A Celebration of Athletics
The 2018 NYAC All Sports Dinner
with IOC President Thomas Bach as the Guest of Honor

Plus Seasonal Celebrations at the NYAC
Begin the New Year

WITH A STAY AT THE NEW YORK ATHLETIC CLUB

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For more information and to make guest room reservations, please call (212) 737-7135, (800) 699-3293 or e-mail reservation@nyac.org.
Irish Night
At the City House
9th Floor
Saturday, March 2nd
Honoring
John Moran

Reception 6:30pm  |  Dinner 8pm

Cocktail Reception
Three Course Dinner
Open Bar
Dancing

$120 per person, plus tax and gratuity

For more information and to make reservations, please call (212) 767-7044 or e-mail CHEvents@nyac.org. Cancellations must be received by Friday, February 15th.
The board of governors and standing committees:

- Officers and Governors
  - President: James B. Rafferty
  - Vice President: Regina Conroy-Keller
  - Secretary: John M. Nonna
  - Treasurer: Casey Sullivan
  - Captain: Thomas Lynch

- Board of Governors and Standing Committees
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  - Personnel: Michael Volpe

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**The Winged Foot**

Vol. 138, No 1 January 2019

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A memorable celebration of the NYAC’s world class athletes.

Photos by Victoria Jackson

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On the cover: A Special sesquicentennial All Sports Dinner, plus Seasonal Celebrations at the NYAC.

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The aim and policy of THE WINGED FOOT is to present information about the varied activities of NYAC sports and amateur athletics and other topics of general interest to members and their families. THE WINGED FOOT (ISSN 0043-5856) is published monthly by the New York Athletic Club, James B. Rafferty, President; Regina Conroy-Keller, Vice President; John Nonna, Secretary. Forms close 10th of preceding month. Periodical rate postage paid at New York, NY. Publication Identification #686-500. Postmaster - send notifications of changes of address to Membership Services Office, New York Athletic Club, 180 Central Park South, New York, NY 10019. The Winged Foot is a registered trademark of the New York Athletic Club of the City of New York. $42 of each New York Athletic Club member’s annual dues goes towards payment of the annual subscription cost of The Winged Foot magazine.
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NYAC DRESS CODE
When visiting the New York Athletic Club, please ensure that you comply with the Dress Code. Full details are available at www.nyac.org and from the Membership Services Office. When in doubt, formality is appropriate. Thank you for your cooperation.

CITY HOUSE
For gentlemen, a dress shirt or golf shirt with slacks and dress shoes is acceptable at all times. Comparable appropriate attire for ladies. A jacket is always required in the Main Dining Room and Cocktail Lounge. Members may enjoy breakfast in the 11th floor Gold Room in business casual attire, meaning a jacket and tie are not required.

Jeans and other denim wear, sneakers, shorts; T-shirts and athletic wear may only be worn in athletic areas. Ladies may not wear halter tops; leggings; clothing that reveals bare midriffs.

Athletic attire may only be worn in athletic areas of the building.

TRAVERS ISLAND
Club House, Main Floor
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Dining Room
Gentlemen may wear slacks and a collared shirt at all times. A jacket is optional. Comparable appropriate attire for ladies.

Ballroom
For events in the Ballroom, please check the dress code associated with the event. Jackets are always required. Please note: while a tie is not compulsory in the Club House for gentlemen, it is always appropriate.

The following are never appropriate: jeans and other denim wear; sneakers; shorts; T-shirts and athletic wear. Ladies may not wear halter tops; leggings; clothing that reveals bare midriffs.

Patio/Grill Room
Shorts and shirts are required. Bathing suits are permitted with a cover.

Athletic attire may only be worn in athletic areas of the Club House.

Editorial
by James J. O’Brien
A Happy New Year

Could any NYAC member deny that the year just past was one of remarkable celebration? From January to December the Club’s calendar was replete with event after event that observed our 150th anniversary. The highlight was certainly the September 8th Anniversary Gala, not to mention November’s All Sports Dinner (coverage on page 20 of this issue); but, throughout the year, the entire club embraced, and was embraced by, the events surrounding this wonderful anniversary.

The question now, of course, is, “What next?” 2018 set an extremely high bar; but, the New York Athletic Club has spent the last 150 years scaling dizzy heights and there is no reason why that should end now. On the contrary, effective this month we can say that an Olympic Games takes place “next year,” and with that will come all the excitement, expectation and athletic drama that the Club’s top class competitors inevitably generate. Even if you won’t be representing Team USA in Tokyo next year, the events and activities at the Club in the build-up will be more than sufficient to build the excitement. The Olympic Games will not be the entirety of the NYAC’s focus; members may rest assured that the Club’s calendar, at both the City House and Travers Island, will be filled with events and opportunities that are un-missable.

All of the above could easily be hollow, however, were it not for an ingredient that seems to permeate every event at the NYAC and, indeed, the Club itself. For want of a better phrase, this ingredient is a joie de vivre that is infectious, not to mention evident to even the most fleeting visitor. This is certainly among the most alluring of the many facets that make the New York Athletic Club unique, even after 150 years of existence.

General Douglas MacArthur may have had the Club and its members in mind when he said the following on the occasion of his 75th birthday: “Youth is not entirely a time of life; it is a state of mind. It is not wholly a matter of ripe cheeks, red lips or supple knees. It is a temper of the will, a quality of imagination, a vigor of the emotions, a freshness of the deep springs of life. It means a temperamental predominance of courage over timidity, of an appetite for adventure over love of ease..... You are as young as your faith, as old as your doubt, as young as your hope, as old as your fear; as young as your desire, as old as your despair. In the central place of every heart there is a recording chamber; so long as it receives messages of beauty, hope, cheer and courage, so long are you young.”

Does that remind you of any fellow members? Any club filled with such people will always have more to look forward to, to accomplish and to embrace with each passing year. Wishing the very best to all of our members throughout 2019.

YOUR MONTHLY CHARGES
Please be aware that a summary of your monthly charges is available for you to view at www.nyac.org. (Please bear in mind that your on-line statement is for reference only. You should pay your bill based on the monthly statement you receive via e-mail or in the mail). It may be convenient for you to pay your bill using direct debit or electronic funds transfer.

For details of how to use these options, go to “Paperless Payment” options under “My Club” at www.nyac.org. Or, you can call the Controller’s Office at (212) 767-7050.
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I would like to wish a happy new year and best wishes for 2019 to all of our members and their families. I would also like to thank you for your support; it has been an honor and a great privilege to serve as the NYAC’s president over the past two years.

Before looking forward to the new year, it is appropriate to take a moment to reflect on the very special year that we have just concluded - the Club’s sesquicentennial; and what a special 150th anniversary celebration it was!

To be honest, I entered 2018 with some trepidation given the ambitious events and activities we had planned for our members. It appeared overly daunting; but it was an amazing year. The many Intra Club, social and athletic events held at both the City House and Travers Island truly reflected our milestone year.

The highlight was, undoubtedly, the September 8th building-wide Gala, attended by over 1500 of our members and guests; truly an historic event for the NYAC. I must also mention the November 12th All Sports Dinner, with our world and national champion athletes in attendance. Mr. Thomas Bach, president of the International Olympic Committee, flew in from Switzerland to serve as our guest speaker, validating our club - if such were necessary - as an iconic athletic institution beyond compare.

Much of the credit for the success of our 2018 celebrations must go to our general manager, Roger Simon, and his staff, in concert with the diligent planning by our 150th Anniversary Committee, chaired by Colin Neill, and our Social Activities Committee, chaired by Anthony Orlando. Well done by all.

