



Friday, April 8th, 2022

# NYAC ATHLETICS NEWS

## Triathlon - Knibb Wins Ironman Oceanside 70.3

On Saturday, April 2nd, **Taylor Knibb** won the elite women's race at [Ironman Oceanside 70.3](#) in Oceanside, CA. The NYAC woman dominated the half Ironman distance race with a finishing time of 4:06:32, crossing the line over two minutes ahead of second place finisher Luisa Baptista from Brazil, who finished in 4:08:45. Holly Lawrence from Great Britain placed third in 4:09:17. Knibb led out of the water, in 23:22 for 1.2 miles/1.9K, with the pack



close behind her. About an hour into the 56 mile/90K bike segment, she had gained 90 seconds on Baptista, and, by the end of the ride, she had a three-minute advantage, having covered the stage in 2:20:17. Knibb held her lead comfortably in the 13.1 mile/21.1K run, which she completed in 1:17:48, affording her a resounding victory. For a full report of the women's race, [click here](#).

**Ben Kanute** placed fifth in the elite men's race, with a finishing time of 3:46:32. Canadians Jackson Laundry and Lionel Sanders placed first and second with respective times of 3:45:00 and 3:45:33; Rodolphe Von Berg of the USA took third in 3:45:55, and Alistair Brownlee of Great Britain placed fourth in 3:45:55. Kanute led out of the water with a 22:28 split time, stayed with the lead pack courtesy of a 2:08:11 bike stage, and recored a time of 1:11:58 for the run. For a full report of the men's race, [click here](#). For complete Oceanside results, [click here](#). For video highlights, [click here](#).

## Water Polo - NYAC Men Win Desert Duel

On Sunday, April 3rd, the NYAC men won the [Desert Duel](#) at the Mona Plummer Aquatics Center in Tempe, AZ, defeating the Olympic Club, 9-6, in the final. One day prior day, on Saturday, April 2nd, the NYAC defeated NTA-Chicago, 15-6, and Sunset, 20-6. In the semi-finals on Sunday, the winged foot men defeated Riptide, 16-7, to advance to the aforementioned final against Olympic Club. For complete results from the Desert Duel, [click here](#). On Wednesday, March 30th, the NYAC's **Ashleigh Johnson** and **Stephania Haralabidis**, playing with Ethnikos Piraeus, won the prestigious [LEN Trophy](#). The Ligue Europeenne de Natation, or LEN, is the European governing body for FINA. The trophy is awarded to the winner of LEN's second-tier club tournament. To read more about the win, [click here](#). Coming up this weekend, the NYAC men will play at the [US Naval Academy](#) in Annapolis, MD, Saturday, April 10th. Results to follow. Also this weekend, the NYAC men will contest [Week Three of the 2022 National League series](#) at the William Woollett Center in Irvine, CA. On Saturday, April 9th, the NYAC will face USA Academy Blue at 10:10am PT and the Los Angeles Athletic Club at 5:10pm PT. On Sunday, the 10th, the NYAC will face Alumni at 11:20am PT and Riptide at 4pm PT. There is free admission to all matches, and there will be live streaming of all matches [here](#).



## Wrestling - Results from Bill Farrell



From Friday, April 1st to Saturday, April 2nd, NYAC wrestlers Anthony Ashnault, Sam Jones, Lenny Merkin, Ravaughn Perkins, Jesse Porter, Ben Provisor, and Alan Vera contested the [2022 Bill Farrell Memorial Invitational](#) in Cedar Falls, Iowa and achieved fantastic results. Freestyle wrestler **Anthony Ashnault** secured a silver medal at 70kg/154lbs. Tyler Berger of TMWC/CA RTC, a three-time NCAA All-American, defeated the Anthony, the 2019 NCAA champion, in the final, 6-6. In Greco-Roman, three NYAC wrestlers won their events, two took second place, and one took bronze. **Sam Jones** defeated Jesse Thielke of WCAP, 9-0, to win at 63kg/138.6lbs. **Ravaughn Perkins** defeated fellow NYAC wrestler **Jesse Porter** to win at 77kg/169.4lbs, 6-0. **Ben Provisor** defeated Spencer Woods of WCAP, 2-1, to win at 82kg/180.4lbs, and **Alan Vera** took silver at 86kg/190lbs, after losing to Richard Carlson of Minnesota Storm in the final. At 67kg/147.4lbs, **Lenny Merkin** took bronze after defeating Calvin Germinaro of Minnesota Storm, 17-9. To watch interviews with Sam Jones and Ben Provisor, [click here](#) or [here](#). For freestyle results, [click here](#). For Greco-Roman results, [click here](#). Through their performances at Bill Farrell, Lenny Merkin and Anthony Ashnault qualified for the World Team Trials which will be hosted next month in Iowa. Several other NYAC wrestlers, including Ashlyn Ortega and Sarah Hildebrandt, have already qualified for the Trials.

