NYAC Hall of Fame Banquet
Quarter Century Club Dinner
Two Celebratory Evenings in Honor of the Club’s Most Accomplished Members
Enjoy summer in the BIG APPLE. Stay at the City House any day in July and receive special rates, starting at $175 per night.

For more information and to make guest room reservations, please call (212) 767-7135, (800) 699-3293, or e-mail Reservation@nyac.org
Do you have a fur sitting in the back of your closet? Consider updating or restyling your fur into a travel jacket or rainwear.
Sponsor a candidate for Resident membership and the Club will credit your account in the amount of $1,500, applied in $500 increments over three years.

Sponsor a candidate for Associate membership (21 and older) and the Club will credit your account in the amount of $750, applied in $250 increments over three years.

Splurge on a membership to the Fitness & Wellness Center, enjoy a weekend at the City House, or even apply it to dues. The choice is yours.

For details please call Membership Services at (212) 767-7025.

Please consult your tax advisor about the taxability of the membership incentive credit. Spousal initiation fee must be paid if the primary member resigns within a 12 month period of the spousal election.
13 The Quarter Century Club Dinner
Honoring the NYAC’s Athlete of the Year, Member of the Year and our longest standing members

20 2015 NYAC Hall of Fame Banquet
A gala evening honoring six of the NYAC’s most accomplished members.

THE WINGED FOOT
Vol. 134, No 6  June 2015

The aim and policy of THE WINGED FOOT is to present information about the varied activities of NYAC sports and amateur athletics and other topics of general interest to members and their families. THE WINGED FOOT (ISSN 0043-5856) is published monthly by the New York Athletic Club, Dominic Bruzzese, President; James B. Rafferty, Vice President; Richard Tashjian, Secretary. Forms close 10th of preceding month. Periodical rate postage paid at New York, NY. Subscription price, $42 per year. Publication Identification #686-500. Postmaster - send notifications of changes of address to Membership Services Office, New York Athletic Club, 180 Central Park South, New York, NY 10019.

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Hall of Fame Heroes

The NYAC Hall of Fame is an institution unlike any other. As the highest honor that the Club can bestow, its members carry a unique hallmark of excellence. Recent inductee Tim Seaman commented that he took special gratification in every new US race walking title that he won, as he knew that each one brought him closer to induction into the NYAC Hall of Fame.

While athletic excellence wearing the winged foot is certainly the most direct route to joining this elite group, it is not the only route. John Philip Sousa, for example, was inducted in 1993. If you haven’t heard of him, you’ve certainly heard his compositions. Sousa, a former Marine, was known as the American March King, a nickname acquired due to the many inspiring military marches that he composed in the early 1900s, many of which are still played widely and often today. “Semper Fidelis” is a Sousa composition, as is “Stars and Stripes Forever.”

Lincoln Ellsworth is another Hall of Fame member whose name may be unfamiliar but whose exploits are world renowned. It was Ellsworth’s father who funded Roald Amundsen’s attempt to fly to the North Pole in 1925. One year later, Ellsworth went along, too. On May 12th, 1926, Ellsworth and Amundsen recorded the first undisputed sighting of the Geographic North Pole. Ellsworth also made four expeditions to Antarctica. On one occasion, he and a companion were stranded for two months with no means of communication before being rescued by a British recovery ship. The Ellsworth Mountains, Lake Ellsworth and Mount Ellsworth are all named for the NYAC man. An issue of The Winged Foot from that time carries a photograph of Ellsworth in Antarctica raising the NYAC flag alongside the Stars and Stripes.

Sousa and Ellsworth are just two whose extraordinary exploits warranted induction into the Club’s Hall of Fame alongside Olympic legends such as Bruce Baumgartner, Al Oerter, Ray Ewry and Horace Ashenfelter. What they have in common is a commitment to excellence and to the New York Athletic Club that enabled them to reach heights of accomplishments of which mortals only dream.

The 2015 NYAC Hall of Fame Banquet was held on April 18th, the six inductees - Setrak Agonian, Tim Seaman, Sam Felton, Rick Pitino, Tony Azevedo and Sonny Greenhalgh - being united in their diverse achievements by a common thread: their undying commitment to excellence.

Coverage of the Hall of Fame Banquet begins on page 20 of this issue. As you will see, it was an unforgettable evening in which one overriding message was clear: there are many different paths to great accomplishment and it’s not always easy; but the rewards are always worth it. Ad astra per aspera. To the stars through adversity.

NYAC GARAGES - Special Notice

Following are parking garages at which your membership card will be honored.

200 Central Park South: Enter on 58th St. between Broadway and 7th Avenue and on Central Park South between 7th Ave and Broadway.

Icon Parking, 888 7th Ave. Enter on 56th Street, between Broadway and 7th Ave, on the north side of the street. Or enter on 7th Ave. between 56th St. and 57th St.

Quik Park, 125 58th Street: Between 6th Avenue and 7th Avenue.

NB: These garages are not owned or managed by the NYAC.

Photo Credit: New Balance Athletic Shoe, Inc.
SMOOTH JUST GOT FAST.

LET'S MAKE EXCELLENT HAPPEN.

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NATIONAL CHAMPION
IN THE FRESH FOAM ZANTE

newbalance.com/freshfoam
Guest Speaker
Kenneth Langone
Co-founder of The Home Depot and noted businessman

Tuesday, June 16th
City House, Main Dining Room

5:45pm – Cocktails and hors d’oeuvres
6:30pm – Program

Dress Code
Gentlemen: A jacket and collared shirt are required.
Ladies: Comparable business attire

For information and reservations, please call Carol Sofia at (212) 767-7008 or e-mail carols@nyac.org

Please note: there will be no refunds for cancellations made less than 48 hours prior to the event

$49 per person, plus tax and gratuity
Athletics and Intra Clubs

Robert Valdes-Rodriguez, Athletic Chairman  •  Jonathan Wells, Intra Clubs Chairman

On the Road to Rio

Winning world and national championships has been in our DNA since 1868. As the NYAC’s Chairman of Athletics, I work closely with our Captain, Tommy Lynch, overseeing all of the Club’s athletic activities and helping to continue our winning tradition. In my 25th year as an NYAC member, I feel lucky to be in a role where our actions help our athletes achieve their potential.

It is important to note that none of our athletic successes would be achieved without the leadership, energy and commitment of our Athletic Chairpersons, most of whom are members of the Athletic Committee: Michael Aufrichtig (Fencing), Kristin Babato and Ralph Papille (Billiards), Ross Burns (Basketball), Curt Clausen and John Hricay (Track & Field), Richard Cini (Golf), Elia Clemente (Tennis), Joe Donavan (Boxing), John Duggan (Handball), Brian Edmonds (Lacrosse), Howard Estock (Cycling), Thomas Fitzgerald (Team Handball), Dave Foxen (Wrestling), Richard Garbarino (SMP), Tom Gleason (Swimming), Christopher Judge (Water Polo), Rob Milam (Rowing), Peter Rhys (Soccer), Kipp Sylvester (Squash), Owen Tunney (Judo), Ted Vaccaro (Rugby), Bouker Poole (Triathlon). Together, they work closely with our Athletic Department to recruit athletes, manage team rosters, interact with leagues and sports federations, lead training sessions and organize competition schedules.

So, how are we looking on the Road to Rio 2016? Even though we are not even halfway through the year, the NYAC is well on its way with national championships and world championships team members in boxing, fencing, track and field, swimming, squash and triathlon. With over a dozen of our sports teams competing in national competitions this year, we look forward to a very lively All Sports Dinner in November.

Our Saturday Morning Program, led by Rich Garbarino at the City House and Travers Island, continues to be the training ground for our young athletes (ages seven to 16), where they experience the fun of athletics while learning team work from many of our elite athletes and Olympians. In addition to the SMP, we have developed junior programs in basketball, fencing, sailing, soccer, squash, swimming, tennis and water polo, where our young athletes receive a high level of technical instruction and exposure to competition.

We don’t stop at our athletic performance; the athletic department works with the Club’s management and staff to provide our members with state-of-the-art athletic facilities. At Travers Island, we are planning for new fitness and athletic facilities. At the City House, we are planning on a renovation of the men’s locker rooms on 6M and an increase in the number of lockers available to our female members. In our Aquatics Center, we are looking to replace our hot tubs, add new therapy and treatment rooms and undertake a full regrouting of the pool and deck.

I would like to thank our Athletic Office, led by Cedric Jones, for its hard work in organizing and managing all aspects of our athletic teams, facilities and Club events. Cedric is surrounded by a wonderful team: John Rollins manages Elite Sports and Club Events; Laura Finn manages Sports Information and Junior Programs; Wendy Smario, Dan Smith and Natalie Wood. I also would like to thank Intra Clubs Coordinator Liana Iglesias for her fantastic work in keeping all of the clubs running smoothly. (If you have an idea for a new Intra Club, please do not hesitate to contact Liana). Additional thanks are in order to Roger Simon, General Manager; Ed Napolitano, Director of Finance and Administration; Carolyn Gleason, Director of Membership; and Lisa Hollman, Director of Catering and Special Events. Finally, I would like to say what a privilege it is to serve on the Board of Governors and I look forward to working for you with all of the talented and extremely dedicated volunteer Board members and Officers of the NYAC. - Robert Valdes-Rodriguez

Intra Clubs - Our Lifeblood

Where punt, pass and kick. We shoot, throw and score. We dive, fish and skate. We read, tango and play snooker. One might reasonably ask, who does all that? The answer, of course, is the Intra Clubs of the New York Athletic Club, and I am honored to be the chairman of the committee responsible for all 48 of them.

Members are the backbone of our club. They are what make it the greatest private club in the world; but, it also may be said that the Intra Clubs are the lifeblood of the members. In fact, the Intra Clubs are so vital to our history and traditions that I was asked to serve on the Membership Committee under Chairman and fellow Board member, James Mercante.

Whether it is a boxing class on the 7th floor of the City House, a visit to a nearby museum, tennis at Travers Island, a swimming clinic in our Aquatic Center, a bicycle tour of Brooklyn, or simply reading the latest best seller, Intra Clubs provide the foundation for lifelong friendships and camaraderie.

