



Kate Douglass - Five World Titles in Six Days

Tuesday, December 13th-Sunday, December 18th; Melbourne, Australia – At the FINA Short Course (25m) World Swimming Championships in Melbourne, Australia, the NYAC's **Kate Douglass** produced a remarkable string of performances, claiming five world titles, two world records, two silver medals, two American records and two championship records. In the process, Kate claimed world medals on every day of the six-day competition. Her world titles came in the women's 200m medley, with an American record of 2:02.12, the women's 200m breaststroke, with a championship record of 2:15.77, the mixed 4x50m medley relay, with a world record of 1:35.15, the women's 4x100m medley relay with a world record of 3:44.35, and the women's 4x50m freestyle relay, with a US and championship record of 1:33.89. Kate also claimed silver medals in the women's 4x50m medley relay (1:42.41) and the women's 4x100m freestyle relay (3:26.29, US record)

All of the remarkable details are [here](#).

Water Polo - US Women Win Five of Six in California

Sunday, December 18th – Wednesday, December 21st; Long Beach, CA - This week, the US women's team contested a four-match exhibition series against Italy and Spain at Long Beach City College in CA. In the first match of the series, on Sunday, December 18th, the USA defeated Italy, 16-13. The NYAC's **Rachel Fattel** scored two goals while **Ashleigh Johnson**, the 2022 NYAC Athlete of the Year, made seven saves. The second match was played on Monday, the 19th and saw the US suffer an uncharacteristic 9-5 defeat at the hands of Spain. **Jordan Raney** scored once, while **Amanda Longan** took over goalkeeping duties, recording 10 saves. The next day, the US bounced back in the third match and defeated Italy again, 15-10, with two goals from Jordan Raney and 13 saves from Amanda Longan. The final match was contested on Wednesday, the 21st, this



being the second match-up with Spain. This time around, the US women exacted their revenge,

though by a single goal, the final score standing at 11-10. Rachel Fattel scored once, while Ashleigh Johnson returned to the goal and blocked nine shots. To read the full reports, [click here](#).

Meet Ashleigh Johnson

Sport: Water Polo **Hometown:** Miami, FL

College: Princeton University, Psychology, 2016

Achievements: Two-time Olympic gold medalist (2016, 2020).

2022 NYAC Athlete of the Year. In 2016, she became the first American-American woman to make the US Olympic water polo team.

Find Ashleigh on Instagram @AshleighJohnson



Upcoming Events in 2023

TRACK AND FIELD: Saturday, February 11th [Millrose Games](#) Joe Kovacs [More info](#)

News

Judo - New York Open returns to the NYAC City House - On Saturday, March 25th, the New York Open Mixed Team Championship, one of the foremost judo tournaments in the USA, will be held for the first time since 2019. This elite competition will take place at the City House and will feature some of the world's finest judokas. For more information, [click here](#).

Boston Marathon - Jack Fleming announced as president and CEO of the Boston Athletic Association - After a five month search, it has been announced that Jack Fleming, formerly the BAA's Chief Operating Officer, will move up to the top slot in the organization. For the full announcement, [click here](#).

Links

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