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Seven Medals for NYAC Swimmers at US Open



Wednesday, November 29th – Saturday, December 2nd; Greensboro, NC – NYAC swimmers produced a series of stellar performances at the [Toyota US Open](#) Championships last weekend, claiming seven medals, of which three were gold, courtesy of Tokyo 2020 Olympic bronze medalist, **Kate Douglass**. Douglass took the titles in a nail-biting 50m freestyle (24.38), plus the 200m IM (2:08.46) and the 200m breaststroke (2:21.87), adding luster to her victories by setting meet records in all three events. With an Olympic year lying immediately ahead, Douglass is giving every indication that she intends to move to an even higher step on the rostrum than she achieved in Tokyo. All being well, joining Douglass in the Olympic fray will be US Open silver medalists **Paige Madden** (800m freestyle, 8:29.91 and 1500m freestyle, 16:11.26), **Ryan Held** (100m freestyle, 48.36) and **Hunter Armstrong** (100m backstroke, 53.72). To see all of the results from the US Open, [click here](#). To see Kate Douglass claim her 50mFS and 200mIM crowns, [click here](#) and [here](#).

Meet Paige Madden

Sport: Swimming. **Hometown:** Mobile, Alabama. **College:** University of Virginia, Class of 2021

Achievements: Tokyo 2020 Olympic silver medalist in 4x200m freestyle relay, 2021 Short Course World Championships silver medalist in 4x200m freestyle relay and bronze medalist in 200m freestyle, four-time NCAA DI champion. *Follow Paige Madden on Instagram [@paigemadden1](#)*



Track and Field - Kieffer Qualifies for Olympic Marathon Trials



Sunday, December 3rd; Sacramento, CA - The [California International Marathon](#) in Sacramento is renowned for its superb organization and fast course, making it a destination of choice for those seeking qualifying times. This year, the times in question were those that would permit access to the US Olympic Marathon Trials, taking place in Orlando, FL in February. The NYAC's **Allie Kieffer** made the trip to California last week and, by virtue of a fine 2:33:26 second place finish, will also be heading to Florida in February, toeing the line in a field of women hoping to book tickets to Paris. The California race was dominated by Colorado's Grace Kahura, who sped to a 2:29:00 victory. Kieffer's best marathon time of 2:28:12 came when she placed seventh in the 2018 NYC Marathon. Full results from Sacramento are [here](#). More details of the Olympic Marathon Trials are [here](#).

Judo - Results from Tokyo Grand Slam

Saturday, December 2nd – Sunday, December 3rd; Tokyo, Japan – There were mixed results for the NYAC's judokas at the Tokyo Grand Slam last weekend. Though all have produced superb results throughout the year, the competition in Japan did not continue that trend. **Angie Delgado** (-52kg) and **Jack Yonezuka** (-73kg) prevailed in their opening bouts, but could not progress through the next round. **Maria Laborde** (-48kg), **Nicolas Yonezuka** (-81kg) and **Nate Keeve** (-100kg) all exited in the first round. [Click here](#) for full results from Tokyo.

Upcoming Events

WATER POLO: Saturday, December 9th [US Women v. Spain](#) – Fort Lauderdale, FL [More info](#)

News

Olympic Games – Security concerns will not change the Paris 2024 Opening Ceremony along the Seine. Read more [here](#).

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