When I first became a member of the NYAC, I remember looking through the list of Intra Clubs and thinking how difficult it was going to be to decide which clubs not to join.

By the time you read this, you will have enjoyed the annual Intra Clubs’ Expo, which was held in April and located, for the first time, in the sixth floor gymnasium. I hope you were able to see first hand what the NYAC has to offer to its members. It would be close to impossible to list all of the events organized by our volunteer officers and Intra Club members, but suffice it to say, I might need this entire issue. If you would like information about any Intra Club, please do not hesitate to contact the Membership Services Office.

As with everything at our club, it is rarely a one-person effort. That is certainly true with Intra Clubs. I would like to take this time to thank past chair Robert Valdez-Rodriguez (our current Athletic Chairman) for his insight and support, as well as Intra Clubs Committee members Gaetana Capozzo, Richard Cini, Maureen Daly, Anthony La Sala, Adair Lentini, Marissa Lentini, Ed Mackasek, Phil Moor, Brian Purcell, Tom Smario, Dan Smith and Natalie Wood. I also would like to thank Intra Clubs Coordinator Liana Iglesias for her fantastic work in keeping all of the clubs running smoothly. (If you have an idea for a new Intra Club, please do not hesitate to contact Liana). Additional thanks are in order to Roger Simon, General Manager; Ed Napolitano, Director of Finance and Administration; Carolyn Gleason, Director of Membership; and Lisa Hollman, Director of Catering and Special Events. Finally, I would like to say what a privilege it is to serve on the Board of Governors and I look forward to working for you with all of the talented and extremely dedicated volunteer Board members and Officers of the NYAC. - Jonathan Wells
SATURDAY MORNING PROGRAM
at TRAVERS ISLAND

JUNE 27TH THRU AUGUST 22ND
TRAVERS ISLAND • 8:30AM TO 11:30AM
Ages 7-16

The NYAC’s Saturday Morning Program is open to all NYAC members’ sons and daughters. The program is designed to provide basic through advanced instruction, under the tutelage of coaches in:

TEAM HANDBALL PHYSICAL FITNESS BASKETBALL
GYMNASTICS LACROSSE SOCCER TRACK AND FIELD RUGBY

While the Saturday Morning Program may nurture a future Olympian or gifted athlete, its primary purpose is to engender an appreciation and enjoyment of athletics, teamwork, social skills and sportsmanship.

SMP Boys and Girls must comply with the NYAC’s Dress Code in all social areas of Travers Island.

2015 SATURDAY MORNING PROGRAM AT TRAVERS ISLAND – ENROLLMENT FORM

Child’s Full Name ____________________________
Date of Birth (month/day/year) _______ / _______ / _______  Age ______ Male □ Female □
Member’s name ____________________________
Address ______________________________________
Apartment number __________ City ____________________ State ____________ Zip ____________
Telephone: Home ____________________________ Office ____________________________
E-mail Address ______________________________

Audit # ______________ Date ______________
Signed ________________________________

Emergency Contact Information
In case of emergency please notify the following:

Name ________________________________
Contact Number __________________________

Name ________________________________
Contact Number __________________________

Note: Parents are automatically enrolled in the Saturday Morning Parents’ Club for a seasonal fee of $25.

A completed SMP application and consent form are required prior to the child participating in the program. To register go to www.nyac.org and click on Travers Island Junior Programs. For more information, please contact Wendy Want at (212) 767-7094 or e-mail her at wendyw@nyac.org.
As the Saturday Morning Program’s fall and winter sessions wound down during the cold month of March, the SMP girls and boys were fortunate to enjoy two very special events during the closing weeks. On March 7th many of the Saturday Morning children and their parents enjoyed the annual SMP child/parent eight-ball tournament in the NYAC’s incredible Billiards Room. On the following Saturday, everyone involved with the 2014-2015 Program enjoyed the outstanding Saturday Morning Program Annual Awards Luncheon to close out and celebrate the very successful 119th season.

The SMP eight-ball tournament was preceded by a full morning of exercise and training in many of the Club’s most popular Olympic sports. Following the closing assembly and the highly competitive tug of war (won, again, by the girls) in the gymnasium, the SMP children changed into their Sunday best and made their way up to the Billiards Room to register, be assigned tables and matched with opponents for the opening round of the competition.

Thanks to the terrific organization by Ralph Papile and our host Ahmed El Sayed, everything was ready and prepared for the parents and the SMP children. There was an abundant buffet for everyone to enjoy consisting of fresh fruit, appetizers, chicken tenders, hamburgers, hot dogs, cold and hot beverages and all the trimmings. After lunch was finished, Ralph organized all the players and teams into their brackets and the competition began.

The tournament had a few special rules to facilitate play by younger children and a few less experienced parents. It was a single elimination competition; so, when a team lost they were eliminated, the winning team proceeding to the next level, playing in the second and subsequent rounds.

Following four hours of intense, but always friendly, competition the winners were Joanne (mother) and Lucas (son) Borini. Incredibly, they defeated Tom and Tommy Irwin in a game that concluded with just the eight ball on the table. Joanne, who hadn’t played since college, made several key shots throughout the tournament and, at the end, sank the eight ball to give her team the victory.

Ten teams from the Saturday Morning Program participated in the tournament, making for a fun and exciting afternoon. Even after losing their games, many of the children did not want to leave, so they stuck around to watch the subsequent eight ball games or play darts and shuffleboard with their parents.

The SMP would like to thank and express our appreciation to the following people for making the day a wonderful success: the 20 players who competed, Billiards Room Manager (and teacher for all novices who played) Ahmed El Sayed, Tournament Organizer Ralph Papile, and referees James Murphy, Stu Patchen, David Papile and Chairman Rich Garbarino.

In the July issue of The Winged Foot magazine there will be a feature about the SMP Awards Luncheon and a recap of the children who won the awards, along with many memorable photographs from the ceremony.

Please remember the summer Saturday Morning Program starts on June 27th at the New York Athletic Club’s beautiful Travers Island facility. We look forward to seeing and welcoming all of the SMP girls, boys and parents on that day. Kindly register with the Athletic Office as soon as possible. The summer program will run for two months, concluding on Saturday, August 22nd.

An SMP season filled with events and activities culminated in the annual Awards Dinner, held on Saturday March 14th. (Watch for coverage in the July edition of The Winged Foot). Now, the Program moves to beautiful Travers Island for the summer. Another great season is in store.
THE MAINE EVENT

Friday, June 19th, 2015
City House, Main Dining Room
5:30pm – 9:30pm

Kick off the summer and Father’s Day weekend with an endless buffet of Fresh Lobster, Prime Rib and more.

$85 per person, plus tax and gratuity.

For more information and to make reservations, please call (212) 767-7080 or visit www.nyac.org.
An Evening of Elegance

The Quarter Century Club Awards Dinner

The annual Quarter Century Club Dinner, this year held on Tuesday, April 14th, encapsulates so much of the essence of the NYAC that it is no wonder that it is a must-attend event for so many members. In the first instance, as the name implies, the event pays tribute to the Club’s longest standing members - those who have maintained their affiliation in good standing for a quarter century and more. Remarkably, there are close to 1300 who can claim that distinction.

In the second instance, the QCC Dinner is also the occasion on which the NYAC’s Member of the Year and Athlete of the Year are recognized, the latter receiving the beautiful James M. Cooke Award, sponsored by the Athlete’s Fund. This year’s recipients were Richard Cini and Adeline Gray, respectively. That both received a rousing reception was indication enough of the esteem in which they are held. Adeline is a two-time world wrestling champion with her eyes set firmly on the Rio Olympic Games; Richard is a member who has served the NYAC in countless capacities, most recently as president of the NYACKERS golf Intra Club and chairman of the competitive golf team.

Adeline and Richard personify the loyalty, dedication and commitment to the NYAC that are inherent in the Quarter Century Club and in this special evening. Congratulations are in order to both of the honorees, as well as to all members of the QCC who serve the Club so long and so well. - James J. O’Brien
Your Food & Beverage Minimum

The New York Athletic Club continually seeks to improve your membership experience, in terms of facilities, events and administration. To this end, effective August 1st, 2015, the Club is revising the semi-annual minimum spending cycles, the intent being to minimize the now-customary spikes in restaurant utilization at the end of January and July.

While the minimum cycles will remain semi-annual, and while amounts remain unchanged, effective August 1st, 2015 the end-dates of your minimum period will be determined according to your last name. As a result of this change, minimum periods will be spread evenly throughout the calendar year. Following is an example of the way in which the new system will work:

The semi-annual minimum for a Resident member is $400. With the implementation of the new system (on August 1st), your next spending cycle may begin, for example, on October 1st, 2015. Thus, you will be billed on a pro-rated basis for August 1st to September 30th, following which, the customary six-monthly billing cycles will begin.

Examples

Resident Member: John Q. Sample
New Minimum Ending Dates: September 30th and March 31st. Beginning August 1st, 2015, Mr. Sample’s F&B minimum will be as follows:
August 1st to September 30th (two months): $133.33 Food & Beverage Minimum Spending Requirement.
October 1st to March 31st (six months): $400 Food & Beverage Spending Requirement
April 1st to September 30th (six months) $400 Food & Beverage Spending Requirement

Associate Member: Mary J. Model (26 years old).
New Minimum Ending Dates: December 31st and June 30th.
Beginning August 1st, 2015, Mrs. Model’s F&B minimum will be:
August 1st to December 31st (five months): $100 Food & Beverage Spending Requirement.
January 1st to June 30th (six months): $120 Food & Beverage Spending Requirement
July 1st to December 31st (six months): $120 Food & Beverage Spending Requirement

Please note: this change does not affect the amount of your food and beverage minimum. All Club members who incur a food and beverage minimum will shortly receive details in the mail of their new minimum spending cycles. Should you have any questions, please contact the Membership Services Office at (212) 767-7025 or e-mail Membership Services@nyac.org.

In Memoriam

The NYAC offers condolences to the families and friends of the following members, recently deceased, who will be sadly missed.

