tournament.

## Rugby - Sevens Second in Newport

**Saturday, June 25th; Newport, RI** - The NYAC 7s team placed second at the annual Newport 7s tournament after losing to Mystic River RFC in overtime in the final. This was the second qualifying tournament for the National Championship 7s Tournament to be held in August. With two tournaments completed, the NYAC stands in second place in the Eastern Division. The next tournaments are July 9th in Saratoga, NY and July 16th in Bayville, Long Island. The scores for the weekend in Newport were as follows: NYAC 27-26 Old Blue; Mystic River 26-14 NYAC; NYAC 28-7 Saratoga; semi-final NYAC 26-14 Old Blue; final Mystic River 19-14 NYAC.

## Soccer - Two Wins for NYAC Women

**Sunday, June 26th and Wednesday, July 29th** - In a home-and-away series, the NYAC faced the New Jersey Alliance in a two-game clash. On Sunday, June 26th, the NYAC emerged victorious by a score of 6-3, having led 3-0 early on. Wednesday night was a different story, as the NYAC conceded a 3-1 deficit before recovering in the second half to win 4-3. .

## News

**Olympics** - What legacy has the London 2012 Games left in the English capital? [Click here](#) to find out.

**ESPYS** - The ESPYs are the Oscars of sports. NYAC Hall of Famer and two-time Olympic judo gold medalist, Kayla Harrison, has been nominated. Read about it [here](#).

### Upcoming Events

#### WATER POLO: Women's Final on Saturday, July 2nd at 12pm EST

[FINA World Championships](#) – Budapest, Hungary

Ashleigh Johnson, Maddie Musselman, Rachel Fattal, Maggie Steffens, Stephania Haralabidis, Kaleigh Gilchrist, Jordan [More info here](#)

#### ROWING: Tuesday, June 28th - Sunday, July 3rd

[Henley Royal Regatta](#) – Henley-on-Thames, England

Women's Eight: Charlotte Buck, Kelsey Reelick, Claire Collins, Madeline Wanamaker [More info](#)

#### ROWING: Friday, July 1st - Sunday, July 3rd

[Independence Day Regatta](#) – Philadelphia, PA

[More info here](#)

#### JUDO: Saturday, July 2nd - Sunday, July 3rd

[European Open](#) – Cluj-Napoca, Romania

Katelyn Jarrell (-52kg), Hannah Martin (-63kg), Ari Berliner (-66kg), Jack Yonezuka (-73kg), Nicholas Yonezuka (-81kg), Nate Keeve (-100kg) [More info](#)

#### FENCING: Saturday, July 2nd - Monday, July 11th

[USA Fencing National Championships](#) – Minneapolis, MN

18 NYAC fencers, including Olympic medalist sisters Courtney and Kelley Hurley in the women's epee. [More info here](#)

#### TRACK AND FIELD: Monday, July 4th

[Peachtree Road Race](#) – Atlanta, Georgia

Tatyana McFadden [More info here](#)



### Meet Kara Winger

**Sport:** Track and Field **Hometown:** Vancouver, WA

**College:** Purdue U., Nutrition, Fitness and Health '09

**Achievements:** Four-time Olympian (2008, 2012, 2016, 2020). In 2016, she earned an MBA in Accounting through the USOPC's partnership with DeVry University.

*Find Kara Winger on Instagram or Twitter @KaraThrowsJav*

## Triathlon - Gold for Luis, Bronze for Rappaport and Spivey at WT Sprint and Relay Championships

**Friday, June 24th – Sunday, June 26th; Montreal, Canada** – **Vincent Luis** secured a gold medal for Team France while **Summer Rappaport** and **Taylor Spivey** claimed bronze medals for Team USA in the Mixed Team Relay at the World Triathlon Sprint and Relay Championships. France completed the course in 1:27.14 with Great Britain second in 1:27.37 and the USA rounding out the podium in 1:27.44. Spivey and Rappaport were joined on the team by Kevin McDowell and Seth Rider. In the individual elite races, **Rappaport** took fifth, **Spivey** placed sixth and **Kirsten Kasper** finished 31st. On the men's side, **Luis** was sixth and **Matt McElroy** 20th. Alex Yee and Georgia Taylor-Brown made it a golden day for Great Britain, taking the men's and women's titles. [Click here](#) for complete results.

## Links

To see the NYAC's athletics pages, [click here](#).

For news from the IOC, [click here](#).

For news from the USOPC, [click here](#).

To see the IOC's Olympic channel, [click here](#).