As we move forward to the new year, the Club is well positioned in many key areas. Our finances remain solid. We have adequate cash reserves, no debt and a fiscal 2019 positive cash flow budgeted at over $6 million. Capital projects have remained under $5 million for each of the two prior fiscal years but are expected to move above $6 million in 2019. The Board will remain prudent and conservative regarding any approvals of new projects. The focus will be to ensure our facilities and infra-structure are continually upgraded and improved. Projects in the pipeline this year include the refurbishment of our 16th floor guest rooms, as well as the fifth floor men’s locker room.

Our membership rolls continue to remain strong, especially in the key “Associate” category (18-30 years of age). Similarly, our elite athletics programs continue to breed world champions in a myriad of sports as communicated to our members throughout 2018. As you read this magazine, new “Technogym” exercise equipment is being installed at the City House, and the third floor Aquatics Center will be completing a major refurbishment.

The NYAC is a membership owned organization, and the success of our Club largely resides with our members. It is they who support the Club by proposing new members, by serving on our many committees, utilizing our guest rooms, dining, banquet and athletics facilities, and by attending so many of our events. This is what keeps our club strong and flourishing. I thank you and encourage you to continue your involvement and to continue to sponsor your friends and family members for membership.

In closing, I would like to thank our Officers and Board of Governors for their steadfast support and for selflessly giving their time and expertise to the Club over the past year. I would especially like to recognize and thank Michael Volpe and Robert Yienger for their many hours of service; they will conclude their time on the Board this month. Lastly, I would like to thank our general manager, Roger Simon, and his senior management team for their hard work and support. I am confident that we will have still more to celebrate in the years ahead.
PROSPECTIVE MEMBERS’ RECEPTIONS
at the CITY HOUSE

ELEGANT DINING VENUES
SOCIAL EVENTS AND INTRA CLUBS
EXCELLENT ATHLETICS FACILITIES
AN UNPARALLELED HISTORY

WEDNESDAY, JANUARY 16TH
WEDNESDAY, FEBRUARY 27TH

Invite your candidates to discover the benefits of membership in the world’s greatest athletic club.

Reservations are required.
To make a reservation for you and your prospective member, please call (212) 767-7025, e-mail MembershipServices@nyac.org or visit www.nyc.org.
The NYAC’s Saturday Morning Program at the City House moved into the second half of the season in December, after a spectacular Weekend of Champions in mid-November, where children of members were able to interact with and receive training from some of the NYAC’s Olympic athletes who were here to attend the All Sports Dinner. The SMP combines world class coaching in a variety of sports with a focus on developing teamwork skills for children from ages six to 16. Be sure to see additional pictures on the NYAC web site (www.NYAC.org), under the Junior Programs heading. Photographs by Bin Lin

SMP Calendar of Events

January 12th
NYAC Basketball Team Clinic
(at the City House)

January 26th
Fordham Basketball Clinic and Game
(at Fordham University)

March 9th
SMP/Closing Celebration Luncheon
EVERY MONDAY AND FRIDAY EVENING
LOBSTER NIGHT

Enjoy a 1 1/2 pound fresh steamed Maine lobster with all the fixings. Baked potato, vegetable of the day, homemade cornbread and fresh coleslaw.

PLUS the NYAC Olympic Salad Station

Roasted Chicken Buffet

Every Tuesday Evening

Seasoned smashed potatoes, sautéed mushrooms, honey glazed carrots, chilled asparagus and parmesan salad and country style biscuits, plus the NYAC Olympic Salad Station

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EVERY WEDNESDAY AND THURSDAY EVENING

A NEW YORK ATHLETIC CLUB TRADITION

Baked potato, creamed spinach, jumbo onion rings, homemade cornbread and the NYAC Olympic Salad Station.

Reservations are suggested. Please call (212) 767-7166.
On Friday, November 9th, the best of Broadway came to the City House, welcomed by a full house on the ninth floor. A spectacular show brought the house down and the audience to its feet. Special thanks to Neil Berg and his troupe for, once again, bringing the best of Broadway to the City House.
Holiday Season at the NYAC

From Thanksgiving all the way through to the New Year, it was a season of celebration at both the City House and Travers Island. There were turkeys and gingerbread houses and tree-trimming - and even a visit from Santa Claus, who started his rounds early just because his “nice” list was so big this year. (Turn the page for more seasonal photos).
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Welcome to Our Newest Members

The NYAC extends a warm welcome to the most recent additions to its rolls.

James Barrett, Military, San Diego, CA
Frank Blanco, Resident, New York, NY
Ivan Blinoff, Non-Resident, London, England
Charles Broadbent, Associate, New York, NY
Jillian Carcaterra, Resident, New Rochelle, NY
Susan Colotti, Resident, West Hempstead, NY
Tara Daly, Associate, New York, NY
Kevin Farley, Resident, New York, NY
Jason Glass, Resident, Brookline, MA
John Gorman, Associate, New York, NY
William Haas, Associate, New York, NY
Preston Han, Associate, New York, NY
Herbert Krackow, Resident, New York, NY
Caroline Langan, Associate, New York, NY
Daniel Lawrence, Non-Resident, Midlothian, VA
Brian Lofton, Resident, New York, NY
Edmund Lomasney, Resident, Chicago, IL
Michael Mangan, Resident, New York, NY
Nickolas Mannarino, Associate, New York, NY
Louis Martorella, Non-Resident, Sarasota, FL
Matthew McKee, Associate, New York, NY
Mary McKennon, Associate, New York, NY
Andrew Mesesan, Athletic, Brooklyn, NY
Christopher Moran, Associate, New York, NY
Matthew Moretz, Clergy, New York, NY
Souren Ouzounian, Resident, Short Hills, NJ
William Phelan, Resident, Pelham, NY
Christina Quaranta, Associate, Bedford, NY
Alexander Realuyo, Child of Member, New York, NY
William Round, Associate, New York, NY
Samuel Sirota, Associate, New York, NY
Abigail Smith, Associate, New York, NY
Andrew Wilson, Resident, New York, NY

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In Memoriam

It is with deep sorrow that we record the names of our members who passed away during the past year.