Richard D. Lamley, Senior member, elected 1980, deceased April 9th, 2015.
Rene Sbath, Life member, elected 1949, deceased May 6th, 2015.
John P. Tembeck, Jr., Life member, elected 1971, deceased June 18th, 2014.
Jose Torres, Senior member, elected 1968, deceased March 30th, 2015.
Mercury Society
TERRACE PARTIES
7:30pm - 11pm | 9th Floor, City House

Thursday, June 18th
LUAU PARTY

Thursday, July 23rd
WHITE PARTY

Thursday, September 10th
ROARING ’20s

HORS D’OEUVRES, FULL OPEN BAR, DJ AND DANCING
Mercury Society Members: $65 per event
Guests: $75 (Includes tax and gratuity)

TO RESERVE TICKETS go to www.nyac.org
or e-mail intraclubs@nyac.org.
Please include your name,
audit number, number of tickets
and names of your guests.
HEARD AROUND THE CLUB

Winged Foot is Waiting

Mark Monday, August 17th in your calendar. That’s the day on which the golfing opportunity of a lifetime will be yours to enjoy. The occasion is the 16th annual NYAC Athlete’s Fund Golf Tournament and the venue has to be experienced to be believed.

Winged Foot Golf Club in Mamaroneck, New York, counts among the most celebrated courses in the country. Five US Opens have been held there - a sixth will take place in 2020 - as have the PGA Championship, two US Women’s Opens and countless other big-time tournaments. Not surprisingly, the world’s most celebrated golfers have toured the course: Hale Irwin, Bobby Jones, Fuzzy Zoeller, Davis Love and countless more.

Would you like to add your name to the list of those who have played this iconic course? All you have to do is go to www.nyacathletesfund.org. There you will find everything you need to know about how to sign up for this one of a kind charitable tournament.

Significantly, all net proceeds go to support more than 40 charitable organizations - the Special Olympics of Connecticut, the Ronald McDonald House New York, the Police Athletic League, to name but three - in addition to supporting NYAC athletes as they build towards the Rio Olympic Games of 2016. You can enjoy a day of golf like no other, while benefitting so many causes that are truly deserving. In the past eight years, the Athlete’s Fund has contributed nearly $1,000,000 to these worthy causes.

Go to www.nyacathletesfund.org to reserve your place and to find out about all of the day’s events. You may also e-mail Lianai@nyac.org.

Employee of the Month

The NYAC’s Employee of the Month program recognizes those members of Club staff who have consistently gone above and beyond the call of duty to ensure that the New York Athletic Club remains the incomparable institution that it is.

The NYAC Employee of the Month for April 2015 was Kadri Ismail (better known as Kenny). Kenny started his career with the Club in November 1989, working in the Security Department. Shortly thereafter he moved to the Halls Department and, in the subsequent 25 years of his employment with the NYAC, has proven himself to be a consummate professional, attending to the requirements of members and colleagues alike without hesitation. Kenny is a true team player and has earned the respect of members, co-workers and managers. Please join us in extending the warmest congratulations.

Maria Valliades
Licensed Real Estate Salesperson
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This season’s natural beauty prompts new beginnings that intrigue mankind.

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Before & After Garden Events

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Patrick & Michael O’Brien

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JUNE 2015
The Irish Whales

The Irish Whales were a group of Irish-born athletes who dominated weight-throwing in American amateur athletics and in the Olympic Games from about 1890 until the 1920s. The fun-loving group lived and worked in New York City, mostly as members of the NYPD and mostly competed for the New York Athletic Club. The collective accomplishments of this remarkable group ushered the assimilation of Irish-Americans into elite echelons of American athletics. The most prominent were James S. Mitchel (1864-1921), John J. Flanagan (1873-1938), Martin J. Sheridan (1881-1918), Matthew J. McGrath (1876-1941) and Patrick J. McDonald (1878-1954).

James Mitchel, of Emly, County Limerick, won the amateur championship of England in the hammer throw in 1886, 1887 and 1888. In September 1888, he was on a team of champion Irish athletes that the Gaelic Athletic Association sent to New York for a series of exhibition performances. In his first practice throw with the 56lb weight, without bothering to remove his coat from his six foot 250lb frame or the cap from his left hand, Mitchel exceeded the American record. Mitchel competed for the NYAC from 1889 onward, winning the national championship in the hammer throw from 1889 to 1896, and the 56lb weight throw title from 1891 to 1897. Mitchel also won the hammer throw in the international meet in 1895, when the NYAC swept to victory over the London Athletic Club in all of the 11 events contested.

In 1900, Mitchel made a comeback to win the national championship in the 56lb weight throw, then took both the hammer throw and the 56lb weight throw titles in 1903. At the 1904 Olympic Games, he added a bronze medal in the 56lb weight throw, and claimed the national championship title in the 56lb weight throw in 1905. Mitchel was a member of the US team at the 1906 Inter-Calated Olympics in Athens, but sustained an injury when a wave hit the steamship during the ocean crossing to Greece. As his career declined, Mitchel became a sports writer for The New York Herald, serving as a correspondent covering the Olympic Games, and authored a book, “How to become a Weight Thrower,” which included chapters contributed by younger proteges.

John Flanagan hailed from Kilmallack, County Limerick and arrived in New York in 1897 after winning the amateur championship of England in the hammer throw in 1896. At 5’10” and 220lbs, he had a more compact physique than Mitchel and a more scientific technique. Like Mitchel, Flanagan represented the NYAC and excelled at the highest levels, winning seven national championships in the hammer throw and six more in the 56lb weight throw. Flanagan won the gold medal in the hammer throw in the Olympics in 1900, 1904 and 1908, and placed second in the 56lb weight throw in the 1904 Games. When he joined the NYPD, Flanagan was declared the best physical specimen of the 1200 applicants. He retired from athletic competition and from the NYPD in 1910, returning to Ireland where, after his father’s death, he became chieftain of the O’Flanagan clan.

The second installment of “The Irish Whales” will appear in the July issue of The Winged Foot.

Did You Know?

...That The Winged Foot magazine first appeared in print in September 1892 and that, at that time, it was known as “The New York Athletic Club Journal.”

...That the modern pentathlon was conceived by Baron Pierre de Coubertin, founder of the Modern Olympic Games, and made its first appearance in the Games in Stockholm in 1912. Placing fifth in the event in that inaugural year was George S. Patton, Jr., later to find renown as a general in World War II. Ironically, Patton could have won the gold medal had his marksmanship not been so poor.
THIS IS NOT A SHOE. THIS IS AN INVITATION. ON THE SINGLE TRACKS AND THE EIGHT LANES, LET’S LINK-UP, LADIES. THE BONDI 4 IS YOUR 9-OUNCE TICKET OF PERFECTLY ENGINEERED CUSHION, BALANCE AND TRACTION TO PUT THE WHEELS IN MOTION. TO GET A HEAD FULL OF STEAM AND CHARGE. AND ANYONE WHO STEPS IN FRONT OF THIS FLEET-FOOTED TRAIN THAT IS THE PONYTAIL EXPRESS, BEST STEP ASIDE OR GET RUN OFF THE TRACKS. LET’S GO.
There is no greater honor that the New York Athletic Club can bestow than induction into the Club’s Hall of Fame. The biennial ceremony, this year held on Saturday, April 18th, is eagerly anticipated and the evening’s events are as elegant as they are celebratory. The 2015 inductees - Sonny Greenhalgh, Tony Azevedo, Tim Seaman, Sam Felton, Rick Pitino and Setrak Agonian (posthumously) - represent the NYAC at its finest. This group of members have excelled in the fields of business and athletics, all while contributing to the legacy of the NYAC.

In track and field, Tim Seaman and Sam Felton competed at the highest levels, amassing national titles galore in the race walks and hammer throw, respectively. In the sport of wrestling, Sonny Greenhalgh and Setrak Agonian competed with great success and, subsequently, worked diligently to ensure that the NYAC’s wrestling program would rank among the best in the world, which it now does. In the sport of water polo, Tony Azevedo has been a linchpin in Team USA - not to mention Team NYAC - and now ranks among the most renowned players in the world. And in basketball, it hardly needs to be stated that Rick Pitino is among the finest coaches of all time. All of these Club members epitomize the finest elements of the NYAC.

Tim Seaman encapsulated the spirit of the occasion. He stated, “Every US championship that I won [of which there were 47 - Ed] I thought would bring me closer to my ultimate goal - to be in the NYAC Hall of Fame.” Tony Azevedo, who after Rio will be a five-time Olympian, spoke for all the NYAC’s athletes when he stated, “No way would we be able to do the things that we do without the support of the NYAC.” Rick Pitino acknowledged the magnitude of the occasion: “Thank you, NYAC,” he stated, “for making me a part of the distinguished group with whom I share this honor.”

The NYAC’s Hall of Fame is, indeed, a distinguished group and induction is restricted to a privileged few. As a celebration of those few, the 2015 Hall of Fame Banquet was beyond compare. In recognizing six of the NYAC’s finest members, it was exemplarily. Congratulations to the inductees, and thanks to the Hall of Fame Committee, chaired by past president James W. O’Brien, for once again organizing an unforgettable evening. - James J. O’Brien
For more photos from the 2015 Hall of Fame Banquet go to www.nyac.org
Celebrate the Fourth of July with an all-American classic barbecue. A day filled with family entertainment, highlighted by fireworks at night.

**LUNCH**
$20 per adult; $11 per child under 12, plus tax and gratuity

**DINNER**
$28 per adult; $15 per child under 12, plus tax and gratuity

**ALL DAY**
$38 per adult; $19 per child under 12, plus tax and gratuity

For more information please call (914) 738-2700 x1280
Sunset Cruise

Friday, June 12th: 5:30pm – 9:30pm

Enjoy a scenic boat tour of the Long Island Sound with your fellow NYAC members. Hors d’oeuvres, beer, wine and soft drinks.

$45 per person, plus tax and gratuity.

THE SECOND SUNSET CRUISE will be held on Friday, July 10th.

Sweet Carolina

Saturday, June 13th: 5:30pm – 9:30pm

Savory and Sweet

The best food from the Carolinas. Cocktails and live music.

