



NYAC ATHLETICS NEWS

Judo - NYAC Judokas Claim Medals at Pan-American Senior Championships



From Friday, April 15th to Saturday, April 16th, NYAC judokas Dominic Rodriguez, Angie Delgado, Katelyn Jarrell, Christian Konoval, Ari Berliner, Nicholas Yonezuka, Alisha Galles and Jacob More contested the [Pan-American Senior Championships](#) in Lima, Peru. 17-year-old **Dominic Rodriguez** won the -73kg title, defeating Alonso Wong of Peru, a six-time Pan Am medalist, after throwing him for ippon. With this win, Rodriguez became the youngest US judoka to win the Pan Ams in an Olympic weight class since **Ronda Rousey** in 2004. At 52kg, **Angie Delgado** finished as runner-up to Larissa Pimenta of Brazil, while NYAC teammate **Katelyn Jarrell** tied for fifth in the same weight class. This silver medal is Angie's eighth career Pan American Championships medal. Notably, Angie and Katelyn faced each other in the -52kg semi-finals, where Angie took the win to advance to the final. At +100kg, 18-year-old **Christian Konoval** secured a bronze medal, after defeating Sergio Del Sol of Mexico in the bronze medal final. Andy Granda of Cuba won the weight class. **Ari Berliner** secured a bronze medal at -66kg after defeating Juan Ayala of Ecuador in the bronze medal final. Eric Takabatake of Brazil won the weight class. **Nicholas Yonezuka** and **Alisha Galles** each finished seventh at -81kg and -63kg, respectively. **Jacob More** contested the -60kg weight class but did not advance beyond the second round. For results from the Pan Ams, [click here](#).

Track and Field - Allman Named USATF Athlete of the Week

On Thursday, April 14th, NYAC Olympic champion **Valarie Allman** was selected as the [USATF Athlete of the Week](#), the same day she broke her own American record by a foot at the Triton Invitational in La Jolla, CA. Allman's mark of 71.46m/234-5 was the world's best discus throw in 30 years. [Click here](#) to learn more. • On Saturday, April 16th, NYAC throwers dominated at the [2022 USATF Golden Games](#) at the Mt. SAC Relays in Walnut, CA. **Valarie Allman** won the discus with a throw of 69.46m/227-11, Jorinde Van Klinken of the Netherlands took second, with a throw of 63.38m/207-11. **Rudy Winkler** won the hammer with a throw of 79.11m/259-6, defeating Sweden's Ragnar Carlsson of Sweden by almost 10 feet. **Kara Winger** won the javelin with a throw of 63.29m/207-7 ahead of Ariana Ince (unattached, 58.83m/193-0). **Sam Mattis** placed third in the discus with a throw of 63.71m/209-0. Daniel Stahl of Sweden won with a throw of 67.65m/221-11. **Janeah Stewart** finished fifth in the hammer throw with a mark of 69.55m/228-2. For complete results from the meet, [click here](#).



Rugby - NYAC Falls to Old Blue

On Saturday, April 16th, NYAC rugby faced [Old Blue RFC](#) at Travers Island, suffering a close loss, their first of the season. With seconds remaining, Old Blue held a one point lead, but incurred a penalty, which the NYAC kicker took from 25m out into a fierce wind. The NYAC kick sailed over the top of the goal post but the touch judges ruled it wide, for a final score of NYAC 24 - Old Blue 25. Video of the game is [here](#). Photos are [here](#). The NYAC B team held a 15-14 lead with 10 minutes remaining, then gave up two tries to also suffer their first loss of the season, 24-15. **COMING UP:** On Saturday, April 23rd at 1pm at Travers Island, the rugby team will face the [Rugby New York Academy](#). The B team will face Morris RFC at 3:30pm. Check back next week for results.

Fencing - April North American Cup Coming Up

From Thursday, April 21st to Sunday, April 24th, NYAC fencers, including Olympians **Courtney** and **Kelley Hurley**, **Alex Tsinis**, **Ryan Griffiths**, **James Kaull** and **Dylan Nollner**, will contest the [Division I National Championships](#) and [April North American Cup](#) in Charlotte, NC. [Click here](#) to learn more about the competition, and check back next week for results.



Soccer - NYAC to Face Polonia SC

Coming up on Sunday, April 24th, the NYAC will face Polonia SC at Travers Island at 12pm. For Cosmopolitan Soccer League tables, results, and more, [click here](#). Check back next week for results.

Swimming - World Championships Trials

From Tuesday, April 26th to Saturday, April 30th, NYAC swimmers, including **Ryan Held**, **Emily Escobedo**, **Paige Madden** and **Catie DeLoof**, will contest the Phillips 66 International Team Trials in Greensboro, NC. This meet will serve as a qualifier for the FINA World Championships, taking place in Budapest, Hungary from June 17th to July 3rd. To learn more, [click here](#).

News

This Week in NYAC Sports History - On April 21st, 2014, the NYAC's Meb Keflezighi won the Boston Marathon, one year after the 2013 Boston Marathon bombings. Re-live the epic victory [here](#). Last Monday, April 18th, a group of NYAC runners took to the streets of Boston for the 2022 installment of the race. First home was Takehiro Matsuzawa (2:43:03). Leading NYAC woman was Marisa Cummings (2:57:00). [Click here](#) for full results.



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