<table>
<thead>
<tr>
<th>Member</th>
<th>Elected</th>
<th>Member</th>
<th>Elected</th>
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<tbody>
<tr>
<td>Ashenfelter, III, Horace</td>
<td>1951</td>
<td>Lence, Rudy</td>
<td>1957</td>
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<td>Aletti, Steffan B.</td>
<td>1959</td>
<td>Lillja, William D.</td>
<td>1954</td>
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<td>Barnes, Jr., Robert M.</td>
<td>1979</td>
<td>Macdonald, George P.</td>
<td>2017</td>
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<td>Beneville, Wallace L.</td>
<td>1967</td>
<td>Macedo, Jr., Joseph</td>
<td>1971</td>
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<td>Benham, Derek J.</td>
<td>1992</td>
<td>McCarthy, Thomas F.</td>
<td>1950</td>
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<td>Bergquist, Robert A.</td>
<td>1987</td>
<td>McComas, Hugh G.</td>
<td>1954</td>
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<td>Blachford, Norman</td>
<td>1960</td>
<td>McNulty, Joseph P.</td>
<td>1953</td>
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<td>Bonanno, Dr. Philip C.</td>
<td>1992</td>
<td>McNaney, James P.</td>
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<td>Brown, David F.</td>
<td>1972</td>
<td>Merklen, William A.</td>
<td>1944</td>
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<td>Carrozza, Joseph P.</td>
<td>1975</td>
<td>Neubelt, Paul E.</td>
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<td>Chaney, Jr., Verne</td>
<td>1973</td>
<td>Neuberger, Richard</td>
<td>1993</td>
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<td>Dineen, James S.</td>
<td>1952</td>
<td>O’Connor, Joseph P.</td>
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<td>Feeley, John</td>
<td>1978</td>
<td>Pasterides, Michael</td>
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<td>Feldman, Richard</td>
<td>2002</td>
<td>Personeni, Joseph V.</td>
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<td>Ferry MD, Andrew</td>
<td>1980</td>
<td>Pons, Luis</td>
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<td>Gale, David</td>
<td>2010</td>
<td>Remigino, Lindy J.</td>
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<td>Garrett, Bernard R.</td>
<td>1976</td>
<td>Romita, Michael</td>
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<td>Gault, John F.</td>
<td>1970</td>
<td>Ryan, Edward V.</td>
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<td>Giviskos, Constantine</td>
<td>2006</td>
<td>Salloum, Charles W.</td>
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<td>Gorman, Rev. Richard</td>
<td>1993</td>
<td>Schroeder, Charles W.</td>
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<td>Gunn, John E.</td>
<td>1966</td>
<td>Sharpe, Eddie J.</td>
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<td>Hamecs, Robert T.</td>
<td>1998</td>
<td>Stemper, Robert G.</td>
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<td>Hsu, John</td>
<td>1997</td>
<td>Stout, III, Ray E.</td>
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<td>Hynes, William P.</td>
<td>1979</td>
<td>Thomas, III, Guy A.</td>
<td>1965</td>
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<td>Igoe, Byron</td>
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<td>Vernon, Jr., Murray</td>
<td>1951</td>
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<td>Ilic, Vanja G.</td>
<td>1979</td>
<td>Villamana, Thomas E.</td>
<td>1972</td>
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<td>Jacob, Jr., Charles H.</td>
<td>1956</td>
<td>Vogliano, Ernest L.</td>
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<td>James, II, George B.</td>
<td>1984</td>
<td>Wallgren, Richard S.</td>
<td>1984</td>
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<td>Kavanagh, Dr. Terence</td>
<td>1966</td>
<td>Walsh, Dr. Joseph B.</td>
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<td>Klecatsky, Lawrence</td>
<td>1969</td>
<td>Zabel, Larry R.</td>
<td>1972</td>
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May They Rest in Peace
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84 EAST LAKE ROAD, TUXEDO PARK, NY $4,500,000

95 CLIFF ROAD, TUXEDO PARK, NY $2,100,000

107 TOWER HILL LOOP, TUXEDO PARK, NY $1,650,000

194 EAST LAKE ROAD, TUXEDO PARK, NY $5,500,000

25 TOWER HILL LOOP, TUXEDO PARK, NY $3,500,000

54 TOWER HILL ROAD EAST, TUXEDO PARK, NY $1,750,000

4 RIDGE ROAD, TUXEDO PARK, NY $999,000

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Mike Donovan, commonly known as Professor Donovan, was the NYAC’s boxing instructor from 1884 until his death in 1918. He developed a strong friendship, and was a sparring partner, with President Theodore Roosevelt. Donovan was born on September 24th, 1847 in Chicago, IL. He claimed his family could trace its lineage through many centuries, leading back to the chieftains of Ireland.

Donovan is purported to have served in the Civil War, joining the service as young as 14 years of age. According to his obituary, he fought in the Atlanta Campaign of 1864, and later in Sherman’s infamous March to the Sea. After the war, Donovan took up prize fighting. His first recorded bout came on June 3rd, 1866 against Crowley Davis. According to contemporary sources, the fight lasted for an astounding 59 rounds, with Donovan declared the winner. Donovan made his name in such fights, becoming renowned for his superhuman endurance, as well as his record against much larger opponents.

Donovan’s most significant fight came on October 17th, 1884 against Walter Watson, the winner of which was to be named the boxing instructor at the NYAC. After seven rounds, the fight was called, with Donovan having won decisively. Donovan promptly retired from competition, preferring to dedicate his time to instruction.

Over the next 30 years, Donovan established himself as an institution within the Club. With the publication in 1893 of his book, “The Science of Boxing,” “Professor” Donovan made the NYAC the USA’s preeminent boxing establishment. The book was considered revolutionary for its technicality and nuanced analysis, and helped the sport gain credibility in the eyes of many athletes. Soon, fighters from all around country sought out the “Professor,” seeking his advice and instruction.

Donovan’s most famous pupil was President Theodore Roosevelt, who was also the NYAC’s first honorary member. When Roosevelt was Governor of New York, he began taking boxing lessons from Donovan. Roosevelt also had a personal connection to the Club, having exercised, as a young boy in 1870, at Wood’s Gymnasium, one of the NYAC’s first headquarters. Roosevelt had been sickly and gaunt as a child, and his father encouraged him to “build his body” and expose himself to the rigors of exercise. His continuous exercise led to a long spell of good health, and a lifelong belief in the benefits of a rigorous lifestyle.

When Roosevelt became president, Donovan sparred with him in the White House on several occasions. He even attended a black tie gala at the White House in honor of the US armed forces as the President’s guest. Clearly, their time in the ring fostered a strong bond between the two. Of Roosevelt, Donovan once said that “The man is a born fighter…it’s in his blood” and suggested that, perhaps, the President had chosen the wrong profession.

Roosevelt eventually gave up sparring while he was in office, deeming it unbecoming of a sitting president. In a letter to Pierre de Coubertin, founder of the modern Olympic movement, Roosevelt explained why he decided to step out of the ring for good: “I do but little boxing because it seems rather absurd for a president to appear with a black eye or a swollen nose or a cut lip.” After one reported incident, his left eye’s retina was so badly damaged that he went blind in that eye. Government officials kept the story under wraps until Roosevelt had been out of office for several years, but even then it caused uproar.

Although he lost his favorite student, Donovan continued to instruct at the NYAC until his death. He passed away from pneumonia on March 24th, 1918 at the age of 70. In an obituary in the May, 1918 edition of The Winged Foot, Donovan was praised by his peers as “the greatest teacher the game has ever known.”

- Richard Koppenaal
It is gratifying to note how closely knit the New York Athletic Club has been throughout the years since its creation in 1868. All 100 listed here joined the Club no later than 1958; most far earlier. We thank them for their loyalty and wish them many more years of happy and healthful membership.
Celebrating 150 Years of Athletics Success

Held on Monday, November 12th, the 2018 All Sports Dinner paid special tribute to the Club’s top class athletes while also bringing to a close the NYAC’s year-long sesquicentennial celebrations.
The NYAC All Sports Dinner is among the most celebratory of events on the Club’s annual social calendar. To honor the successes of the Club’s top class athletes is entirely in keeping with the philosophy of “the world’s greatest athletic club,” and, as may be expected, the event is eagerly anticipated every year.

The 2018 All Sports Dinner, was an occasion prompting even greater anticipation than usual. In the first instance, it was the final event in the NYAC’s year-long sesquicentennial celebrations. As such, it would celebrate, not only our athletes’ accomplishments of the year just finished, it would also honor the enormous wealth of sporting success that the NYAC has accrued over the past century and a half. Anticipation was further heightened, however, by the announcement that the 2018 Guest of Honor would be Thomas Bach, president of the International Olympic Committee. While Mr Bach’s attendance was fitting for a club that is entrenched in the history of the Olympic movement, it was also no small coup given the complexity of his schedule.

The stars and the multifarious moving parts all fell into place, however, and the 150th Anniversary All Sports Dinner will long be recalled as a unique and memorable occasion. With four-time wrestling world champion Adeline Gray speaking on behalf of the NYAC’s athletes, and with sports legends such as Bob Beamon, Charlie Moore, Chris Mullen, Herb Douglas, Tony Azevedo, Jimmy Pedro, Heather Petri, Jason Morris and countless others in attendance, the scope of the NYAC’s athletic success and the scale of its commitment was in plain sight for Mr Bach to see - and his appreciation was similarly evident.