$34 per adult; $16 per child under 12, plus tax and gratuity.

Seaside Grill

Saturday, June 20th: 5:30pm – 9:30pm

Fresh seafood, delicious drinks and live music.

$40 per adult; $16 per child under 12, plus tax and gratuity.

Father’s Day Brunch

Sunday, June 21st: 11am – 3pm

Celebrate Father’s Day with a delicious brunch on the Patio with your family and friends. It’s the perfect way to treat Dad to a special day.

$38 per adult; $18 per child, plus tax and gratuity.

For more information and to make reservations for these events, please call (914) 738-2700 x1280.
Winged Foot Day Camp

BOYS AND GIRLS AGES 5 TO 14

June 29th to August 21st, 2015

Eight Weeks
Monday - Friday
Arrival: 9:30am
Departure: 3:15pm

To register on-line go to www.nyac.org and click on the Travers Island Junior Program tab.

For more information, e-mail LauraF@nyac.org or call (212) 767-7160.
The New York Open Judo Championship, held at the City House annually for over 25 years, marked a milestone this year. It had always been a men-only tournament; but this year, for the first time, there was also a women’s team event, and what an extraordinary event it was.

The men’s division saw teams from Germany, France (last year’s winner), Poland and the US competing, but the women’s event was something special. For the first time since the 1950s (other than for the Olympic Games), Cuba sent a judo team to compete in the US. And they sent their very best. Their five person team boasted three Olympians, including two silver medalists, and was coached by the legendary Ronaldo Veitia, who has coached more individual Olympic and world championships medalists than any other coach, in any sport.

The third team to send women to this first ever event was France and they, too, sent their best: national medalists, European champions, and one world and Olympic champion. America responded with a powerhouse team of its own and four of the five players are among the NYAC’s elite athletes: Katelyn Bouyssou represented the Club in the world championships; Hana Carmichael is a current US champion and Pan Am silver medalist; and then there’s Marti Malloy, current Olympic and world championships bronze medalist and, finally, Kayla Harrison, the current Olympic champion and 2010 world champion. The competition promised to be the best judo ever seen in North America.

The men’s event came down to the teams that had won the last several NY Opens: France and Germany. In the preliminary rounds, Germany eked out a victory against France, but then France, coming up through the loser’s pool, defeated both the young US team and the Polish team to face Germany in the finals, where the tournament’s outstanding male competitor, Massimino Vincent, triumphed in the deciding match.

Then came the women. Both Cuba, sporting pink and white judo uniforms, and the US, wearing red and blue (with the NYAC logo displayed prominently) dispatched the French team, though Clarisse Agbegnenou, the current 63kg world champion, turned in a stellar performance for France. Then the stage was set for the two powerhouses to meet in the finals. A total of five of the 10 competitors were Olympic and/or world championships medalists, so it promised to be epic. And it was.

Katelyn Bouyssou, even in losing, turned in an extraordinary performance. She was caught early for a decisive score, but then spent the rest of the match beating the Cuban practically to death, forcing her to her knees on so many occasions that she was close to disqualification for non-combattivity as time ran out. 1-0 Cuba. Then our second player, Angela Delgado, took a walk-over win when Olympic silver medalist, Yanet Acosta, injured in her match against France, couldn’t compete. Cuba 1, US 1.

Next up, the NYAC’s Marti Malloy turned in another outstanding performance, forcing an arm bar submission (her second of the event) on her opponent Aluiska Ojeda, half way through the allotted time. 2-1 U.S. Next up, the NYAC’s Hana Carmichael fought hard, but ultimately lost to Olga Masferrer, who caught her near the match’s end. Thus, it was a 2-2 tie going into the final match, the NYAC’s Kayla Harrison versus Cuba’s Olympic silver medalist and Pan American gold medalist Yalennis Castillo. Put simply, Yalennis never had a chance. Kayla, coming off the match against Lucie Perrot of France, in which she scored what was likely the hardest throw of the tournament, dominated the match, winning half way through with an arm bar. Final score: 3-2 USA.

After the match, Kayla stated that, although this tournament doesn’t earn her any points towards making a world championships or Olympic team, although it breaks her rigorous training routine, and although she runs the risk of being injured, she was still intent on coming to the NYAC’s event.

An appropriate and touching moment at the tournament came when Judo Chairman Kevin Earls was celebrated for his over two decades of tireless devotion to the sport and, especially, to its athletes. Before the finals, NYAC Hall of Fame member Jimmy Pedro recognized Kevin’s achievements and contributions, recounting his experiences with the Club, listing some of the many athletes that Kevin’s
Three-peat Thriller!

The NACAD National Basketball Championship is the premiere annual basketball tournament for athletic clubs around the country. The New York Athletic Club has a storied history, winning nine of the last 12 titles in the tournaments “elite” division. This year the NACAD was held in St. Louis and hosted by the Missouri Athletic Club.

In early January, Coach Ross Burns presented the team with a challenge and an opportunity: three-peat! The team’s prospects were strong with veteran return players Nate Brown (St. Peter’s), John Baumann (Columbia), Matt Minoff (Yale), Pawel Buczak (Princeton) and Craig Moore (Northwestern). The unknown was how new recruits Nate Lubick (Georgetown) and J’son Stamper (Minnesota) would fit with the team.

The first game in the NYAC’s round robin series was against the Washington Athletic Club. Washington has been a team on the rise over the last few years. With sharp shooter Hans Gasser from the University of Washington, Matt Nelson the burly center from Boise State and scoring machine Garrison Carr from American University, they were formidable opponents. In a back and forth contest, the NYAC was dealt a blow late in the second half, losing John Baumann to an Achilles injury. Despite some showings from newcomers Nate Lubick and J’son Stamper, the NYAC lost a heartbreaker to WAC in overtime.

With an early round loss, the NYAC found themselves in the unusual position of needing to sweep the rest of their games. The team found their stride vs. the Fort Worth Athletic Club in what turned out to be an easy win. Next up was chief rival Olympic Club. The OC had a new look this year; gone were their beefy centers and versatile forwards. In a sign of the times, they had become smaller, quicker and much more team oriented.

The first half was a back and forth contest as both teams felt each other out; but, in the second half the NYAC was able to pull away as the Olympic Club had trouble handling our size and athleticism. This was Nate Lubick’s coming out party, dominating both ends of the floor.

The final turned out to be a re-match of the 2012 finals against Washington. This game was an epic battle, with plenty of back and forth. With 45 seconds left in regulation, the NYAC found itself on defense and down five points, praying for a miracle. After WAC missed an opportunity at the free throw line, J’son Stamper attacked the rim only to have his floater rim out. Nate Lubick seized the moment, grabbed the rebound, and calmly sunk his first 3-point attempt of the tournament. On the ensuing possession, the NYAC was able to get a turnover and Nate Brown took over, getting into the paint for a last-second finger roll. The game was going to overtime. In the extra session the NYAC carried the momentum and won going away.

Newcomer Nate Lubick was the MVP of the tournament, dominating both ends of the floor. The NYAC had successfully added an unprecedented 10th NACAD title in 13 years.

The Elite Division wasn’t the only group of athletes representing the NYAC at the NACAD. The A Division team, coached by former Open Division coach Milton Lee (UPenn) was looking to advance to the elimination round for the first time in tournament history.

Elite team veterans, Keenan Jeppesen (Brown) and Ed Lacayo (Lehigh) were joined on the A Division team by some of the best players in the NYAC Basketball League: Rob Lagno (NYAC League MVP), Stephen Costello, Ryan Mehra (Fordham Football) and Morgan Griff (UPenn Lacrosse). In a valiant effort, the team went 3-2 on the weekend, losing to eventual champion LA Athletic Club in the semi-finals. Though disappointed in the loss, the club looks forward to building on the progress made in this year’s tournament. - Andy Blumenthal

Basketball League

Pistons Prevail

On April 9th, the NYAC men’s Basketball League held its Spring Season Championship Game. The game featured the #3 seeded and current defending champion Pistons against the #4 seeded Thunder. The playoffs and Championship games had never been played so late in the calendar; but the League endured a phony blizzard and some real snow storms that caused lots of re-scheduling.

The first round came to an end without a single upset, a first for the League. The top four seeds advanced having only one game of regular season play separating them from each other. The first semi-final game was a matchup between the Warriors and the Pistons. The Pistons secured a lead by half-time and were able to hold off several second half runs from the Warriors. Later that night, the #1 seeded Kings fell in a close game to the Thunder. A long range shooting barrage from rookie standout Richard Passer was enough to propel the Thunder over the favored Kings.

In the Championship game, the Pistons proved their defense was up for the challenge of the Thunder’s sharp shooters. Brothers Will and Kevin Grier played harmonious two-man ball, while the reigning league MVP Chris Rose added to the assault inside and out.
GET UP TO SPEED.

When you’re going for speed, less is more. Just ask Meb, who ran in the ultralight GOmeb Speed 3 to a historic victory in Boston 2014. Designed with a sleek fit, this shoe provides a responsive ride to help you run fast.

skechersGOrun.com
EVERY THURSDAY
from 5pm to 8pm
beginning June 11th

Relax and unwind at the Tiki Bar! Enjoy delicious food and tropical cocktails.

EVERY FRIDAY

beginning June 12th

The perfect way to start your weekend! An array of shellfish and tropical drinks – all overlooking the Long Island Sound.

For more information, please call (914) 738-2700
WE ACT TODAY, NOT TOMORROW.

Red Circle Foundation believes that together we can strengthen families. Thanks to our rapid funding force, we get to work within hours. 100% of your donations go toward helping our Special Operations families in need.

On October 24, 2015, Red Circle Foundation is hosting our 3rd annual Black Tie Bravery gala at the New York Athletic Club. This special event is about celebrating the families we have helped and raising money to ensure we can continue our work; providing a better future today not tomorrow.

Join us, take action now and visit us at RedCircleFoundation.org to contribute.

