



Scan the code for past issues

Judo - Angie Delgado Secures Sixth National Title in Daytona Beach



Saturday, May 21st - Sunday, May 22nd; Daytona

Beach, FL - Two-time NYAC Olympian and Miami, FL native **Angie Delgado** secured her sixth national championship title this weekend at the USA Judo Senior National Championships after winning the 52kg division with three straight throws for ippon. Several other NYAC judokas were crowned national champions – **Ari Berliner** at 66kg, **Jack Yonezuka** at 73kg, **Alex Knauf** at 90kg, and **Christian Konoval** at 100+kg. **Nick Rodriguez** (73kg),

Nick Yonezuka (81kg), and **Nate Keeve** (100kg) secured silver medals, and Miamian **Adonis Diaz** secured the bronze at 66kg. More than 400 judokas competed at the National Championships. For a complete report of the meet, [click here](#). For results, [click here](#).

Wrestling - NYAC Wins Six Weight Classes at World Team Trials

Saturday, May 21st; Coralville, IA - NYAC wrestlers won a remarkable six out of fourteen weight classes at the World Team Trials Challenge Tournament this past weekend. The winner of each best-of-three series will advance to Final X on



June 3rd and 8th, where they will have the opportunity to qualify to represent Team USA at the World Championships (September 10th-18th in Serbia). The six NYAC winners are as follows: **Nate Jackson** (92kg FS), **Skylar Grote** (72kg FS), **Sammy Jones** (63kg GR), **Ben Provisor** (82kg GR), **Alan Vera** (87kg GR), **Tanner Farmer** (130kg GR). All will advance to Final X. **Sarah Hildebrandt** received a bye to compete at Final X at 50kg. **Erin Golston** finished as runner-up at 50kg FS, and **Jesse Porter** (77kg) took third in 77kg GR. To read more about the World Team Trials, [click here](#).

Handball - NYAC Men Finish Second at USA Team Handball Club National Championships

Friday, May 13th - Sunday, May 15th; Adrian, MI - NYAC Men's Team Handball finished second at the USA Team Handball Club National Championships this past weekend at Adrian College. In preliminary rounds, the NYAC defeated Miami Team Handball Club, 29-22, Los Angeles Team Handball Club, 35-19, and NYC Team Handball Club, 26-25. In the semi-final, the NYAC defeated the Chicago Inter Team Handball Club, 25-19, and in the gold medal match, the NYAC fell to the Cal Heat Team Handball Club, 22-33. The NYAC's Ty Reed was named the Most Valuable Player of the tournament. For more info, [click here](#).

Results

Soccer - The NYAC Firsts and Sandzak FC drew, 0-0, on Sunday, May 22nd at Macombs Dam. The Reserves lost, 3-2. For Cosmopolitan Soccer League tables, fixtures, and more, [click here](#).

News

Olympics - A May 20th study by the IOC reported that 85% of past Olympic venues remain in use to this day. [Click here](#) to learn more.

Track & Field - NYAC Throwers Dominate in Tucson and Across the Pond

Thursday, May 19th – Friday, May 20th; Tucson, AZ - NYAC throwers dominated all around the world this weekend, from Birmingham, England, to Tucson, AZ. At the Tucson Elite Classic, **Sam Mattis** won the men's discus with a throw of 64.66m/212'2", thus defeating Jamaican Ralford Mullings, a rising sophomore at Arizona State University, who threw 64.35m/211'1" for second place. 2016 Olympian Andrew Evans took third with 64.05m/210'1". In the women's hammer, the NYAC's **Janeah Stewart**, 2019 and 2020 US weight throw national champion, took sixth with a mark of 67.09m/220'1"; Nigerian Annette Echikunwoke won with a world leading mark of 73.67m/241'8". The NYAC's **Kara Winger**, a four-time Olympian, won the women's javelin with a throw of 63.23m/207'5". Tokyo 2020 Olympian Arianna Ince took second with 61.16m/200'8", and Canadian Liz Gleadale finished third with 58.23m/191'. For results, [click here](#).

Saturday, May 21st;

Tucson, AZ - Sam Mattis

took the win in the men's discus at the USATF Throws Festival with a massive throw of 68.69m/225'4", the longest American discus throw in 10 years and a personal best. Andrew



Evans and Ralford Mullings finished second and third, with throws of 66.74m/218'11" and 63.75m/209'2", respectively. **Kara Winger** once again won the women's javelin, this time with an American leading mark of 63.75m/209'2". Avione Allgood-Whetstone of Las Vegas took second with 58.90m/193'3", and Arianna Ince took third with 58.60m/192'3". The NYAC's **Rudy Winkler** – American record holder, awaiting ratification - won the men's hammer with a throw of 78.71m/258'3". Diego del Real of Mexico took second with 78.26m/256'9", and 2019 NCAA DI national champion Daniel Haugh took third with 77.94m/255'8". Other results include **Janeah Stewart's** seventh place finish in the hammer, with a throw of 70.73m/232', and **Michael Shuey's** seventh place javelin finish of 75.25m/246'10". For results, [click here](#).

Saturday, May 21st; Birmingham, England - Valarie Allman, Tokyo 2020 discus Olympic champion, won the women's discus competition at the Diamond League Birmingham with a throw of 67.85m/222'7". Sandra Perkovic, two-time Olympic and two-time world champion, took second with a personal best of 67.26m/220'8", and Lauauga Tausaga of Hawaii took third with 60.80m/199'6". For complete results, [click here](#).

Wednesday, May 25th; Kallithea,

Greece - Tori Franklin won the

women's triple jump at 12th Annual International Jumping Meeting with a mark of 14.34m/47'3/4", a world championship standard. Oxana Koroneva of Greece took second with a jump of 13.94m/45'9", and Tugba Danismaz of Turkey jumped 13.89m/45'7" and took third. For complete results, [click here](#).

Upcoming Events

TRACK AND FIELD: Saturday, May 28th
Diamond League Pre Classic– Eugene, OR
Valarie Allman (Discus) [Click here for more info](#)

Joe Kovacs (Shot Put)

TRACK AND FIELD: Tuesday, May 31st
Ostrava Golden Spike– Ostrava, CZE
Joe Kovacs (Shot Put) [Click here for more info](#)



Links

To see the NYAC's athletics pages, [click here](#).

For all the news from the USOPC, [click here](#).

For all the news from the IOC, [click here](#).

To see the IOC's Olympic channel, [click here](#).