In the course of 150 years, many successful All Sports Dinners have been held at the City House. Fittingly, in this, the Club’s 150th year, there have been few to match this one. There could have been no more appropriate manner in which to conclude this year of unforgettable celebrations. - James J. O’Brien
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After a splendid showing at the ITU WTS Grand Final in Gold Coast, Australia in September, four NYAC athletes, Sarah True, Matt Chrabot, Kevin Collington and Kirsty Jahn, turned their focus to the Ironman World Championships in Kona, HI in October. Sarah True made her Ironman debut earlier this year in Frankfurt, Germany with a sizzling 9:05 finish, so all eyes were on her to see how she would fare on the grueling Kona course against the best in the world. Sarah closed with a blazing-fast 2:57 marathon to finish in 8:43, just off the podium in fourth place.
The Sarasota-Bradenton ITU Triathlon World Cup once again served as the USAT Elite national championship for triathlon and, once again, this event was raced as a duathlon due to poor water conditions. The run-bike-run format wound up playing to the strengths of two of our athletes, Renee Tomlin and Kirsten Kasper, with Renee running her way to the gold and Kirsten just behind for the silver. Renee continued her late season surge with a bronze medal two weeks later at the ITU World Cup Triathlon in Tongyeong, South Korea.

Our athletes continued excelling in the spectator-friendly and innovative multi-day Super League Triathlon series in October. Katie Zaferes and Kirsten Kasper took the gold and bronze in SLT Malta and then were part of a NYAC podium sweep a week later in Majorca, which included Taylor Spivey at the top of the podium with the overall win. Summer Cook took home the gold medal in the final ITU race of the season at the ITU World Cup Triathlon in Miyazaki, Japan. Lastly, Lindsey Jerdonek placed third at the Ironman 70.3 in Buenos Aires, Argentina but was DQ’d for a bike leg infraction.

- Matthew Giffuni

FINA Water Polo World Cup

From September 4th to 9th, the women’s US water polo team traveled to Surgut, Russia to compete in the 2018 Women’s FINA Water Polo World Cup. By defeating Russia 8-5 in the final, the US (including 10 NYAC members) won its third World Cup (2010, 2014, 2018), advancing the team’s renown after winning Olympic gold medals in 2016. Ashleigh Johnson was named the tournament’s top goalkeeper. Maggie Steffens was named Tournament MVP.

Two days later, at the FINA Men’s Water Polo World Cup in Berlin, Germany, nine NYAC water polo players competed. Lachlan Edwards and Blake Edwards represented Australia. McQuin Baron, Alex Bowen, Nic Carniglia, Max Irving, Alex Obert, Alex Roelse and Jesse Smith represented the United States. The World Cup began with a group stage before going into a bracket format.

In the group stage, Australia beat Japan and Germany and lost to Hungary by one point. After beating Croatia 9-8 in the quarter-final, Australia beat Germany in a shootout, three to two, earning a spot in the championship game against a tough Hungary team. Australia went into the second half down 2-4, keeping pace with the World Cup favorites. In the third quarter, Hungary scored four unanswered goals and, ultimately, won 10-4, meaning Australia took home a silver medal. In parallel, the US men lost to Croatia and Serbia and defeated South Africa 15-6. After losing 8-10 to Hungary in the quarter-finals, the USA beat Japan by one to qualify for the fifth place game. In a rematch against Croatia, the USA lost 10-7.

Water Polo Chairman Chris Judge commented: “We’re thrilled to have had 19 players competing for the top teams and representing the NYAC at the FINA World Cup. Decades of support from the Club’s membership has made our program a global brand.” - William Irvine
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Another Successful Year

On October 25th, the NYACKERS successfully completed the 107th year of organized golf at the NYAC. 2018 was a very exciting but challenging year. Mother Nature did not cooperate, forcing us to cancel four outings. While we were able to re-schedule three of them - Hudson National Golf Club, Whippoorwill and Metropolis - we could not find a date in the schedule for Rockaway Hunting Club.

As is our practice, we again rotated some courses in and out of our schedule. We dropped Nassau Country Club, Glen Head CC, Fairview and Preakness Hills, but added Alpine Country Club, Mountain Ridge, Fresh Meadow and Fenway Golf Club. And again, two of these outings, were sold out. We thank our members for their growing support.

While we are still working on the 2019 schedule, we will give Trump National-Bedminster, Metropolis and Preakness Hills a rest; and we are adding the Glen Oaks Club - home of the first round of the 2017 FedEx Cup playoffs - on September 19th; this is a real win for us. Other additions are still being negotiated.

On Thursday, October 18th, we held our annual NYACKERS Championship, called the President’s Cup, at Quaker Ridge Golf Club. Quaker Ridge was a new venue for our club championship. The weather was perfect and the course was in pristine condition.

This year, Robert Romanoff won the President’s Cup and is the 2018 NYACKERS Club champion. In addition, Peter Mozzone won the Vice-President’s Cup for best net score of 78 in a match of cards. Our congratulations to both champions.

On Thursday, October 22nd, the NYACKERS hosted a reception in the City House Hall of Fame. It was the first step in a new initiative to attract new members and those who are unable to attend our mid-week outings during spring, summer and early fall. The first evening event was held at Five Iron Golf on November 15th. Unfortunately, a sudden snow storm cut attendance. But, those who did attend enjoyed the use of a golf simulator, tips from the golf pros and some food and beverage. Feedback was very positive and we plan another simulator event in early 2019.

If you liked what you have just read, why not make the NYACKERS your golf club? Whether you already belong to a private club or not, NYACKERS membership makes sense. You only pay when you play; there is no obligation or pressure to play in or attend a certain number of events. Our 2019 schedule will soon be placed on the NYAC web pages, under NYACKERS, under the Intra Clubs tab.

If NYACKERS membership interests you, contact Haley Bien, Intra Clubs’ Coordinator, at (212) 767-7022 or haleyb@nyac.org. Even better, check us out on the NYAC web site. - Richard Cini

Triathlon Club

Members of the Triathlon Club had a busy month in September, beginning with one of the oldest triathlon events in the nation: the 37th Mighty Hamptons, which took place Sunday, September 9th. This Olympic distance triathlon (1.5K swim,
Jonathan Horowitz competed this year, finishing the course in 2 hours and 42 minutes to place seventh in his age group.

Over the last four years, the Travers Island Sprint Triathlon has established itself as a popular NYAC event that offers Club members an introduction to the sport as well as being a tune-up for more experienced triathletes who regularly compete in longer distance races.

For the past four years, Tri Club Vice President Maribeth Holland has directed the event, ably assisted by Vincent Morrow who, this year, provided signage for the course as well as very stylish 150-year anniversary NYAC long-sleeve T-shirts for the finishers. The segments for this event include a half-mile out-and-back swim from the Yacht Club dock, followed by a 10.5 mile bike ride on the roads between TI and Orchard Beach, ending with a three mile run within the TI grounds. Holland commented that she views the event as a way to bring the City House and TI closer together, while also encouraging participation among newer club members.

This year’s TI Tri took place on a sunny Sunday, September 16th; the 15 competitors jumped into warm waters off the dock to await the start of the swim just before 9am. An hour and six minutes later, after the annual Travers Island Triathlon, this year held on Sunday, September 16th, was a great success, with 15 participants accepting the challenge. By name, they were: Bill Boak, Denis Cranstoun, Bryan Cryder, Donato de Donato, Evan Foley, Simone Gentilini, Daniel Goggin, Maribeth Holland, Max Jaffe, Chris Kearns, Jason Metakis, Vincent Morrow, Hugh O’Reilly, Gene Reilly and Susan Sales.

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covering about 14 miles, Jason Metakis (who took the gold medal in the NYAC Indoor Triathlon back in February) made a final loop around the TI track to break the tape for first place. Bryan Cryder crossed three minutes later, followed just 25 seconds later by Maribeth Holland, who claimed first place among the women. New club member Max Jaffe was the third male finisher. Second and third place trophies for the women went to Susan Sales and Evan Foley, while the master’s division title went to Bill Boak.