Lacrosse

NYAC vs Israel National

After a frosty winter and a number of cancelled games, the New York Athletic Club women’s lacrosse team ventured out to Long Island on a warm Sunday afternoon to compete against the Israel national team in their annual play day. The first whistle blew and like clockwork, co-captain Grace Golden won the draw and immediately flew down the field for a transition goal. Coach Ashby Kaestner won the next draw control and, after a quick pass to co-captain Lacey Vigmostad behind the cage, Vigmostad rolled the crease and fired another one to the back of the net.

With less than one minute gone, the NYAC was up 2-0; but Israel National fought back. NYAC members Lauren Dykstra and Courtney Miller are also members of Israel National and were competing against the Club on this occasion. The duo responded with two goals to tie the game 2-2. Laura Zimmerman made a fierce dodge and slid one past the goalie to give the NYAC an edge, while Christina Dove, who was returning from a six month injury, came out roaring and scored back-to-back goals. The ensuing plays from Erin Fitzgerald, Lizzy Drumm and Alex Clark gave the NYAC a solid lead to close out the half 11-4.

Although Israel National started the second half with three well-executed goals, the NYAC knew how to bounce back. Dove responded with an epic hat trick, while Drumm, Zimmerman and Clark each added another goal to their tally. Newest member Mary-Kate Sivilli also contributed at the mid-field position with an honorable one goal and three being eliminated in the first round, Rob Lagno of the Nuggets impressed the League’s captains enough to receive unanimous MVP honors. Rookie of the Year went to Pastor of the runners-up Thunder. Rich Sgalardi was voted the Playoff’s Most Outstanding Player.

It was decided that the League’s cup, formerly known as the “Cousens Cup” after league originator Dominick Couzens, would be re-named the “Bob Burke Cup” for the NYAC’s basketball super-enthusiast and Basketball Club member who passed away this year during play of the annual St. Patrick’s Day Tournament. Captain Craig and the rest of the Pistons toasted from the cup while the rest of the League enjoyed drinks and snacks. The league will begin its fall season in late September.

- Tripp Hoffmann


Captain Craig Avallone and Matt Lentz were showing no signs of their true age with constant pressure defense and aggressive driving. The exclamation point for the Pistons came from Rich Sgalardi, whose pestering defense helped limit Passer and the Betts brothers.

When the buzzer sounded, the Pistons had secured a double digit win, and had repeated as champions, also their third victory in as many years. The crowd that had been following the game moved from the gym to the fifth floor where the Sag Harbor Basketball Club treated the league to a barrel of Guinness. The party eventually moved downstairs to the Tap Room where awards were given. Despite
assists. Strong team defense throughout the game was led by coach Jackie Proch, along with Emily Bock, Brittany Jensen, Steph Sumcizk and Catherine Furman. Additionally, goalies Erin Tochihara and Sarah Hughes each allowed a meager four goals to garner NYAC an 18-8 victory over Israel National. The girls are looking forward to the summer season as they head to the preeminent Ocean City lacrosse tournament in August.

-Lacey Vigmostad

Streaking!

At the time of writing, the 2015 ITU World Triathlon Series season was still just getting started and the theme that ended the 2014 season remained the same: NYAC triathlon team member Gwen Jorgensen is unstoppable. After being named USA Triathlon’s 2014 Athlete of the Year, Jorgensen claimed victory at the season opening ITU World Triathlon Abu Dhabi and then proceeded to dominate ITU World Triathlon Auckland and ITU World Triathlon Gold Coast to extend her winning streak to eight straight gold medals. Jorgensen is showing form that has her poised to keep extending the winning streak and has her as the early odds on favorite for a gold medal in Rio 2016.

If anyone is to threaten the streak, it might well be her American and NYAC Triathlon teammate, Sarah True, who started the season with a strong ninth place finish in Abu Dhabi followed by an eighth-place in Auckland, after which she occupied the second-place step on the podium at Gold Coast.

The women’s team has also seen strong showings from Lindsey Jerdonek with a sixth place in Abu Dhabi, 21st in Auckland and an eighth place finish at the Gold Coast.

The men’s side of the NYAC Triathlon team has had its fair share of accolades and success to start the year. Led by Ben Kanute being recognized as 2014 USA Triathlon Elite (Under 23) Athlete of the Year and opening his season with a ninth-place finish at ITU World Triathlon Auckland, and Eric Lagerstrom’s season opening second-place and follow up victory at the CAMTRI Sprint Triathlon American Cup events in Florida.

Kevin Collington started off his season with a second-place finish at Ironman 70.3 Monterrey and a ninth-place finish at Ironman 70.3 California Oceanside in preparation for the Ironman 70.3 North American Pro Championship St. George, UT.

-Bouker Pool

Swimming

Swimming Against Cancer

Over 70 winged footers flocked to Travers Island last July to partake in the Club’s 11th annual Swim Across America, a national charity that raises money and awareness for cancer research, prevention and treatment. This year, we expect an even greater turnout.

Scheduled for Friday, July 17th from 7pm-9pm, the event consists of swimming either

Enjoyment On and Off the Ice

The Intra Club Expo is a great reason to gather at the City House and enjoy food and drink while sampling a taste of what each Intra Club offers. The Ice Hockey Club, one of NYAC’s newest and fastest growing Intra Clubs, was on display with the official Chelsea Piers Summer League Championship Trophy as well as a commemorative marble obelisk that received a great deal of attention throughout the night. (It was designed and created especially for us by Society Awards, the same company that creates the Emmy® and the Golden Globe®).

While passers-by shared their interest in hockey (and the current NHL playoffs), the most common sentiment shared with the Intra Club was “I can’t skate.” It should be noted that only a handful of us actually play for the NYAC hockey team; most of our members only participate in our off-ice events, supporting the hockey club’s goal of promoting the sport.

Our events, which include viewing parties, collaborative fetes with the Indians, and our semi-annual events at the Lounges at Madison Square Garden, have shown that we are as much a social club as we are an athletic one. So, whether you skate, or don’t, whether you came to the Expo, or didn’t, we invite you to join us on the ice, or off.

-David Freylikhman

Ice Hockey

Ice hockey at the Expo.
Junior Tennis Academy

June 29th – September 4th
11:30am – 3pm | Ages 5 to 16

The professional NYAC teaching staff uses contemporary methods to teach participants correct technique, game fundamentals and strategy. Individual and group instruction.

All skills levels welcome.

For more information and to register, please call (212) 767-7160, or e-mail MichaelM@nyac.org.

Junior Sailing Program

June 29th – August 21st
10:30am – 4:30pm | Ages 8 to 17

From beginners to racers, this program offers fundamental skills, sailing maneuvers and the water safety instruction that can lead to a lifetime of water enjoyment. Professional, certified instructors use a combination of classroom training and on-water instruction.

For more information and to register, please call (212) 767-7160, or e-mail LauraF@nyac.org.

NEW PROGRAM

Sea PUPS

A program designed for new sailors ages five through eight years old.

SESSION 1: June 29th – July 10th
SESSION 2: August 10th – August 21st
TIME: 10am – 1:30pm

For more information and to register please visit www.nyac.org.
CAMP OUT Night

Saturday, June 27th: 6:30pm

Pitch a tent, sit around the camp fire, tell stories and enjoy a night out under the stars. Don’t miss this unique opportunity to camp out on the Travers Island Lawn with your family and friends.

$75 per tent.

Baltimore Crabfest

Saturday, July 11th: 5:30pm – 9:30pm

Dig in to fresh and hard-shell crabs, salads and a variety of desserts.

PLUS, LIVE MUSIC!

$46 per adult; $18 per child under 12, plus tax and gratuity.

For more information and to make reservations for these events, please call (914) 738-2700 x1280
one mile or a half mile in the Travers Island pool, after meeting the minimum fundraising requirement of $500. ($250 for swimmers under 18 years of age). Participants may enter as individuals or as part of a relay team, and all are encouraged to invite a friend in order to double this year’s fund-raising contribution. Preceding the event, at 6pm the Club will also offer a swim clinic run by 1980 Olympians, Craig Beardsley and Glenn Mills. Following the swim, there will be a barbeque on the Lawn.

Hosted at dozens of locations across the country, Swim Across America has raised nearly $60 million for cancer research and treatment since it began in 1987. The NYAC Travers Island pool swim alone raised over $60,000 last year and, since its inception 11 years ago, has raised nearly $500,000.

Jean Fufidio, one of the original organizers of the swim, credited the NYAC family for the growth and success of the event. “We started with only 12 swimmers and little support,” Fufidio said. “Gene Culligan, the former chairman of Travers Island, was instrumental in initially getting the NYAC Board’s approval for the event. Now, we have the backing of key NYAC leadership. And of course, the swimmers, volunteers and families.”

Doug Towne, who helped bring the event to the NYAC, said that Swim Across America was co-founded by a former Club member, Jeff Keith, so the decision was only natural. “After participating in many of Swim Across America open water swims, Rich Korhammer, a fellow NYAC member and Pan-Pacific Championship gold medalist, and I both felt there was a need to have pool swims for people who wanted to participate but felt apprehensive about a mile in the Long Island sound,” Towne said. “With the encouragement and support of the NYAC’s leadership, we started a pool swim at Travers Island.”

Proceeds from Swim Across America go towards local institutions, many of whose research projects and programs would otherwise go largely unfunded. Such recipients of the Travers Island swim include the Cancer Support Team in Westchester, Pediatric Oncology at New York-Presbyterian Children’s Hospital and the Memorial Sloan-Kettering Cancer Center. - Zack Doherty

The annual Swim Across America at TI is fun, energetic, open to all and for a truly worthy cause.

The Season is Underway

Congratulations to Sean Haggerty for retaining the “first to be launched boat” for the 2015 Yacht Club season. Spring commissioning is moving at a slower pace this season due to the extended winter conditions through March and early April; however, activity planning for the season is well under way.

