

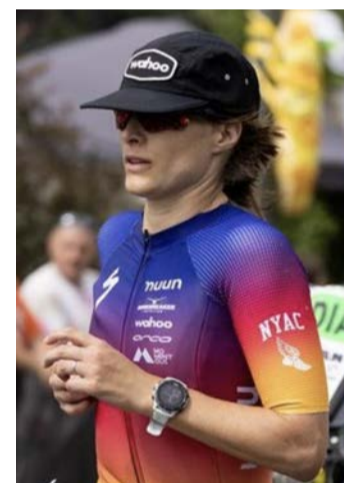


## Track & Field - Four NYAC Medals at World Championships

**Friday, July 15th-Sunday, July 24th; Eugene, OR** – The NYAC had an outstanding showing at the 2022 World Athletics Championships in Eugene, Oregon. **Joe Kovacs** won shot put silver, **Valarie Allman** claimed a discus bronze, **Tori Franklin** took a bronze in the triple jump and **Kara Winger** secured the silver medal in the javelin. Allman and Winger are the first American females ever to win medals in their events at a world championships. For Winger, a four-time Olympian and six-time world championships competitor, it was the first major championships medal of her career, claimed on her last throw of the competition and, ostensibly, the last world championship throw of her career, as she plans to retire after this season. Only five countries secured more medals than the NYAC's four at these world championships (USA-33; Ethiopia-10; Jamaica-10; Kenya-10; China-6). **For complete coverage of the World Championships, check out recent editions of Athletics News (scan the QR code above) and visit our NYAC Eugene 2022 web site at [tf2022.nyacathletics.org](https://tf2022.nyacathletics.org) where you will find results, blog posts, bios and more.**

## Triathlon - Sarah True Takes Lake Placid Gold

**Sunday, July 24th; Lake Placid, NY** – The NYAC's **Sarah True** won the Ironman Lake Placid, consisting of a 2.4-mile swim, a 112-mile bike and a 26.2-mile run, with a finishing time of 9:00:22. Americans Heather Jackson (9:16:23) and Jodie Robertson (9:22:02) took second and third, respectively. To read further about the race, [click here](#). Also in NYAC triathlon news, **Kevin Collington** took second at the Ironman 70.3 Ecuador in Manta, Ecuador on Sunday, July 17th. For results from Ecuador, [click here](#).



## Water Polo - Super League Silver for US Men

**Friday, July 22nd-Wednesday, July 27th; Strasbourg, France** – The US men's team secured the silver medal at the FINA World Super League Final on Wednesday, July 27th, after a 13-9 loss to Italy. The US roster included the NYAC's **Alex Bowen, Matt Farmer, Sawyer Rhodes and Ben Stevenson**, with Bowen scoring four goals. The US went 4-2 for the series, with two wins in the preliminary round (Canada, Italy), wins in the quarter-final (Australia), and semi-final (France). The sole losses came in the prelims versus France, and in the final. To read more about the 2022 FINA World Super League Final, [click here](#). To watch the final, [click here](#).



### Meet Matt Farmer

**Sport:** Water Polo **Hometown:** La Grange, Illinois  
**College:** UCLA, Bachelor's in Psychobiology '17  
**Achievements:** Three-time NCAA DI national champion (2014, 2015, 2017); two-time USA team member at FINA World Championships (2019, 2022)  
**Follow Matt:** Instagram @matt\_farmerwp

### Upcoming Events

**TRACK AND FIELD:** Friday, July 29th - Saturday, July 30th [Ed Murphey Classic](#)  
 Memphis, TN  
 Mikey Brannigan (1500m), Will Claye (TJ). [More info](#)  
**SWIMMING:** Tuesday, July 26th - Saturday, July 30th [Phillips 66 National Championships](#)  
 Irvine, CA  
 Catie DeLoof (100 BK, 50 FR, 100 FR), Zach Fong (200 FLY) [More info](#)

## News

**Extreme NYAC Sports** - On Wednesday, August 10th at 8:30am, NYAC member **Antonio Arguelles** will attempt to swim around Manhattan...twice. If he succeeds, he will become the first person ever to complete the Triple Crown of open water swimming three times. The Triple Crown consists of swimming around Manhattan and swimming the Catalina and English Channels. At 63 years of age and if successful, Arguelles will also become the oldest person to have completed a double round-Manhattan swim. The attempt will take place during the New York Open Water 40 Bridges race, a 57-mile route, beginning at either Pier One or Mill Rock, heading around Manhattan counter-clockwise, and concluding at Mill Rock. [Click here](#) to learn more about the course, and [click here](#) to learn more about Antonio Arguelles.



**Paris 2024** - Rising interest rates have prompted warnings of a tight budget for the Paris 2024 Games. [Click here](#) to learn more. In other Paris 2024 news, it was recently announced that repechage rounds will be introduced to the track and field events at the Paris Games. [Click here](#) to read about this development.

## Links

To see the **NYAC's athletics pages**, [click here](#).

For news from the **IOC**, [click here](#).

For news from the **USOPC**, [click here](#).

To see the **IOC's Olympic channel**, [click here](#).