The Tri Club gratefully acknowledges the essential support provided by Steven DiDio, TI Field House manager, along with assistance from staff members, Justine Walsh and Cathy Pizzano, as well as TI Waterfront Manager Tim Kerns.

On the following Sunday, September 23rd, eight Tri Club members journeyed to Rye for the annual Westchester Olympic Distance Triathlon. Finishers there included Maribeth Holland, Max Jaffe, Jamie McCallloch, Bryan Cryder, Hugh O’Reilly, Paul Lee, Tri Club president Bud Daley, and Donato de Donato. Maribeth had another success, winning her age group in a time of 2:50:50, which qualified her for a spot in the age group nationals next year.

On Sunday, September 30th, for the final New York area triathlon of the season, a few Tri Club members took their bikes and wetsuits east for the Mighty Man Montauk Sprint/Olympic distance/Half Ironman Triathlon. Maribeth noted that due to an algae outbreak, the organizers decided to change the swim course to choppier waters off Navy Beach, requiring dual transition areas; however, she was undeterred, again winning her age group and finishing as the fifth woman overall. Bud Daley competed in the Olympic distance, finishing 12th in his age group. - Bill Boak

Remembering Larry Klecatsky, Rowing Legend

It is with great sadness that we report the passing away on December 14th of NYAC rowing legend, Larry Klecatsky, at the age of 77. Larry was the most decorated US and NYAC rower of his time. He was elected to NYAC Hall of Fame in 1989 for his performance at the 1976 Olympics, his multiple world championships appearances (1980 silver medalist) and his Pan American Championship performances (silver medalist).

At the age of 44, Larry’s athletic talent and discipline earned him a spot on the US team, beating athletes half his age, where he missed a medal by tenths of a second. Larry also won more races at the prestigious Head of the Charles Regatta, Royal Canadian Henley and the US Championships than all other rowers in history. He was the foundation of NYAC rowing throughout the 70s and 80s, and his discipline was an inspiration to countless rowers. While he was respected as a fierce competitor, he was equally respected as an emergency medicine physician where he balanced his love of rowing and lifesaving medicine.

Larry’s dedication to rowing could only be surpassed by his devotion to his wife, children, grandchildren and friends. He will be deeply missed by all that knew him both on and off the water. - Rob Milam
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Rubio and Wendy Foster. Teams range from DI tennis players to beginners, so if you want to play in the weeknight league, e-mail NYACPT@gmail.com for more information.

The Vice Chair Wendy Foster and the women's paddle program are off to a great start. We have added a third NYAC team to the highly competitive MIPTL, playing Tuesday and Thursday mornings against other Westchester clubs. Team captains are Kelly Conners, Kathleen Hughes, Meg Bausano, Dawn Pintaro, Stephanie Anderson and Julia Ryan. For the first time in recent memory, women are playing in the Wednesday Night Westchester Paddle League, which provides flexibility for those who can’t play during the day. E-mail Wendy for more information on how to get involved with the ladies’ program at WendyFoster722@gmail.com.

We hosted a mixed tournament on December 2nd which was both competitive and fun, featuring great food from the TI chef. On December 7th, the women's holiday paddle social was the best one yet and our pro, Fernando Santos, dressed as Santa adding to the seasonal cheer.

Ladies’ clinics are held on Sundays from 11:30am until 1pm, and on Mondays from 7pm until 8:30pm. Men’s clinics are held on Sundays from 7:30am until 9:30am, and on Mondays from 8:30pm until 10pm.

More and more folks from NYC are coming up to join our monthly paddle socials (typically on Friday nights) and weekend scrambles play. To join our e-mail list simply write to NYACPT@gmail.com.

- Brian Woods

New Leadership

On November 13th, 2018, the Annual General Membership Meeting of the NYAC Yacht Club was held at the Yacht House at Travers Island. As is customary, a new Flag and Executive Committee was voted in for 2019. Congratulations to Commodore Joseph Taormina, Vice-Commodore Melissa Keene, Rear Commodore Daniel Molino, Fleet Captain Mark Gaffney, Treasurer James Pintauro and Secretary Alex Helfand. The new Executive Committee members are P. Christopher Cotronei, Kevin Madden, Christopher Dedona and David McCafferty.

Thanks to Mark Gaffney for providing some interesting history on one of our most notable sailing races. The Jackson Day Race was established at the Yacht Club in 1947, based on the gift of the widow of Commodore Harry Jackson, Mrs. Statier Jackson, to perpetuate his legacy as an NYAC Yachtsman. It was originally a day of racing for both power boats (predicted log races) and sailboats from Huckleberry Island to Lloyd Harbor and back, followed by a party for the participants. The prize originally was a replica of Jackson’s “Winged Victory” trophy that is part of the
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To download the Intra Clubs informational packet, please visit www.nyac.org.
trophy collection he donated to the NYAC upon his death in 1943.

While serving as NYAC Yacht Club Commodore in 1909, Jackson on his 39’ sailing sloop “Victory” won the prestigious Brooklyn Yacht Club Ocean Challenge Cup, the “blue ribbon of the sea for small sailboat ocean racing” of the era. He won this 285-nautical mile race from City Island to Martha’s Vineyard and back to Brooklyn Yacht Club, despite breaking off and standing by to aid a disabled competitor during the race. Upon his retirement from competitive sailboat racing, Jackson took up power boat racing. In 1919 and 1920, on his power boat “Victory II”, Jackson won the Power Boat Division of the Club’s Block Island Race and, in 1920, the American Power Boat Association Handicap Cruiser Championship of America. Jackson was instrumental in developing the rules for predicted log racing for power boats.

Jackson also served as an officer in the US Coast Guard Reserve during World Wars I and II. He directed instruction in Power Squadron courses during World War I, served as Chief Commander of the US Power Squadron in 1924-25 and was chief of inspection of Coast Guard Auxiliary vessels during World War II. Since his death in 1943 occurred while on active duty, Jackson is also remembered in the World War II Monument in the Lobby of the City House as one of the Club’s war casualties.

The format of the Jackson Day Race has evolved over time, but it remains an important annual event at the Yacht Club. From 1947 to her death about 20 years later, Mrs. Jackson personally awarded the trophies at the post-race party.

The dates for the NYAC Yacht Club Summer Rendezvous has been set for July 18th-21st, 2019 at Essex Island Marina in Essex, CT. In order for us to secure the main basin and pavillion, we are asking all interested members to reserve their positions between February 1st and April 1st.

Reservations can be made by using the app “Dockwa” or by going to www.dockwa.com. Approximately 20 boats can be accommodated in the main basin so be sure to get your reservation in early.

Please remember to post your 2018 season pictures and comments on our Facebook page. Search “NYAC Yacht Club” and request to join if you have not already done so.  - James Pintauro

Thanksgiving Basketball Tournament

With 24 participants, the competition was intense, but so was the camaraderie. When the smoke had cleared, victory had been claimed by (L to R) Charlie Decker, Ryan Buser, Dennis Kelleher, Stephen Dunn and Steven Abernathy. Congratulations to all who took part.
Dear fellow New York Athletic Club members, it is our privilege to represent you as the new Gymnasium Chairmen. Our mission is simple, to provide membership a best in class gymnasium experience. We feel that the New York Athletic Club has been, and will remain the premier athletic club in the world and our facilities and programs should be a reflection of that sentiment. We consistently deliver an outstanding product and maintain great pride in repeated demand for our facilities. We are committed to keeping the gymnasium facilities in line with current trends, while at the same time being respectful of NYAC traditions and diverse membership.

Our backgrounds cover a broad spectrum of activities utilized in the gymnasium. Thomas J. Kehoe is a third generation member of the NYAC. In his youth, he enjoyed participating in the Saturday Morning Program. For many years he competed as a member of the Club’s boxing team and he continues to volunteer his time to the Boxing Program. Presently, Tom is a member of the Membership Committee and is the president of the Boxing Intra Club.