Plans are coming together for the June Yacht Club cruise to Danfords Marina, Port Jefferson, and it looks like it will be a fun rendez-vous for members, friends and families. Danfords Marina can accommodate boats up to 250’ and anchoring is also available in the harbor, as long as you have a dingy to reach the shore. The village of Port Jefferson is a short walk from the marina. If you haven’t made reservations yet there may still be time to join in the festivities, by land or water. If you do plan on attending please ensure you

Yacht Club

TRACERS ISLAND SOCCER FIELD

JUNIOR SOCCER CAMP

August 3rd – August 7th 9am to 1pm
CHILDREN AGES SIX TO ELEVEN | $500 MEMBERS, $550 GUESTS

On field instruction from NYAC’s men’s and women’s elite soccer teams

The NYAC soccer program teaches the skills needed to enhance ball control, passing and dribbling skills and more. Using fun drills and field activities, each child will learn and enjoy their experience.

*Advance registration is required. Please visit the Travers Island/Junior Programs page at www.nyac.org for details. All participants receive a free soccer ball and NYAC soccer t-shirt. Cleats and shin guards required to participate.

For more information e-mail LauraF@nyac.org

JUNE 2015
have informed the Fleet Captain, Missy Keene, of the number of people in your party for the rewarding dinner and evening of socializing that awaits us.

The sailboat race committee will schedule the summer solstice race to coincide with the rendez-vous. The race will commence on Friday with the first leg a destination midway to Port Jefferson, to break up the distance. All you need to do is be able to sail from point A to point B.

April’s *Cruising World* magazine included a two page advertisement in support of the Leukemia & Lymphoma Society (LLS), to thank its national fund-raisers and promote continued research. Each year the top fund-raiser, individual and team, qualify to participate in a weekend of sailing and racing with Gary Jobson, Jobson is well known as an international sailor and winner of the America’s Cup as well as the blue water Fastnet and many other challenging sailboat races. He is a Lymphoma survivor and chairman of the Leukemia Cup Regatta. Locally, Larchmont Yacht Club sponsors an annual Leukemia Cup Regatta.

To be recognized as a qualifier and be invited to participate in the sail weekend you must raise a minimum of $12,000. As a reminder, we lost two of our past Commodores to this form of cancer: Henry “Hank” Abbott and Joseph Buongiorno. Lauretta Abbott, widow of Hank Abbott, races their Custom Rhodes 38, *Quee Queg*, in the classic wooden boat division of the Larchmont Regatta. Lauretta Abbott, alphabetically, tops the list of individual qualifiers in the April *Cruising World* advertisement. She has been the top individual fund-raiser in multiple years and has participated in the weekend sail and race event, in New York in 2012 and in Captiva, Florida in 2013.

The weekend includes multiple races daily, in Colgate 24s, quite different from a classic wooden boat. Lauretta will continue to race *Quee Queg*, representing the New York Athletic Club Yacht Club and she will continue to raise funds in support of this cause. - Mary Healy

**Wrestling**

Metcalf Takes Gold

NYAC wrestler and world championships team member, Brent Metcalf, won the 2015 Wrestling World Cup, held in Los Angeles, CA on April 11th and 12th. Metcalf defeated his opponents from Cuba, Mongolia, Russia and Iran by a combined score of 32-8. The NYAC man dominated his opponents in all four of his matches, setting him up for a good competition at the 2015 US Open in Las Vegas, from May 7th to 9th. (Results in the next issue).

The winner of the Open gets a bye to the final round of the US world championships team wrestle offs, which Metcalf looks to make for the third year in a row.

The US team was also successful at this year’s World Cup, finishing in second place, behind Iran, the 2014 world championship winning team. In the final match, Iran defeated the US five matches to three, as it came down to the last bout which Iran won by a narrow margin of 2-1.

Jordan Burroughs, 2012 Olympic champion at 74kg, was the only other American to go undefeated in the event, as he beat all four of his opponents without too much difficulty.

Several NYAC wrestlers competed overseas in March. Richard Perry, at 86kg, won the bronze medal at the Alexander Medved International, held on March 7th and 8th in Belarus. This was Richard’s first competition overseas and the Medved Open is one of the most difficult freestyle tournaments in the world. Jimmy Kennedy, FS/65kg, and Katherine Fulp-Allen, WFS/53kg, also competed abroad and performed very well. Kennedy won the bronze at the Yasar Dagu Open in Turkey and Fulp-Allen finished second in the Mongolian Open, both held from March 28th-29th. - Dave Foxen

**Track & Field**

Back in Boston

It may be impossible to duplicate the 2014 Boston Marathon; but, our 2013 entrants sure tried their best in the April 20th event and, in the process, made new memories for themselves and the Club.

2014 Champion Meb Keflezighi ran with the big boys until approximately the 35K mark, whereupon a digestive issue prohibited a response to the winning move. Ever the professional, Meb hammered home the best he could while also taking the opportunity to acknowledge the throngs of fans lining the final miles. In a way, it was the victory lap that a champion marathoner never gets to take.

Nearing the famed Boylston St. finish line, the sportsman in Meb compelled him to raise the hand of an elite female runner coming across the line at the same time, the elite females having started 30 minutes earlier. This touching image spiraled through traditional and social media, testimony to the connection Meb has forged with the vast audience of fellow runners and spectators. His 2:12:42 finishing time was good for eighth place, second American, all coming about two weeks shy of his 40th birthday.

Although Meb couldn’t bring home another...
NYAC WATER POLO Program

NOW THROUGH JULY 25TH

The program is open to boys and girls, ages nine to 17. Beginners with basic swimming skills are encouraged to come and play.

Practice takes place on
Wednesdays from 5pm to 7pm and on
Saturdays from 8:30am to 10am

SWIMMING AND DIVING Programs

The swimming and diving programs introduce children to the sports of swimming and diving and develop their skills in a fun and competitive environment.

PRE-TEAM: AGES 6 – 8
Some skills required. June 29th – July 29th

SWIMMING AND DIVING TEAM: AGES 7 – 17
Mid-June – mid August. Competes in the Westchester County Southern Swim Conference.

SWIMMING AND DIVING TEAM WELCOME BACK BBQ
Sunday, June 14th
12pm – 2pm
Open to NYAC members’ children only

For more information about these programs, please contact Kevin Carolan at KevinC@nyac.org.
title, the NYAC did emerge with the men’s team title courtesy of Jerry Faulkner (2:25:28), James Kelly (2:27:01) and David Saunders (2:29:45), these three NYC-residents frequently training together through our difficult NYC winter. We did not have the minimum three ladies to defend last year’s women’s team title; however, Olympic Trials qualifier Caitlin Phillips posted a solid 2:44:28, good for 17th overall place.

We were joined by many other competitive runners from the NYAC Runner’s Club. Between Meb, our men, Caitlin, and our strong Runner’s Club performance, the city of Boston got a strong taste of the winged foot and what it represents. - John Hricay and Curt Clausen

Where’s the winged foot? The NYAC logo was prominent at the start and the finish of this year’s Boston Marathon. Photo by Bob Betancourt.

2015 TENNIS BULLETIN BOARD

The 2015 Tennis Program at Travers Island opened in April and runs through Sunday, October 12th. We have eight Hydro courts, seven clay courts and three lighted all weather Deco-Turf courts. Our tennis facility also includes a Tennis House with a sport shop, changing locker and shower rooms, and a snack bar that overlooks the Long Island Sound. NYAC members can sign up for a tennis membership and enjoy unlimited tennis for the season, or pay a daily fee. Please call the Tennis House at (914) 740-1112 or email tennis@nyac.org for all tennis inquiries. All whites tennis attire is required.

**Men’s Tennis Tournaments**

- June 6th: B and C Doubles 11am
- June 13th & 14th: Club Championship Mixed Doubles 11am and Social
- June 27th: Father & Son Doubles 11am
- July 11th: A Singles 11am
- July 25th: A Doubles 11am
- Aug 8th: Club Championship Singles 11am
- Aug 22nd: Club Championship Doubles 11am
- Sept 5th: Member/Guest Doubles 11am

**Ladies’ Tennis Tournaments and Socials**

- June 13th & 14th: Club Championship Mixed Doubles 11am and Social
- June 20th: Member & Guest 12pm
- July 8th: Team Round Robin & Luncheon 9:30am, 12pm
- July 11th & 12th: Club Championship Doubles 11am
- July 22nd: Member & Guest 9am
- August 6th: Mojito Night Scrambles 6pm
- Sept 3rd: Bellini Night Scrambles 6pm
- Sept 11th: Social Scrambles 12pm

**Junior Program**

- June 21st: Junior Pizza Round Robin 4pm
- June 25th: MITL Summer Practice Begins Mon-Fri, 10am-11:30am
- June 29th: Academy Begins Mon-Fri, 11:30am-3pm
- June 29th: MITL Match-Play Begins Mon-Fri, 3:30pm-5pm
- July 21st: MITL Tournament
- July 23rd-25th: Junior Club Championships
- July 29th: Junior Awards Party
- July 30th: Junior Member/Guest 1pm
- August 1st: Parent/Child Tournament 1pm
- Aug 4th & 5th: Junior Australian Open
- Aug 11th & 12th: Junior French Open
- Aug 18th & 19th: Junior Wimbledon
- Aug 25th & 26th: Junior US Open

**Adult Group Clinics**

- Men: Saturdays & Sundays, 8am-9am
- Ladies: Thursdays to Sundays, 9am-10am
- Mixed Co-Ed Scrambles: Saturdays & Sundays 10am-11am
- Cardio Co-Ed Tennis: Saturdays & Sundays 11am-12pm

**Friday Night - Family Night Tennis - All Players Welcome**

Every Friday, 6:15pm-7:45pm

Children ages four to 10 years old have tennis instruction with the pros. Adults play an organized round robin with the pros.

**Socials**

- May 2nd, Racquets Party, 6:30pm
- July 4th, Red, White and Blue
- Mixed Doubles Scramble and Social, 11am
- October 24th, Tennis Awards Dinner and Dance, 6:30pm
We’ve made it even easier to spoil Dad this Father’s Day.