## Judo - Taking to the Mats in Turkey



From Friday, April 1st to Sunday, April 3rd, NYAC judokas **Angelica Delgado** (-57kg), **Adonis Diaz** (-66kg) and **Jack Yonezuka** (-73kg) contested the [Antalya Grand Slam](#) in Antalya, Turkey. Over 520 competitors from over 60 countries took to the mats at the highly competitive tournament in Turkey. Delgado, Diaz and Yonezuka were each eliminated in the first round of competition – Delgado by Jessica Lima of Brazil, Diaz by Yashar Najafov of Azerbaijan, and Yonezuka by Adrian Sulca of Romania. For complete results from Antalya, [click here](#).

## Swimming - Swim Series San Antonio

From Wednesday, March 30th to Saturday, April 2nd, NYAC swimmers **Ryan Held**, **Gabby DeLoof**, and **Paige Madden** contested the [2022 TYR Pro Swim Series San Antonio](#) meet in San Antonio, TX. Highlights include Held's third place finish in the 100m freestyle (49.20), DeLoof's fifth place finish in the 200m backstroke (2:13.16) and sixth place finishes in the 100m backstroke (1:02.11) and 200m freestyle (2:00.81), and Madden's second place finish in the 200m freestyle (1:57.12), sixth place finish in the 100m freestyle (54.96), and 11th place finish in the 50m freestyle (26.13). For complete results from the meet, [click here](#). The NYAC's **Ryan Held** has been named as one of [Swimming World's Masters Swimmers of the Year for 2021](#). Ryan, who secured an Olympic gold medal in the 4x100m freestyle relay at the Rio 2016 Games, has achieved great success in recent years as a Masters swimmer, including setting multiple world records. To learn more about Ryan's nomination, [click here](#).



## Triathlon - Talking Triathlon. Don't miss it!

Coming up on Thursday, April 14th at 7:30pm, the NYAC and USA Triathlon will host a virtual round table with elite competitors **Katie Zaferes**, **Taylor Knibb** and **Matt McElroy**, plus the USA's leading tri coach, **Ian O'Brien**. A fascinating evening is assured, whether you are going for the gold or simply going for a good workout. The Zoom link is [here](#), but it won't be live until the event begins.

# TALKING TRIATHLON

**THURSDAY, APRIL 14<sup>TH</sup>, 7:30pm**

*You are invited to a one-of-a-kind virtual event featuring three of the NYAC's world class triathletes and one of USA Triathlon's most celebrated coaches.*

**KATIE ZAFERES • TAYLOR KNIBB • MATT MCELROY • Plus, USA Triathlon Level III coach IAN O'BRIEN**



Training, racing, recovering, nutrition and a whole lot more, plus advice and guidance, regardless of whether you are going for the gold or simply going for a good workout.



The event will be conducted via Zoom. Watch for the link in the Club's weekly blast e-mails

Prizes • Give-Aways

An Evening Not To Be Missed



## Rugby - NYAC Defeats Boston Irish Wolfhounds

On Saturday, April 2nd, the NYAC Rugby squad began its spring campaign with a 36-7 win over the Boston Irish Wolfhounds at Travers Island. The B side followed suit and was able to outlast the Wolfhounds 18-5. To watch video footage from the game, [click here](#). Coming up this Saturday, April 9th, the NYAC A and B squads will face Army at the US Military Academy at West Point, NY, beginning at 10am. Stay tuned for results.

## Soccer - NYAC v. Kelmendi FC

On Sunday, April 3rd, the NYAC Firsts drew, 1-1, with Kelmendi FC, and the Reserves lost, 2-1. For more details on the Cosmopolitan League season, [click here](#).

## Squash - 2022 US Century Doubles Championships This Weekend

This weekend, from Friday, April 8th to Sunday, April 10th, the [2022 US Century Doubles Championships](#) will be contested by players from around the USA, including NYAC members, with some rounds taking place at the City House. NYAC members and their guests may watch the action live from the viewing gallery behind the 21st floor doubles court. More information, entry lists and draws will be available [here](#) soon.

## News

**Olympics** - The competition schedule for the Paris 2024 Games has been unveiled. [Click here](#) to learn what's on when.

**In Memorium** - **Joseph Sylvester Caminiti**, longtime rowing coach at the NYAC, passed away on March 23, 2022 at the age of 80. A rowing legend, Joe crewed at Iona College and for the NYAC before becoming the Club's coach, a role he would hold for two decades and with remarkable success. He was inducted into the NYAC Hall of Fame in 2019. To read more, [click here](#).



## Links

- To see the NYAC's athletics pages, [click here](#).
- For all the news from the US Olympic and Paralympic Committee, [click here](#).
- For all the news from the International Olympic Committee, [click here](#).
- To see the IOC's Olympic channel, [click here](#).

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