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## Kate Douglass - World Champion

**Tuesday, December 13th – Sunday, December 18th; Melbourne, Australia** – The NYAC's **Kate Douglass** claimed the 200m medley world title at the FINA Short Course (35m) World Swimming Championships on Tuesday, December 13th with an American record finish of 2:02.12, taking 1.94 seconds off of the prior American record. The 21-year-old grew up in Pelham, NY and is a current student-athlete at the University of Virginia. Fellow American Alex Walsh took the silver in 2:03.37, and Kaylee McKeown of Australia took the bronze in 2:03.57. Also that day, Kate secured a silver medal, with American teammates Torri Huske, Claire Curzan, and Erika Brown in the 4x100m Freestyle Relay in a time of 3:26.29. Australia won in 3:25.43, and Canada took third in 3:28.06. The following day, on Wednesday, December 14th, Kate claimed yet another world title, this time in the mixed 4x50m medley relay with fellow USA teammates Nic Fink, Torri Huske, and Ryan Murphy. The Americans touched the wall in 1:35.15, a new world record. Italy took second in 1:36.01, and Canada took third in 1:36.93. The Short Course World Championships run through Sunday. For results from Melbourne, [click here](#).

Following her exceptional results, Kate told *NYAC Athletics News*, "I am so excited about my 200 IM world title. Being able to start off the meet with such a dominant swim is a great feeling, and I'm going to carry that momentum with me throughout the week."



## Wrestling - Jackson and Golston at World Cup

**Saturday, December 10th – Sunday, December 11th; Coralville, IA** – The NYAC's **Nate Jackson** (92kg) and **Erin Golston** (50kg) had excellent performances at the World Cup last weekend, each contributing to Team USA's success at the international dual meet-style tournament. The US faced Mongolia, Georgia, Iran, Japan, and the All-World Team. The US men secured the win, and the US women took the bronze medal. Nate went 3-0 for his matches, and Erin, 1-1. For complete results from the World Cup, [click here](#).

## Triathlon - Luis, Champion of 70.3 Bahrain

**Friday, December 9th; Bahrain** – The NYAC's Vincent Luis won IRONMAN 70.3 Bahrain, thus securing his third major win in the last two months. He completed the course, which consisted of a 1.9K swim, a 90K bike, and a 21.1K run, in 3:38:02. Great Britain's Samuel Dickinson took second in 3:40:01, and Maximilian Sperl of Germany took third in 3:40:35. To read more about Vincent's race, [click here](#).



## Rugby - Baker and Tomasin Secure Bronze for Team USA

**Sunday, December 11th; Cape Town, South Africa** – The NYAC's **Perry Baker** and **Steve Tomasin** secured bronze medals with the USA Rugby Sevens team in the Cape Town, South Africa leg of the HSBC World Rugby Sevens Series. The USA defeated Uganda, England, and Fiji, and tied Australia, before losing to New Zealand in the semifinals. A 22-14 win over South Africa secured the bronze medal for the Americans. Now, Team USA is fourth in world rankings. The next matches will be held from January 21st to 22nd in Hamilton, New Zealand. [Click here](#) to learn more.

## Fencing - Holmes and Cebula at Vancouver Coupe du Monde

**Thursday, December 8th – Saturday, December 10th; Bahrain** – The NYAC's **Kat Holmes** and **Anne Cebula** contested the Vancouver Coupe du Monde, finishing 36th and 54th with two points each, respectively, in the women's epee. Giulia Rizzi of Italy won with 32 points. [Click here](#) for complete results from Vancouver.



## Track and Field - Aisha Leer Sets Jamaican 5000m Record

**Saturday, December 3rd; Boston, MA** – The NYAC's **Aisha Leer** finished sixth in the indoor 5000m in a time of 15:19:21 at the 2022 Boston University Sharon Colyear Danville Season Opener, setting the Jamaican national record. She is the first Jamaican woman ever to race an indoor 5000m. Annie Rodenfels of the BAA won in 15:08:22. For full results from Boston, [click here](#).

## Soccer - NYAC Defeats Central Park Rangers

**Sunday, December 11th; Travers Island** – The NYAC Firsts defeated the Central Park Rangers, 2-0 at home to take sole possession of first place with 20 points in the Cosmopolitan Soccer League heading into the winter break. FC Sandzak sits in second place with 19 points, and the NY Shamrocks in third with 18 points. [Click here](#) to read more about the Cosmo Soccer League.

### Upcoming Events

**SOCCER: Sunday, December 18th NYAC vs Borgetto FC** [More info](#)



### Meet Kate Douglass

**Sport:** Swimming  
**Hometown:** Pelham, NY  
**College:** University of Virginia, Class of 2023  
**Achievements:** Tokyo 2020 Olympic bronze medalist in 200m IM, eight-time NCAA champion, two-time world champion  
**Find Kate Douglass on Instagram@kaatedouglass**



### News

**Olympics** - The Tokyo 2020 Organizing Committee has published the

Official Report of the Tokyo 2020 Olympic and Paralympic Games, consisting of three written volumes and one film. [Click here](#) to view the report.

### Links

To see the **NYAC's athletics pages**, [click here](#).

For news from the **IOC**, [click here](#).

For news from the **USOPC**, [click here](#).

To see the **IOC's Olympic channel**, [click here](#).

For news from the **Olympic Studies and Research Center**, [click here](#).