Matthew Rader played football and baseball at Duke University and the University of Pennsylvania. He has represented the New York Athletic Club as a member of the rugby team and has been inducted into the Pennsylvania Sports Hall of Fame. He is currently a captain in the NYAC Basketball League and a member of the Athletics Steering Committee.

This upcoming year is very exciting for us as we prepare for the upgrade of our cardiovascular equipment. Our gym management team (Charles Metzger, Steven Graves, Ronald Morales and Riche Yao) did an extensive review of equipment usage and current market trends. They provided the Gymnasium Committee with a thorough recommendation plan which was passed by the Board of Governors in October.

We’d like to highlight a few areas of the upgrade. First, the main equipment vendor will be Technogym. Not only do they offer a comprehensive set of skill levels for training, but they have the technology to customize and track workout programs across multiple platforms. They are an industry leader, providing equipment for the PGA as well as the Olympics, and are excited to partner with the New York Athletic Club. In addition, for the first time we will have Peloton bikes in the cardio area for those wishing to spin in a virtual class.

This upgrade will cover a three year cycle and we expect delivery by early January. Stayed tuned for details about the ribbon cutting ceremony, as we are thrilled to showcase the new equipment. Both Technogym and NYAC staff will be present during peak hours for those members wishing to demo the new machines.

For future plans, we are working with gym management and the Athletic Department to offer training classes utilizing the new equipment. Whether you’re a novice or expert we envision a gymnasium environment where you will be able to achieve your goals and maximize the NYAC experience. Many thanks to the Gymnasium Committee members (Joseph Carballeira, Denis Fahy, Laura Finn, Cedric Jones, Matthew Lentz, Kathryn McGlinn, Casey Wagner, and Andrew Walsh) for their commitment to keeping the NYAC the best in class.

- Matthew Rader and Thomas Kehoe
Healthy Resolutions for a Healthy New Year

One of the mistakes we make in setting our New Year’s resolutions is that we set goals that are way too high, often setting us up for disappointment. Following are six realistic ways of achieving your goals.

1. Take Small Steps - Simply establishing a goal of leading a healthy lifestyle should make you feel good about yourself. To make that goal more attainable, come up with small goals you know you can meet each day to keep yourself feeling positive. If your goals are too large, you may feel disappointed when you do not see immediate results. Small behavior changes are easier to stick with than vague resolutions. Rather than, “I will exercise more” try “I will go for a walk on Tuesdays and Thursdays and work out in the gym Mondays and Wednesdays.” In this way you can feel a sense of accomplishment every day; and, if you miss a day, you can get right back on track rather than feeling like a failure.

2. Change for Yourself - Any goals that you set should come from a sincere desire to change for yourself. According to the American College of Sports Medicine, research shows that negative feelings are a frequent cause of relapse in behavioral-change programs, and resolutions that feel like punishment can spark those negative feelings. All resolutions should be perceived as positive changes that will help you to reach optimal health and well-being. Do not decide to change for anyone other than yourself. Resolutions are meant to be an opportunity to look forward in a positive way, rather than as punishment for past behaviors.

3. Be Creative - Perhaps you can find different ways to exercise while also accomplishing your goals. If weather permits, try walking to do errands that are within close proximity to your home/office. If your goal is to make friends, try taking classes where you will meet other people who share your same exercise interests.

4. Be Realistic - Be sure that your plan of action is realistic. Plan to work out at times that are convenient for you. If you are not a morning person, try not to schedule your workouts for too early in the morning, because this will set you up for failure. Try to make things as easy as possible for yourself. The only way your goal is going to become a reality is if you believe in it and, most of all, if you believe in yourself. It may help to reinforce your goal if you can find a healthy role-model who is living your goal. If they can do it, so can you.

5. Anticipate Roadblocks and Reward Yourself for Successes - If things like weather and illness are preventing you from sticking to your plan, make alternate plans for those situations that you cannot avoid. Do not let a missed day or two throw you completely off your target. Instead, do your best to get back on track as quickly as possible, which should not be difficult if you set appropriate goals.

6. Build a Support System - Get the support of your friends, family and co-workers. Hire a trainer to lead you down the correct path towards your fitness goals. It is of the utmost importance to surround yourself with people who care about you and who want to see you achieve your goals and be happy.

Keep in mind that a well-thought out resolution is a useful tool in helping you live your life the best way possible.

- Chuck Metzger
The Club’s professional staff has all the knowledge and insight to keep you on track, help you reach your fitness goals and design a program tailored specifically to your objectives.

To learn more and to book your personal training sessions, please send an e-mail to ChuckM@nyac.org.
The 2018-19 Interclub Bridge League season is off and running and, once again, NYAC players and teams have turned in outstanding results in the early going. At the season’s kick-off game in September at the Harmonie Club, Sam Guzzardo and Jay Bock, the North/South players on the NYAC’s Red Team, finished in second place with a 60.4% game. In October at the Regency-Whist Club, it was the Red Team’s East/West pair, Michael McPherson and Amy Treitel, who scored an impressive 59.7% game. In November, at the game held at the Union Club, Shelley and Barry Adelman registered a spectacular 69.1% game, which was good for first place among East/West pairs, as well as first place overall. Additionally at the Union game, Connie Lawler and Don Judd scored an excellent 58.9% game, which ranked as second place among North/South pairs and was only one match point behind the winning N/S pair.

The Bridge Club welcomes any NYAC member who is an experienced Duplicate Bridge player to join us in the fun of competing against other New York City clubs in the Interclub League. Interclub games are an enjoyable and competitive evening of bridge played at top clubs in the city. If you are interested, e-mail Connie Lawler at Lawlerconnie@aol.com. For those NYAC members interested in a more relaxed, social bridge setting, contact Nancy Ticktin (nnctick-
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232 East 35th St 20x100 elevatored 5 fls, 8,240 sf+2,163 sf FAR - “1 fam – office mixed-use & club CO” – 9/15/45 B/L, taxes c4, R8B - Garage, communications, HVAC, gyms, terraces, 5 baths, 6 baths, 4 FPs, 600 amps: well built & maintained – Low expenses – move-in-now: Murray Hill amenities & conveniences – 10/1/38 Zestimated $6,832,826.
Dorna & Bill Hill, owners-builders, NYAC Life – (212) 849-7077
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PODIATRIST

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121 E. 60th Street (Park and Lexington)
New York, NY 10021
Tel: (212) 733-0938

PRIVATE INVESTIGATOR

FRANCIS X. GRAY LLC – FRANK GRAY
256 West 31th, 5th floor NY 10018
F.X.Grey@att.net
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Clinical Psychologist and Psychoanalyst
Treatment for Posttraumatic Stress Disorder.
Oxford Health Care Provider.
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www.hammer-ps.com
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SentinelInc.com
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SOTHEBY'S INTERNATIONAL REALTY – NYAC Member
Robert Buser

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Dr. Michelle Copeland Skin Care, a revolutionary prescriptive approach to skin care developed by renowned New York plastic surgeon, Dr. Michelle Copeland. For more information visit drcopelandskincare.com
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www.genetelli.com
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Richard Genetelli, NYAC Member
Fax: (212) 213-1020

UPHOLSTERY

WINDSOFT, INC.
355 Lexington Ave. New York, NY 10017
Boutique commercial real estate
Representing tenants in office space transactions

VACATIONS

TURKS AND CAICOS CARIBBEAN
Club member home on private 1/4 mile beach on North Caicos
3 beds, 3 baths, small pool
$7,900 weekly / $27,500 monthly
(508) 776-0001 (508) 991-8000 x101
Sean@McCoysUpholstery.com

WINE SERVICES

Barterhouse – Fine Wine Services
Wine cellar curation and consultation
Plan your next wine or charity event.
www.barterhouse.com
Tel: (212) 787-2274

Advertise your business in the NYAC Members’ Directory.
You can find information and rates at www.nyac.org. Or contact Carrie Stevens at CarrieS@nyac.org.
The City House

LOBBY COMMUNICATIONS CENTER

The Lobby Communications Center offers everything you need while away from your office.

