



Track and Field - Kovacs Takes the Shot, Franklin Soars in the Triple Jump



Saturday, August 6th; Silesia, Poland – Joe Kovacs, the 2022 World Championships silver medalist, won the shot put at the Diamond League Silesia meeting with a throw of 21.79m/71-6. Tom Walsh of New Zealand placed second at 21.70m/71-2.5. The NYAC's Kara Winger, also a 2022 World Championships silver medalist, placed fourth in the javelin with a throw of 61.75m/202-7. The full results from Silesia are [here](#).

• **Wednesday, August 10th; Monaco** - The Diamond League meet in Monaco is among the most prestigious on the circuit, being also, therefore, among the most pressure-filled. As she did in taking a World Championships bronze in Eugene last month, **Tori Franklin**, responded to the



pressure, placing third, but improving her own four year old personal best with a leap of 14.86m/48-9, just two inches off the US record and the second best jump in history by an American. The indomitable Yulimas Rojas of Venezuela won in Monaco, as she had in Eugene, with a jump of 15.01m/49-3. Also in Monaco, five-time Olympian **Kara Winger**, competing in her last season before retirement, placed fourth in the javelin with a throw of 60.95m/199-11. For results, [click here](#).

• **Friday, August 5th; Raleigh, NC - Aisha Praught-Leer**, Tokyo 2020 Olympian, finished ninth in the elite women's mile at the Sir Walter Miler in 4:35.27. California's Nikki Hiltz won in 4:21.89. To watch the race, [click here](#). For results, [click here](#).

Upcoming Events

JUDO: Wednesday, August 10th - Sunday, August 14th

[Junior World Championships](#) – Guayaquil, Ecuador - Jack Yonezuka (-73kg), Dominic Rodriguez (-73kg), Nick Yonezuka (-81kg), Alexander Knauf (-90kg), Christian Konoval (+100kg) [More info](#)

JUDO: Saturday, August 13th - Sunday, August 14th

[Asian Open](#) – Aktau, Kazakhstan - Ari Berliner (-66kg) [More info](#)

Meet Aisha Praught-Leer

Sport: Track and Field **Hometown:** Moline, IL

College: Illinois State University, Geosciences '12

Achievements: 2016 and 2020 Olympian. 2018 Commonwealth Games 3000m steeplechase champion, 2019 Pan Am Games 1500m silver medalist. Represents Jamaica.

Married to fellow runner Will Leer. **Follow Aisha:** Instagram @aishapraughtleer



Links

To see the **NYAC's athletics pages**, [click here](#). For news from the **IOC**, [click here](#).

For news from the **USOPC**, [click here](#). To see the **IOC's Olympic channel**, [click here](#).

Judo - Yonezuka Makes History at Junior World Championships

Wednesday, August 10th – Sunday, August 14th; Guayaquil, Ecuador - The NYAC's **Jack Yonezuka** secured the -73kg bronze medal at the Judo Junior World Championships on Thursday, August 11th with a 4-1 defeat over Daniel Szegedi of Hungary, making him the **first US man in 30 years to make the Junior World Championships podium**. Ryuga Tanaka of Japan took the -73kg gold medal, Giorgi Terashvili of Georgia secured the silver medal, and Marcin Kowalski of Poland took the other bronze medal. The action will continue until Sunday, with a total of five NYAC judokas competing (Dominic Rodriguez -73kg, Nick Yonezuka -81kg, Alexander Knauf -90kg, Christian Konoval +100kg). The NYAC's Colton Brown is among the coaching staff. [Click here](#) for more information. Full results will appear in next week's Athletics News.



News

Paris 2024 - French Culture Minister Rima Abdul Malak is confident that the historic Notre-Dame Cathedral will reopen in time for the Paris 2024 Games after extensive restoration and remediation efforts following the April 2019 fire. [Click here](#) to learn more about progress with the historic Parisian landmark.

Olympic Games - After successfully hosting the Commonwealth Games, the UK city of Birmingham is considering an Olympic bid. Read about it [here](#).

Extreme NYAC Sports - On Thursday, August 11th, NYAC member Antonio Arguelles became the oldest man in history to complete the 40 Bridges Swim, a double circuit around the island of Manhattan. The 63-year old completed the 57-mile course in 19 hours and 52 minutes, having started at 10am start on Wednesday, August 10th. The course circumvented Manhattan counterclockwise, starting and ending at Mill Rock, an island in the East River off 96th Street. [Click here](#) to read a description of Antonio's aquatic journey, [here](#) to learn more about the course, and [here](#) to learn more about this remarkable Club member.