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Spring Time Socials

On March 14th, the Mercury Society hosted its fifth annual St. Paddie’s Day Social at Travers Island. Despite the dreary weather, the event had a terrific turnout. Mercury Society members, bundled in their rain gear, ventured out to the paddle courts at Travers Island for a day of sport and socializing. Good laughs were had by all and it was a fun way to spend a rainy day. - Brian Shiver

Billiards Social: On April 2nd, the Mercury Society hosted its second annual Billiards Social. Sisters Marissa and Adair Lentini, co-presidents of the Mercury Society, organized the event. Marissa is an active member of the Knights of the Green Table and was excited to share her hobby with the rest of the Mercury Society. Members and their guests had the choice of participating in a round robin tournament or a beginner’s clinic taught by world-class professionals. After several grueling matches, Elizabeth Grace was crowned winner of the event. She received two complimentary tickets to a future Mercury Society event. Guest Doug Shiver placed second and received one complimentary ticket to a future Mercury Society event, accompanied by a current member.

It was a busy start to the year for the Mercury Society with platform tennis in March and billiards in April. Members had the opportunity to receive instruction from Ahmed El Sayed before battling it out on the green table. The tournament welcomed all skill levels and the winner stood to receive two complimentary tickets to a Mercury Society event of his or her choosing. In the end, the final round came down to members Tim Peters and Simon Malinowski. Simon captured the title. Everyone had a great time making new friends and enjoying the NYAC’s unparalleled Billiards Room. The Knights of the Green Table have generously offered complimentary lessons for Mercury Society members on Tuesdays from 6pm-7pm. In addition, free table time will be available throughout the evening for those taking the lessons. We hope to see everyone on the 10th floor!

We have an exciting summer planned and look forward to seeing members at upcoming events. Our next event will be a tennis round robin at Travers Island on June 6th, followed by the Luau Terrace Party at the City House on June 18th. - Maria Louisa Bianco

Two Terrific Tournaments

The KGT played the two snooker handicap tournaments on the schedule and they were genuinely exceptional. First up in March was the doubles. A popular event every year, it had an even larger than usual field and was played over two nights. Handicaps level the playing field, and this was a perfect example of that. The finals matched a team of Greg Heinrichs and Ayuko Shiina against the father and son team of Jim and Geoff Brunn. Teams were chosen at random, so this was unusual in itself. Both teams had a veteran player, Greg and Jim, matched up with a newcomer, Ayuko and Geoff. Ayuko is a newer member and is married to Vincent Ji, both of whom joined the Club and the KGT together, while Geoff follows the family tradition.

Snooker is a game in which momentum can change quickly because some balls on the table count for more than others; that was the case here. Behind by over 40 points at one point during the game, Greg and Ayuko were able to claw their way back to even with a combination of shot-making and safety play. Remarkably, after hours of play the game came down to the last ball - a black ball game, in snooker parlance. Even more remarkably, Greg and Ayuko won on that last ball. While Greg is a top player, Ayuko had never played any billiards game at all until a few months ago. She joined the KGT with her husband, Vincent, and started to take lessons from Billiards Room manager, Ahmed. It paid off. Both she and Greg will now have their names on a brass plaque in the Room - not unusual for Greg, but Ayuko will be the first woman to ever win a KGT snooker tournament. Congratulations all around.

We then went on to play the singles snooker handicap tournament. Another popular event, and another large field going to the post. Also, another example of handicaps

It was a busy start to the year for the Mercury Society with platform tennis in March and billiards in April.
really ensuring a level playing field. This time, after wading through the large field, the finals came down to two newcomers: Geoff Brunn and Vincent Ji. Yes, the same Geoff who was in the doubles final, and Vincent, husband of Ayuko who won the doubles with Greg. Amazing. In a hard fought match, Geoff pulled out the win over Vincent, and both could be proud of appearing in a finals match so soon after joining the group. While Geoff has a family history of snooker, he had played pool but not snooker. Vincent, like his wife, had never played until he joined the KGT. Both have been helped enormously by Ahmed. Congratulations to all, players and coaches. The KGT encourages all of its members to take notice and follow suit. Brass plaques await, and we love to see new names appearing on them. Comments can be sent to fpm51550160@gmail.com.

Frank Murphy

As noted above, Ayuko Shiina recently became the first female to win a Knights of the Green Table Tournament. Here, she documents her speedy rise from novice to tournament champion.

I just started playing snooker three months before this tournament. When my husband, Vincent, and I joined the NYAC a year ago, he found the beautiful Billiards Room and started going there to take lessons from the Room’s manager and former US amateur snooker champion, Ahmed. I occasionally stopped by to say hi, but I never thought about playing myself. It looked so intimidating with a big table, small pockets and complicated rules. As Vincent was hooked on the game, spending five to six hours every day in the Billiards Room, our friends started calling me a snooker widow. Nine months later, things changed. One day, after having drinks with fellow members, we went up to the Billiards Room together and Ahmed showed us how to play pool. I picked up a cue for the first time in my life and have somehow ended up going back to the Billiards Room almost every day since. As the complexity and elegance of the game mesmerized me, I quickly moved on to playing snooker. When the doubles tournament was held, I was still busy trying hard to fix my stance and nail down the very basics; I didn’t think I was ready to participate in a tournament. With some encouragements from Ahmed and others, I ended up participating and the result was unbelievable, especially to myself.

Many longtime members of the Knights of the Green Table, some of whom have been playing the game for well over 30 years, say they still have a lot to learn. The complexity of the game is such that, for a beginner like me, it’s often greatly frustrating and progress is not smooth. Some days, despite spending so much time practicing, I feel like I regress. I don’t know how long it will take me to be good enough to fully enjoy the game, but I will keep trying.

This is a story of my transformation from a snooker widow to a black widow - well, hopefully, one day. I’m far from there yet.

Ayuko Shiina
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at Winged Foot Golf Club
MONDAY, AUGUST 17TH

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JOSEPH P. INGRASSIA
Athlete’s Fund co-founder, past president NYAC

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Cakebread Wine Dinner
Thursday, June 4th  6:30pm
Enjoy an evening of ultra premium wines from California’s most respected wine makers while also learning about the region and the grapes that you love. For more information and to make reservations, please call (212) 767-7080. $195 per person, plus tax and gratuity.

Invite Your Candidate
Wednesday, June 10th  6pm
Invite your candidate to our next Prospective Members’ Reception. Then, submit the proposal form quickly so that they can enjoy all that the NYAC has to offer. To make a reservation for you and your prospective member, please call (212) 767-7025 or visit www.nyac.org.

Sunset Cruise
Friday, June 12th  5:30pm
Enjoy a scenic boat tour of the Long Island Sound with your fellow NYAC members. Hors d’oeuvres, beer, wine and soft drinks. To make reservations, please call (914) 738-2700 x1280. $45 per person, plus tax and gratuity.

NYAC Forum
Tuesday, June 16th  5:45pm
An evening at the City House with noted businessman and co-founder of The Home Depot, Kenneth Langone. For more information and to make reservations, please call (212) 767-7008 or e-mail CarolS@nyac.org. $49 per person, plus tax and gratuity.

The Maine Event in the MDR
Friday, June 19th  5:30pm
Enjoy an endless buffet dinner of fresh lobster, prime rib, and a variety of desserts - all overlooking Central Park. For more information and to make reservations, please call (212) 767-7080. $85 per person, plus tax and gratuity.

Seaside Grill
Saturday, June 20th  5:30pm
Fresh seafood, delicious drinks and live music. The perfect summer evening with your family and friends - all at beautiful Travers Island. For more information, please call (914) 738-2700 x1280. $40 per adult; $16 per child, plus tax and gratuity.

Father’s Day Brunch at TI
Sunday, June 21st  11am - 3pm
Celebrate Father’s Day with a delicious brunch on the Patio with your family and friends. For more information and to make reservations, please call (212) 738-2700 x1280. $38 per adult; $18 per child, plus tax and gratuity.

Don’t Forget
Fourth of July Celebration
Saturday, July 4th  12pm
Celebrate Independence Day with an all American barbecue with your family and friends. A day filled with entertainment, highlighted by fireworks at night. All Day Dining - $38 per adult; $19 per child under 12, plus tax and gratuity.

Summer in the City
There’s no better place to stay while visiting New York City. The Club’s guest rooms are perfect for business travelers, out of town family and friends and special occasions. For more information and to make reservations, please call (212) 767-7135 or e-mail reservation@nyac.org.

Advertise your Business
There’s no better way to promote your business than through the pages of the NYAC’s magazine. Each month, The Winged Foot is mailed to NYAC members and our worldwide network of reciprocal clubs. For rates and more information, call (212) 767-7060.

NYAC Gift Certificates
Surprise your relatives, friends or business associates with a gift certificate to stay at the NYAC. Call (212) 767-7009 and a personalized gift certificate will be prepared for the room type of your choice.
June

Monday 1st
Badminton - Gymnasium, 5:30pm-7pm
Boxing Conditioning Class - Boxing Room, 5:30pm-8pm
Racquetball - Weekly Matches, 21st Floor, 6pm-8pm
Judo Workout - Judo Room, 7th Floor, 6:30pm-8:30pm
Table Tennis - Gymnasium, 7pm-9pm

Tuesday 2nd
Badminton - Gymnasium, 6pm-10pm
Backgammon - 2nd Floor, 7pm
Book Club - Monthly Meeting, Library, 7pm-10pm
American Legion - Executive Meeting

Wednesday 3rd
Badminton - Gymnasium, 5:30pm-7pm
Boxing Conditioning Class - Boxing Room, 5:30pm-8pm
Racquetball - Weekly Matches, 21st Floor, 6pm-8pm
Judo Workout - Judo Room, 7th Floor, 6:30pm-8:30pm
Runners/Tri Club - Central Park Run, 58th St. Ent., 6:30pm
Chess Club - 2nd Floor, 7pm
Table Tennis - Gymnasium, 7pm-9pm

Thursday 4th
Badminton - Gymnasium, 6pm-10pm
Health & Fitness Club - Spring Party, Manhattan Room, 6:30pm-9pm
Cakebread Cellars Wine Dinner - Main Dining Room, Reception 6:30pm, Dinner 7pm

Friday 5th
Sparring Session - Boxing Room, 5pm-7pm

Saturday 6th
Boxing Conditioning Class - Boxing Room, 10am-12pm
Mercury Society - Round Robin Tennis Social, TI, 12pm-6pm
Family Night Dinner at TI - 5:30pm