- Private meeting rooms that can comfortably accommodate up to 10 people
- Printing
- Copying
- Faxing
- Scanning
- Computer stations
- Work stations
- Private telephone booths
- Complimentary newspapers
- Tea and Coffee

Concierge Services

- Theater and show tickets
- Dining reservations
- Car service
- FedEx flat rate shipping
- Directions
- City tour guides
- Bike rentals
- Club information

For more information, please call (212) 767-7195 or e-mail larryyl@nyac.org.
YOU ARE CORDIALLY INVITED to the

President’s Ball

A CELEBRATION HONORING JAMES RAFFERTY AND THE OFFICERS AND GOVERNORS OF THE NEW YORK ATHLETIC CLUB

Saturday, January 26th, 2019

A GALA RECEPTION ON THE 9TH FLOOR IN THE GRAND TRADITION OF THE EVENING FOLLOWED BY A PLEASINGLY APPOINTED SIT DOWN DINNER IN THE MAIN DINING ROOM WITH DANCING

BLACK TIE

City House | 6:30pm Reception | 8pm Dinner

$165 PER PERSON, PLUS TAX AND GRATUITY

FOR RESERVATIONS, PLEASE CALL (212) 767-7009 OR E-MAIL CHERYL.M@NYAC.ORG
CANCELLATIONS MUST BE MADE NO LATER THAN WEDNESDAY, JANUARY 23RD.

MAKE THE WEEKEND EXTRA SPECIAL

President’s Ball Overnight Package | $650

Enjoy the social event of the season, then retire to one of the Club’s beautiful overnight guest rooms. Package includes two tickets to the Ball, queen-sized room, welcome amenity, turn-down service and President’s Sunday Brunch.
Irish Breakfast at TI

**Sunday, January 6th  11am**

Come to Travers Island and enjoy a traditional Irish breakfast buffet in the Ballroom. Plus - Irish step dancers and traditional Gaelic music.

$36 per adult; $16 per child 12 and under, plus tax and gratuity. For more information and to make reservations, please call (914) 738-2700 x1280 or e-mail TiDining@nyac.org.

Prospective Members’ Reception

**Wednesday, January 16th  6pm**

Invite your candidate to our next Prospective Members’ Reception and let them discover the benefits of membership in the world’s greatest athletic club. Tour the City House, meet current members and enjoy drinks in the Hall of Fame. Reservations are required. To make a reservation for you and your prospective member, please call (212) 767-7025, e-mail MembershipServices@nyac.org or visit www.nyac.org.

The President’s Ball

**Saturday, January 26th  6:30pm**

Join your fellow members for an elegant celebration honoring James Rafferty and the Officers and Governors of the New York Athletic Club. Enjoy a black tie gala reception on the 9th floor, followed by a pleasingly appointed sit down dinner in the Main Dining Room with dancing. $165 per person, plus tax and gratuity. For more information and to make reservations, please call (212) 767-7009 or e-mail CherylM@nyac.org.

Personal Training

The Club’s professional fitness trainers can help you achieve your fitness goals in the new year. To book sessions at the City House, please call (212) 767-7342 or e-mail ChuckM@nyac.org. For sessions at Ti, please call (914) 740-1104 or e-mail StevenD@nyac.org.

Super Bowl Party at TI

**Sunday, February 3rd  5:30pm**

Don’t miss a sensational Super Bowl Party in the TI Ballroom! Bring your family and friends and watch the big game with your fellow members. There will be beer on tap and all of your favorite pub fare including wings, carving stations, a hot dog cart, plus chips, dip and more. $46 per adult; $16 per child 12 and under, plus tax and gratuity. For more information and to make reservations, please call (914) 738-2700 or e-mail TiDining@nyac.org.

Book Your Stay On-Line

Whether you visit the Big Apple for work or pleasure, the City House is ready to welcome you. Members can make guest room reservations on-line. For more information, please call (212) 767-7135 or e-mail reservation@nyac.org.

Advertise your Business

There’s no better way to promote your business than through the pages of the NYAC’s magazine. Each month, *The Winged Foot* is mailed to NYAC members and our worldwide network of reciprocal clubs. For more information and ad rates, e-mail CarrieS@nyac.org.

**NYAC Gift Certificates**

Surprise your relatives, friends or business associates with a gift certificate to stay at the NYAC. Call (212) 767-7009 and a personalized gift certificate will be prepared for the room type of your choice.
# NYAC Calendar

## January/February 2019

### January

#### Tuesday 1st
- **New Year’s Day Brunch in the MDR** - 10:30am-2:30pm
- **Badminton** - Gymnasium, 6:30pm-9:30pm
- **Handball Killers** - 21st floor, 4pm-8pm
- **Wrestling Club** - Open Mat Session, 7pm-9pm

#### Wednesday 2nd
- **Backgammon** - Billiards Room, 7:30pm
- **Boxing Workout** - Boxing Room, 5:30pm-8pm
- **Bridge Club** - Committee Room, 2pm-5pm
- **Chess Club** - Olympic Suites I-III, 6pm-9pm
- **Judo Workout** - Judo Room, 7th floor, 6:30pm-8:30pm
- **Racquetball Club** - 21st floor, 6pm-8:30pm
- **Runners’ Club** - Central Park Run, 58th St. Ent., 6:30pm
- **Table Tennis** - Gymnasium, 7pm-9:30pm

#### Thursday 3rd
- **American Legion** - Thirsty Thursday, 6pm-8pm
- **Backgammon** - Billiards Room, 7:30pm
- **Badminton** - Gymnasium, 6:30pm-9:30pm
- **Bridge Club** - Committee Room, 2pm-5pm
- **Handball Killers** - 21st floor, 4pm-8pm
- **Wrestling Club** - Open Mat Session, 7pm-9pm

#### Friday 4th
- **Boxing Sparring Session** - Boxing Room, 5pm-7pm

#### Sunday 6th
- **Irish Breakfast at TI** - Ballroom, 11am-3pm
- **Trapshooters** - Shooting at Willow Wood Gun Club, 10am

#### Monday 7th
- **Boxing Workout** - Boxing Room, 5:30pm-8pm
- **Judo Workout** - Judo Room, 7th floor, 6:30pm-8:30pm
- **Knights of the Green Table** - Clinic, Billiards Room, 7pm
- **Racquetball Club** - 21st floor, 6pm-8:30pm

#### Tuesday 8th
- **Annual Meeting** - 9th floor, 6pm
- **Badminton** - Gymnasium, 6:30pm-9:30pm
- **Handball Killers** - 21st floor, 4pm-8pm
- **Wrestling Club** - Open Mat Session, 7pm-9pm

#### Wednesday 9th
- **Backgammon** - Billiards Room, 7:30pm
- **Boxing Workout** - Boxing Room, 5:30pm-8pm
- **Bridge Club** - Committee Room, 2pm-5pm
- **Chess Club** - Olympic Suites I-III, 6pm-9pm

### February

#### Thursday 10th
- **American Legion** - Thirsty Thursday, 6pm-8pm
- **Backgammon** - Billiards Room, 7:30pm
- **Badminton** - Gymnasium, 6:30pm-9:30pm
- **Bridge Club** - Committee Room, 2pm-5pm
- **Handball Killers** - 21st floor, 4pm-8pm
- **Knights of the Green Table** - Eight-Ball Championship, Billiards Room, 10th floor, 6pm
- **QCC** - Regular monthly collation, 10th floor, 6pm
- **Wrestling Club** - Open Mat Session, 7pm-9pm

