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ALLMAN • KOVACS • WINGER 2022 Diamond League Champions

Wednesday, September 7th - Thursday, September 8th; Zurich, Switzerland - In a remarkable showing this week, the NYAC's **Valarie Allman** (discus), **Joe Kovacs** (shot put) and **Kara Winger** (javelin) each claimed Diamond League titles at the 2022 Final in Zurich, the conclusion of the annual series of elite track and field meets. All three produced stunning performances, but it is Kovacs who may claim pride of place. Not only did he defeat two-time Olympic (2016, 2020) and two-time world champion (2019, 2022) Ryan Crouser, his winning throw has only ever been exceeded by Crouser (twice). The NYAC man thus became the second farthest thrower in history with the third farthest throw. Kovacs' massive heave came to land at 23.23m/76-2.75, comfortably ahead of Crouser's 22.74m/74-7.25. It was a stunning end to a magnificent season. To watch Kovacs' historic win, [click here](#). But NYAC successes did not end there. In the women's discus, Allman, the Olympic champion, clinched the victory with a throw of 67.77m/222-4, edging out second-place finisher Sandra Perkovic, the 2012 and 2016 Olympic champion and 2013 and 2017 world champion, who reached 67.31m/220-10. Liliana Ca of Portugal rounded out the podium with a 63.34m/207-10 throw. To watch Valarie's win, [click here](#). The hits kept coming. In the last track and field meet of her decorated career, Kara Winger, the 2022 World Championships silver medalist, secured the javelin victory with a mark of 64.98m/213-2, defeating Australia's Kelsey-Lee Barber, the two-time world champion (2019, 2022) and Tokyo 2020 bronze medalist, who recorded a mark

of 63.72m/209-1. Haruka Kitaguchi of Japan, 2022 World Championships bronze medalist, finished third with her mark of 63.56m/208-6. To watch Kara Winger's win, [click here](#). World championships triple jump bronze medalist, **Tori Franklin**, also contested the Zurich meet, as did **Sam Mattis** in the men's discus. Both placed fourth, with respective distances of 14.75m/48-4.75 and 65.24m/214-0. For complete results from the Diamond League Final, [click here](#).



MORE TRACK AND FIELD: Thursday, September 1st - Friday, September 2nd; Brussels, Belgium - At the Diamond League Memorial Van Damme meet in Brussels, the NYAC's **Kara Winger** set a new US javelin record, meet record and world-leading mark with a throw of 68.11m/223-5, defeating World Championships bronze medalist Haruka Kitaguchi of Japan (63.45m/208-2) and Adriana Vilagos of Serbia (63.00m/206-8). **Joe Kovacs** claimed the shot put victory with a mark of 22.61m/74-2.25 - a meet record, defeating New Zealanders Tom Walsh (21.60m/70-10.5) and Jacko Gill (21.32m/69-11.5). For full results, [click here](#). • **Sunday, September 4th; Berlin, Germany** - In her first competition since securing the discus bronze medal at the World Championships in July, **Valarie Allman** claimed the win at the ISTAF Meeting with a throw of 70.06m/229-10. Kristin Pudenz of Germany took second with 65.20m/213-11. [Click here](#) to read about Valarie's victory and [here](#) for complete results from the meet.

Triathlon - Bronze for McElroy in Valencia

Saturday, September 3rd; Valencia, Spain - **Matt McElroy** secured the bronze medal at the 2022 World Triathlon Cup Valencia with a finishing time of 50:25 for the course which consisted of a 750m swim, a 19.4K bike and a 5K run. Manoel Messias of Brazil won in 50:14, with Mario Mola of Spain second in 50:18. On the women's side, the NYAC's **Summer Rappaport** took sixth, finishing in a time of 55:45, behind Lisa Tertsch's (GER) winning 55:17. Notably, Summer had the fastest swim of the day (9:16). For complete results, [click here](#). • **Sunday, September 4th; London, England** - The NYAC's **Taylor Spivey** placed second at the Super League Triathlon Championship Series London with a total of 14 points for the "Triple Mix" style race. Cassandre Beaugrand of France won with 15 points with Georgia Taylor-Brown of Great Britain third with 13 points. The non-standard race format included three stages with varying combinations of swim - bike - run. To read about the race, [click here](#).



Wrestling - World Championships Preview

This Saturday, September 10th, the World Wrestling Championships will kick off in Belgrade, Serbia. The NYAC's **Sam Jones** (63kg GR) and **Alan Vera** (87kg GR) will contest their weights in the Greco-Roman division, while **Sarah Hildebrandt** will have a shot at the 50kg world title in women's freestyle. Hildebrandt, the Tokyo 2020 Olympic bronze medalist and two-time world championships silver medalist (2018, 2021), enters the competition as the #1 world seed. Much danger comes, however, from the #2 seed, Yui Susaki of Japan, the Tokyo 2020 Olympic champion and two-time world champion (2018, 2019). In addition, the 2022 European Championships runner-up, Miglena Selishka of Bulgaria is the #3 seed. To prepare for the action, [click here](#) to read about Sarah's bronze medal match in Tokyo. Back in the Greco Roman competition, the unseeded Sam Jones and Alan Vera will each contest their second-consecutive world championships. Jones was the 2022 Pan American champion at 63kg, and Alan Vera was the 2016 Pan American champion at 87kg, competing for Cuba at the time. The Greco-Roman competition will run from September 10th to 13th, while the women's freestyle will run from September 13th to 15th. The World Championships will conclude on Sunday, September 18th. Check the NYAC's Twitter account often for updates as the championships unfold, and [click here](#) for more information.



Upcoming Events

RUGBY: Saturday, September 10th vs. Old Blue - Home, 1pm

JUDO: Saturday, September 10th - Sunday, September 11th [European Open](#) - Riccione, Italy - Hannah Martin (-66kg) [More info](#)

JUDO: Saturday, September 10th - Sunday, September 11th [Pan American Open](#) - Santo Domingo, DR - Dominic Rodriguez (-73kg), Nate Keeve (100kg) [More info](#)

WRESTLING: Saturday, September 10th - Sunday, September 18th [World Wrestling Championships](#) - Belgrade, Serbia - Sam Jones (63kg GR), Alan Vera (87kg GR), Sarah Hildebrandt (50kg) [More info](#)

TRIATHLON: Sunday, September 11th [World Triathlon Cup](#) - Karlovy Vary, Czech Republic - Matt McElroy, Summer Rappaport [More info](#)

News

Swimming - The NYAC's **Ryan Held** (50m/100m freestyle) and **Paige Madden** (200m freestyle) have been named to the 2022-2023 US national team roster, which consists of the top six US swimmers in each Olympic event. [Click here](#) to learn more.

Links

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