



July 22nd, 2021

# NYAC ATHLETICS NEWS

## Olympic Games - It's Time for Tokyo at Travers Island!

Maybe you can't go to the Games, but you can enjoy the next best thing! NYAC members and guests - **don't miss the Opening Ceremony celebrations at Travers Island tomorrow, Friday, July 23rd, beginning at 6pm.** The party gets started in the Ballroom with a Q&A with four celebrated NYAC Olympians: Bruce Baumgartner, Jason Read, Curt Clausen and John Nonna. After that, the focus moves to Tokyo, via the Patio and Tiki Bar, where members, guests and friends can watch the NBC broadcast of the Ceremony on strategically placed large-screen TVs. Plus, there's Japanese-themed food and beverages for all to enjoy. It's all the thrills and pageantry of the Olympic Games, right here at home. For full details, click [here](#).



## Our Team in Tokyo

Fifty-seven Olympians and two Paralympians! Some countries don't have that many representatives at the Games. In addition, many of the NYAC's members are medal favorites - Deanna Price, Adeline Gray and the US women's water polo team among them. To see the full NYAC team and their Tokyo schedules, click [here](#).

## Track and Field - Shuey #4 All-Time at JavFest

With the Olympic Games just 10 days away, on July 13th Michael Shuey secured the #4 all-time position in US history with his final throw of 85.67m/281' 1" at the JavFest meet in East Stroudsburg, PA. Results are [here](#). Also last weekend, Valarie Allman launched the fifth-best discus throw in US women's history - 14.57m/47' 9 3/4" in Chula Vista, CA. For video of why Allman is so good, click [here](#).

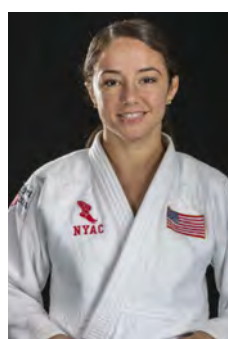


## Triathlon - Gold and Bronze for Tomlin and McElroy

The NYAC's Renee Tomlin was victorious in the Toyota Legacy Triathlon in Long Beach, CA last Sunday, July 18th with a time of 58:09. Matt McElroy took third in a time of 52:58. To read the full race report, click [here](#).

## Judo - Olympic Draws Complete

The competition draw for the Olympic Games took place today at the legendary Nippon Budokan and was broadcast live online. Full contest sheets are available [here](#). The full program is [here](#). And, once it begins, you can follow all the action [here](#). Colton Brown and Angie Delgado are the NYAC reps in the dojo. Get ready! If you want to know what judo is all about, click [here](#).



## Rowing - The Games Begin Today!

The Opening Ceremony is tomorrow (Friday, July 23rd), but the rowing competition gets underway this evening (NY time). For a full preview of the day's action - including Meghan O'Leary and Ellen Tomek in the quad sculls - click [here](#). To find out about the full NBC coverage, click [here](#). Here's an excerpt from an update from O'Leary: *We have officially arrived in Tokyo and have been getting settled in here at the Olympic Athlete Village over the last few days. As we waited in the terminal for our departure to Tokyo from the Honolulu airport last Wednesday, "Somewhere over the Rainbow" came on overhead. It was a rather poetic sendoff after what felt like an incredibly quick trip (or just a long layover) in Honolulu...I've been paying closer attention to those little details along the way; making sure to soak it all in just a bit more than I did in Rio. I think this also comes with knowing that this is my last Olympics as an athlete and the finality of that almost forcing me to fully embrace how spectacular this experience is. That being said, the last few days have been a blur as we've been shuffled through a plethora of process and procedure, daily COVID testing (six tests and counting in the last six days alone!), rules review, Team USA processing, etc....on top of trying to adjust to the hot and humid weather and new time zone. We finally got to hit the water yesterday for our first row on the Sea Forest Waterway after spending a couple of days training here in the Village on the machines....As always, thank you all for your support. We're feeling excited and ready to race.*

## Water Polo - Our Man in Tokyo

Members will know Naresh Rao as the chairman of the Club's Saturday Morning Program. They may also know him as a wonderful medical practitioner. What they may not know is that Naresh is also the doctor for the US men's water polo team and, thus, integral in ensuring that the squad stays safe and healthy throughout the Olympic Games, and in all major competitions. Naresh is in Tokyo with the team, having worked with them during the training camp in Hawaii. Thankfully, there was a little time for socializing. Naresh is pictured second from the left at the men's USA Water Polo Staff dinner held at the Outrigger Canoe Club in Honolulu, an NYAC reciprocal club. Team Australia also joined the party, a prelude to the intensity of the Games competition. Full details will appear at [www.NYACTokyo2020.com](http://www.NYACTokyo2020.com). That link is live now with plentiful Team NYAC info.



**Olympics** - Brisbane selected to host the 2032 Olympic and Paralympic Games. Click [here](#).

**Eat Like a Champ** - To see the pre-Olympic diet of the NYAC's world shot put champion, Joe Kovacs, click [here](#).

**Olympics** - UN signals start of Olympic truce. An ancient tradition continuing. Click [here](#).

## Links

To see the NYAC's athletics pages, [click here](#).

For all the news from the US Olympic and Paralympic Committee, [click here](#).

For all the news from the International Olympic Committee, [click here](#).

To see the IOC's Olympic channel, [click here](#).