#### Friday 11th
- **Boxing Sparring Session** - Boxing Room, 5pm-7pm

#### Saturday 12th
- **Saturday Morning Parents’ Club** - Breakfast Meeting, Gold Room, MDR, 9:15am

#### Sunday 13th
- **Theatre Club** - “The Cher Show,” Neil Simon Theatre, 3pm

#### Monday 14th
- **Ballroom Dance Club** - Waltz, President’s Room, 10th floor, 6:30pm-8pm
- **Boxing Workout** - Boxing Room, 5:30pm-8pm
- **Judo Workout** - Judo Room, 7th floor, 6:30pm-8:30pm
- **Knights of the Green Table** - Clinic, Billiards Room, 7pm
- **Racquetball Club** - 21st floor, 6pm-8:30pm

#### Tuesday 15th
- **Badminton** - Gymnasium, 6:30pm-9:30pm
- **Handball Killers** - 21st floor, 4pm-8pm
- **Wrestling Club** - Open Mat Session, 7pm-9pm

#### Wednesday 16th
- **Backgammon** - Billiards Room, 7:30pm
- **Boxing Workout** - Boxing Room, 5:30pm-8pm
- **Bridge Club** - Committee Room, 2pm-5pm
- **Chess Club** - Olympic Suites I-III, 6pm-9pm
- **Judo Workout** - Judo Room, 7th floor, 6:30pm-8:30pm
- **Prospective Members’ Reception** - City House, 6pm
- **Racquetball Club** - 21st floor, 6pm-8:30pm
- **Runners’ Club** - Central Park Run, 58th St. Ent., 6:30pm
- **Table Tennis** - Gymnasium, 7pm-9:30pm
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<th>Date</th>
<th>Event</th>
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<td>Thursday 17th</td>
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<td>Handball Killers - Meeting, 4th floor Gallery, 6pm</td>
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<td>Knights of the Bath - Meeting, 4th floor Gallery, 6pm</td>
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<td>Wrestling Club - Open Mat Session, 7pm-9pm</td>
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<td>Friday 18th</td>
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<td>Saturday 19th</td>
<td>Saturday Morning Parents’ Club - Coffee Meeting, 4th floor Gallery</td>
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<td>Monday 21st</td>
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<td>Friday 25th</td>
<td>Boxing Sparring Session - Boxing Room, 5pm-7pm</td>
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<td>Saturday 26th</td>
<td>The President’s Ball - City House, 6:30pm</td>
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<td>Sunday 27th</td>
<td>Trapshooters - Shooting at Willow Wood Gun Club, 10am</td>
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<td>Monday 28th</td>
<td>Ballroom Dance Club - Waltz, President’s Room, 10th floor, 6:30pm-8pm</td>
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<td>New Century Club - Reception, 11th floor, 7pm</td>
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<td>Wrestling Club - Open Mat Session, 7pm-9pm</td>
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<td>Backgammon - Billiards Room, 7:30pm</td>
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<td>February</td>
<td>Friday 1st</td>
<td>Boxing Sparring Session - Boxing Room, 5pm-7pm</td>
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<td>Roaring 20s Party at the City House - 9th floor, 6:30pm-10pm</td>
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<td>Sunday 3rd</td>
<td>Adult Swim Clinic - 8am-9am</td>
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<td>Super Bowl in the Tap Room - 5:30pm</td>
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<td>Super Bowl at Travers Island - Ballroom, 5:30pm</td>
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<td>Monday 4th</td>
<td>Boxing Workout - Boxing Room, 5:30pm-8pm</td>
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<td>Badminton - Gymnasium, 6:30pm-9:30pm</td>
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For more details of all that is happening at the NYAC, go to www.nyac.org.
NYAC Facilities Directory

Aquatics Center - 3rd Floor  (212) 247-5100 x7353/5
Monday - Friday  5am - 8:45pm
Saturday  7am - 6:45pm
Sunday  8am - 5:45pm
Please note: the Aquatics Center is closed until January 14th

Billiards Room - 10th Floor
Monday - Friday  3:30pm - 11pm

Boxing Room - 7th Floor
Monday - Thursday  5am - 10pm
Friday  5am - 9pm
Saturday  7am - 8pm
Sunday  8am - 6:30pm
Boxing team training:
Monday, Wednesday & Friday  5:30pm - 8pm
Saturday  12pm - 2pm

Committee Room - 2nd floor (Card and board games)
Monday - Friday  2pm - 10pm

Communications Center Lobby (212) 767-7195
Open daily: 7am to 11pm
Attendant on duty Monday - Friday  8am - 7pm
Saturday & Sunday  9am - 4pm

Fitness & Wellness Center - 4th Floor  (212) 767-7110/1
Monday- Thursday  6am - 9pm
Friday  6am - 8pm
Saturday  8am - 6pm
Sunday  9am - 6pm

Gift Shop (Lobby)  (212) 767-7138
Monday - Friday  10am - 6pm

Gymnasium - 6th Floor (212) 247-5100 x7342
Monday - Thursday  5am - 10pm
Friday  5am - 9pm
Saturday  7am - 8pm
Sunday  8am - 6:30pm

Handball/Racquetball - 21st Floor  (212) 767-7145
Monday - Friday  9:30am - 8pm
Saturday  8am - 8pm
Sunday  9am - 7pm
Attendant on Duty: Tues, Wed & Thurs

Library - 9th Floor
Monday - Saturday  8am - 11pm
Sunday  9am - 7pm

Ladies' Locker Suite, 4th Floor
(212) 247-5100 x7343; Lounge x7341
Same hours as Men's Locker Floor (below)

Men's Locker Floor, 5th Floor
(212) 247-5100, Cage x7345; Sport Shop x7349
Monday - Thursday  5am - 10:30pm
Friday  5am - 9:30am
Saturday  7am - 8:30pm
Sunday  8am - 7pm

Squash Courts - 7th Floor  (212) 767-7105/6
Monday - Friday  6am - 9:30pm
Saturday & Sunday  9am - 6pm

Restaurant Services

City House
Main Dining Room -  (212) 767-7080
Breakfast
  Monday - Friday, 7am - 10:30am
  Saturday & Sunday, 7:30am - 10:30am
Dinner
  Wednesday - Saturday, 5:30pm - 9:30pm
Brunch
  Sunday, 11:30am - 2:30pm
Lounge/Bar Service
  Wednesday - Saturday, 5pm - 11pm
  Sunday, 11:30am - 3pm
Tap Room  (212) 767-7166
Afternoon and Evening Dining
  Monday - Friday, 12pm - 9:30pm
  Saturday, 12pm - 2:30pm
Bar
  Monday - Friday, 12pm - 12am
  Saturday & Sunday 12pm - 8pm
Room Service & Private Dining (Ext. 7310):
Breakfast
  Monday - Friday, 7am - 10:30am
  Saturday & Sunday, 7:30am - 10:30am
All Day Dining
  Monday - Friday, 12pm - 9pm
  Saturday, 12pm - 2:30pm
  Sunday, 12pm - 2:30pm
Cocktail Lounge: Tuesday - Saturday, 5pm - 12am

Travers Island

Founders' Grille:
Lunch
  Saturday, 12pm - 3pm
Dinner
  Friday and Saturday, 5:30pm - 9:30pm
  Sunday, 5:30pm - 8:30pm
Brunch
  Sunday, 11am - 2:30pm

Founders' Bar:
  Friday, 5pm - 12am
  Saturday, 12pm - 12am
  Sunday, 12pm - 10pm

Yacht Club
Office & Waterfront:
  Monday - Friday, 7:30am - 4pm

Travers Island Field House  (914) 740-1104
  Monday - Friday, 5:30am - 9pm
  Saturday & Sunday, 6am - 6pm