



## FRIDAY, SEPTEMBER 22nd, 2023

**Wrestling:** Adeline Gray and Sarah Hildebrandt claim World Championships bronze medals

**Track and Field:** Valarie Allman and Joe Kovacs crowned Diamond League champions

**Judo:** Panamerican-Oceania bronze medals for Maria Laborde, Hannah Martin and Nate Keeve

## WORLD CHAMPIONSHIPS BRONZE FOR GRAY AND HILDEBRANDT



Adeline Gray (76kg)

**Saturday, September 16th - Sunday, September 24th; Belgrade, Serbia** – At the [World Wrestling Championships](#) presently underway in Serbia, the NYAC's **Adeline Gray** (76kg) and **Sarah Hildebrandt** (50kg) have claimed bronze medals. In her bronze medal match, Gray faced Milaimys De La Caridad Marin Potrille of Cuba. Gary Abbott of USA Wrestling wrote, "Gray had a nice lead on Milaimys Marin Potrille of Cuba, scoring the first six points of the match. Gray extended her lead to 10-2 with 50 seconds left, after a key takedown and turn. Marin scored a late takedown and turn to make the final score, 10-6. Gray, a six-time world champion, now also has three World bronze medals, giving her nine World medals. Add in her 2020 Olympic silver medal, and Gray has won 10 World and Olympic medals. Gray was able to win a World wrestling medal after giving birth to twins last year, also an amazing achievement." Of Hildebrandt's match, Abbott wrote, "Hildebrandt was in control throughout her 5-0 decision over Evin Demirhan of Turkey in her bronze-medal bout. Hildebrandt led 3-0 at the break with a takedown and a shot clock point. Hildebrandt added a second-period takedown for the final margin of victory. Hildebrandt has now won four World medals, two silver medals and two bronze medals. Add in her 2020 Olympic bronze medal, and Hildebrandt has won five World and Olympic medals." Also in Belgrade, competing for Uzbekistan at



Sarah Hildebrandt (50kg)

74kg FS, **Bezkod Abdurakhmonov** advanced as far as the repechage before being defeated by Yonez Aliakbar Emamichoghaei of Iran, 10-4. Competing for Israel at 74kg FS, **Mitchell Finesilver** made it to the 1/8 round where he was defeated by Georgios Kougioumtsidis of Greece, 8-4. In the coming days, **Pat Smith** (72kg GR) and **Zach Braunagel** (87kg GR) will contest their weights. [Click here](#) for full results from Belgrade. [Click here](#) to watch bouts. [Click here](#) to see Adeline Gray's post-bout interview.

## Meet Adeline Gray

**Sport:** Wrestling **Hometown:** Lakewood, CO  
**College:** DeVry University **Achievements:** Six-time world champion, nine-time world championship medalist, Tokyo 2020 silver medalist at 76kg, two-time Olympian ('16, '20), mother of one-year-old twins. The most successful female wrestler of all time.

Follow Adeline on Instagram [@adelinegray](#)



## Track and Field - Allman &amp; Kovacs Claim Titles



**Saturday, September 16th - Sunday, September 17th; Eugene, OR** – The NYAC's **Joe Kovacs** and **Valarie Allman** were crowned

Diamond League champions in the men's shot put and women's discus at the [Diamond League Final - Prefontaine Classic](#) at fabled Hayward Field last weekend. In the shot, Kovacs threw 22.93m/75-2.75 to defeat world record holder and world champion Ryan Crouser, who was second with a mark of 22.91m/75-2. In the women's discus, Allman claimed the win with a mark of 68.66m/225-3, defeating Laulauga Tausaga, who had upset the NYAC woman to take the world title last month in Budapest. This time, Tausaga had to settle for silver with a mark of 68.36m/224-3. Also in Eugene, the NYAC's **Maggie Malone** was fourth in the javelin (60.42m/198-3), **Chris Nilsen**, the World Championships bronze medalist, placed fifth in the pole vault (5.72m/18-9.25, the weekend before his wedding), and **Sam Mattis** was sixth in the discus (64.51m/211-7). [Click here](#) for full results. [Click here](#) to see Kovacs take the title.

## Judo - Bronze Medal Bonanza at PanAm-Oceania Champs

**Friday, September 15th - Sunday, September 17th; Calgary, Canada** - The NYAC's **Maria Laborde** (-48kg), **Hannah Martin** (-63kg), and **Nate Keeve** (-100kg) each claimed bronze medals at the [Panamerican-Oceania Senior Championships](#). At -48kg, Maria Laborde defeated Erika Lasso of Colombia by ippon to secure the bronze medal. Mary Dee Vargas Ley of Chile won the weight. At -63kg, Hannah Martin defeated Argentina's Agustina De Lucia by ippon in 23 seconds to claim the bronze medal. Katharina Haecker of Australia won the weight. At -100kg, Nate Keeve defeated Brazil's Rafael Buzacarini by ippon to secure the bronze medal. Shady Elnahas of Canada won the weight. Also in Calgary, **Angie Delgado** finished fifth at -52kg, **Jack Yonezuka** fifth at -73kg, **Alex Knauf** fifth at -90kg, and **Ari Berliner** seventh at -66kg. [Click here](#) for full results.



## News

**Track & Field** - The New York City Marathon on Sunday, November 5th will serve as a Paris 2024 Paralympics qualifying event. [Click here](#) to learn more.

**Paris 2024** - Opening Ceremony arrangements to be finalized by the end of the year. [Click here](#) to read more.

**IOC** - International Olympic Committee and United Nations sign agreement to advance gender equality through sport. [Click here](#) for more.

**More Track & Field** - 2024 US Olympic Trials to be held in Eugene, OR. [Click here](#) for the details.

## Upcoming Events

**JUDO:** Friday, September 22nd - Sunday, September 24th [Baku Grand Slam](#) - Baku, Azerbaijan - Jack Yonezuka (-73kg) [More info](#)

**TRIATHLON:** Friday, September 22nd - Sunday, September 24th [World Triathlon Championship Series Final](#) - Pontevedra, Spain - Matt McElroy, Morgan Pearson, Taylor Spivey, Summer Rappaport, Katie Zaferes, Kirsten Kasper [More info](#)

**LOCAL ACTION RUGBY:** Saturday, September 23rd [NYAC v. White Plains](#) - Away

**LOCAL ACTION TRACK AND FIELD:** Sunday, September 24th [USATF National 5K Race Walk](#) - Harry Wright Lake, Whiting, NJ - Nick Christie [More info](#)

## Links

To see the **NYAC's athletics pages**, [click here](#).

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For NBC Olympics, [click here](#). For the **Olympic Studies and Research Center**, [click here](#).

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Sports Information Manager, Laura Walsh, at [LauraW@nyac.org](mailto:LauraW@nyac.org)