



December 24th, 2021

NYAC ATHLETICS NEWS

SWIMMING - EMILY ESCOBEDO TAKES WORLD TITLE SIX MEDALS FOR RYAN HELD

At the FINA Short Course World Swimming Championships, which took place in Abu Dhabi from Thursday, December 16th to Tuesday, December 21st, the NYAC's **Emily Escobedo** won the gold medal in the 200m breaststroke, finishing in 2:17.85 and defeating second-place finisher Evgeniia Chikunova of the Russian Swimming Federation by 0.03 seconds. To see Emily's victory, [click here](#). **Ryan Held** was similarly impressive, claiming silver medals in the 50m freestyle (20.70 seconds) and the 100m freestyle (45.63 seconds). Held's 50m mark improves the 25-29 age group world record of 21.28 that he set on November 20th at the 2021 Ron Johnson Invitational Masters' Championship Meet in Tempe, AZ. (The previous mark of 21.37 belonged to Cesar Cielo, 2008 Olympic gold medalist in the 50m freestyle). Held and his US teammates also secured gold medals and American records in the 4x200m freestyle relay and the 4x50m medley relay, with finishes of 6:47.00 and 1:30.51. That wasn't all; Held also claimed a silver medal in the 4x100m medley relay and a bronze in the 4x100m freestyle relay, while Escobedo added a silver medal from the 4x50m medley relay. In total, Escobedo and Held secured eight World Championships medals – three golds, four silvers, and one bronze. For complete results from Abu Dhabi, [click here](#). To read the report of the championships, [click here](#).



Handball - Carroll and Daskalakis Take USHA Titles

On Sunday, December 12th at the USHA National Four Wall Singles championship in Nashville, TN, the NYAC's **Paul Brady** was defeated in the final by his teammate **Killian Carroll**. Brady, the defending champion, was seeking his 12th USHA national four wall title. He prevailed in the first game, 21-15, but Carroll took the second, 21-6. In the tiebreaker, Brady twisted his ankle during a 4-4 rally with Carroll serving and had to withdraw, conceding the title to his fellow NYAC member. The final result: Carroll def. Brady 15-21, 21-6, 5-4 injury ftt. In the women's division, the NYAC's **Danielle Daskalakis** defeated Ashley Moler, 21-7, 21-8, marking Danielle's first four wall national title. To read more about the Nashville tournament, [click here](#).

News

Olympics - The Tokyo 2020 Games cost almost twice as much as expected. [Click here](#) to read about the Games' \$12.7 billion price tag.

Triathlon - The NYAC's **Eli Hemming**, ranked #1 in the US in 2018, has retired. To read about his career highlights, [click here](#). To see his retirement announcement, [click here](#).

Track & Field - Olympic discus gold medalist, Valarie Allman, has been voted #9 in the world for 2021 by Track & Field News. [Click here](#).

Links

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