Monday 8th
Badminton - Gymnasium, 5:30pm-7pm
Boxing Conditioning Class - Boxing Room, 5:30pm-8pm
Racquetball - Weekly Matches, 21st Floor, 6pm-8pm
Judo Workout - Judo Room, 7th Floor, 6:30pm-8:30pm
Ballroom Dance Club - Spring Party, 6:30pm-10pm
Table Tennis - Gymnasium, 7pm-9pm

Tuesday 9th
Badminton - Gymnasium, 6pm-10pm
Backgammon - 2nd Floor, 7pm
NYACKERS - Trump National Golf Club Outing (old course)
Pistol Club - Annual Meeting & Elections, Colonial & Manhattan Rooms

Wednesday 10th
Badminton - Gymnasium, 5:30pm-7pm
Boxing Conditioning Class - Boxing Room, 5:30pm-8pm
Racquetball - Weekly Matches, 21st Floor, 6pm-8pm
Judo Workout - Judo Room, 7th Floor, 6:30pm-8:30pm
Runners/Tri Club - Central Park Run, 58th St. Ent., 6:30pm
Chess Club - 2nd Floor, 7pm
Table Tennis - Gymnasium, 7pm-9pm

Thursday 11th
Badminton - Gymnasium, 6pm-10pm
QCC - Regular Monthly Collation
Travers Island Tiki Grill - Tiki Bar, 5pm-8pm
Beefsteak & Boxing - 9th Floor, 6pm Reception, 7pm Dinner

Friday 12th
Sparring Session - Boxing Room, 5pm-7pm
TI Raw Bar - Tiki Bar, 4pm-8pm
Sunset Cruise at Travers Island - 5:30pm-9:30pm

Saturday 13th
Boxing Conditioning Class - Boxing Room, 10am-12pm
Football Club - Flag Football Tournament, TI, 10am-1pm
Anglers - Flounder/Fluke, Travers Island
TI Raw Bar - Tiki Bar, 4pm-8pm
Sweet Carolina at Traver Island - 5:30pm-9:30pm

Sunday 14th
Ice Hockey - Chelsea Piers East Rink, 4pm
TI Raw Bar - Tiki Bar, 4pm-8pm

Monday 15th
Badminton - Gymnasium, 5:30pm-7pm
Boxing Conditioning Class - Boxing Room, 5:30pm-8pm
Racquetball - Weekly Matches, 21st Floor, 6pm-8pm
Judo Workout - Judo Room, 7th Floor, 6:30pm-8:30pm
Table Tennis - Gymnasium, 7pm-9pm

Tuesday 16th
Badminton - Gymnasium, 6pm-10pm
Backgammon - 2nd Floor, 7pm
NYAC Forum: Kenneth Langone - Main Dining Room, Cocktails & Hors d'oeuvres 5:45pm, Program 6:30pm

Wednesday 17th
Badminton - Gymnasium, 5:30pm-7pm
Boxing Conditioning Class - Boxing Room, 5:30pm-8pm
Racquetball - Weekly Matches, 21st Floor, 6pm-8pm
Judo Workout - Judo Room, 7th Floor, 6:30pm-8:30pm
Runners/Tri Club - Central Park Run, 58th St. Ent., 6:30pm
Chess Club - 2nd Floor, 7pm
Table Tennis - Gymnasium, 7pm-9pm
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<thead>
<tr>
<th>Thursday 18th</th>
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<tbody>
<tr>
<td>Knights of the Bath - Meeting, 4th Flr Gallery, 6pm-8pm</td>
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<tr>
<td>TI Tiki Grill - Tiki Bar, 5pm-8pm</td>
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<td>Badminton - Gymnasium, 6pm-10pm</td>
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<tr>
<td>NYACKERS - Sleepy Hollow Country Club Outing</td>
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<td>Mercury Society - Terrace Luau Party, 9th Flr, 7:30pm-11pm</td>
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<tr>
<th>Friday 19th</th>
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<tr>
<td>Sparring Session - Boxing Room, 5pm-7pm</td>
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<tr>
<td>Yacht Club - Summer Solstice Race</td>
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<td>TI Raw Bar - Tiki Bar, 4pm-8pm</td>
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<td>The Maine Event - Main Dining Room, 5:30pm</td>
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<td>Boxing Conditioning Class - Boxing Room, 10am-12pm</td>
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<tr>
<td>Runner’s Club - Shelter Island 10K Race and Trip</td>
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<td>TI Raw Bar - Tiki Bar, 4pm-8pm</td>
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<td>Seaside Grill at TI - 5:30pm-9:30pm</td>
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<th>Sunday 21st</th>
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<td>Father’s Day Brunch at TI - Patio, 11am-3pm</td>
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<td>TI Raw Bar - Tiki Bar, 4pm-8pm</td>
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<td>Racquetball - Weekly Matches, 21st Floor, 6pm-8pm</td>
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<td>Backgammon - 2nd Floor, 7pm</td>
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<td>Runners/Tri Club - Central Park Run, 58th St. Ent., 6:30pm</td>
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<td>Chess Club - 2nd Floor, 7pm</td>
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<td>Table Tennis - Gymnasium, 7pm-9pm</td>
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<td>Badminton - Gymnasium, 6pm-10pm</td>
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<td>TI Tiki Grill - Tiki Bar, 5pm-8pm</td>
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<td>Sparring Session - Boxing Room, 5pm-7pm</td>
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<td>TI Raw Bar - Tiki Bar, 4pm-8pm</td>
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<td>Boxing Conditioning Class - Boxing Room, 10am-12pm</td>
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<td>TI Raw Bar - Tiki Bar, 4pm-8pm</td>
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<td>Family Night at TI - 5:30pm</td>
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<td>TI Raw Bar - Tiki Bar, 4pm-8pm</td>
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<td>Backgammon - 2nd Floor, 7pm</td>
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<td>Wednesday 1st</td>
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<td>Runners/Tri Club - Central Park Run, 58th St. Ent., 6:30pm</td>
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<td>TI Tiki Grill - Tiki Bar, 5pm-8pm</td>
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<td>TI Raw Bar - Tiki Bar, 4pm-8pm</td>
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<tbody>
<tr>
<td>Boxing Conditioning Class - Boxing Room, 10am-12pm</td>
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<tr>
<td>Yacht Club - Independence Day BBQ</td>
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<td>TI Raw Bar - Tiki Bar, 4pm-8pm</td>
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<td>TI Raw Bar - Tiki Bar, 4pm-8pm</td>
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<td>Table Tennis - Gymnasium, 7pm-9pm</td>
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<td>Backgammon - 2nd Floor, 7pm</td>
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<tr>
<td>Book Club - Monthly Meeting, Library, 7pm-10pm</td>
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<tr>
<td>NYACKERS - Preakness Hills</td>
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<td>American Legion - Executive Meeting</td>
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<tbody>
<tr>
<td>Badminton - Gymnasium, 6pm-10pm</td>
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<tr>
<td>TI Tiki Grill - Tiki Bar, 5pm-8pm</td>
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For more details of all that is happening at the NYAC, go to www.nyac.org.
NYAC Facilities Directory

Aquatic Center - 3rd Floor  (212) 247-5100 x7353/5
Monday - Friday 5am - 8:45pm
Saturday 7am - 5:45pm
Sunday 9am - 5:45pm

Billiards Room - 10th Floor
Monday - Friday 3:30pm - 11pm
Saturday 12pm - 8pm

Boxing Room - 7th Floor
Monday - Friday 6am - 9pm
Saturday 7am - 8pm
Sunday 9am - 6pm
Boxing team training:
Mon, Wed & Fri 5:30pm - 8pm
Saturday 12pm - 2pm

Card Room
Monday - Friday 3pm - 10pm

Communications Center Lobby (212) 767-7195
Open daily from 7am to 11pm
Attendant on duty Mon - Fri: 8am - 7pm
Sat & Sun: 9am - 4pm

Fitness & Wellness Center - 4th Floor  (212) 767-7110/1
Monday - Friday 6am - 8pm
Saturday & Sunday 9am - 6pm

Gift Shop (Lobby) (212) 767-7138
Monday - Friday 8am - 8pm
Saturday 10am - 6pm

Gymnasium - 6th Floor  (212) 247-5100 x7342
Monday - Friday 5am - 9pm
Saturday 9am - 7pm
Sunday 9am - 6pm

Handball/Racquetball - 21st Floor (212) 767-7145
Monday - Friday 12pm - 8pm
Saturday 12pm - 7pm
Sunday 12pm - 6pm
Attendant on Duty: Tues, Wed & Thurs: 12pm - 8pm

Library - 9th Floor
Monday - Saturday 8am - 11pm
Sunday 9am - 7pm

Ladies' Locker Suite - x7343
(212) 247-5100; Lounge x7341
Same hours as Men's Locker Floor (below)

Men's Locker Floor - 5th Floor
(212) 247-5100, Cage x7345; Sport Shop x7349
Monday - Friday 5am - 9:30pm
Saturday 7am - 7:30pm
Sunday 9am - 6:30pm

Squash Courts - 7th Floor  (212) 767-7105/6
Monday - Friday 6am - 9:30pm
Saturday & Sunday 9am - 6pm

Restaurant Services

City House
Main Dining Room - (212) 767-7080
(Last day of service for the season will be June 28th)
Breakfast  Monday - Friday: 7am - 10:30am
Saturday & Sunday: 7:30am - 10:30am
Brunch  Sunday: 11:30am - 2:30pm
Dinner  Wednesday - Saturday: 5:30pm - 9:30pm
Lounge Service  Wednesday - Saturday: 5pm - 11pm
Sunday: 11:30am - 3pm

Tap Room (212) 767-7166:
Lunch  Monday - Friday: 12pm - 5:30pm
Saturday: 12pm - 2:30pm
Dinner  Monday - Friday: 5:30pm - 9:30pm
Saturday & Sunday: Closed
Bar  Monday - Friday: 12pm - midnight
Saturday - Sunday: 12pm - 8pm

Room Service (Ext. 7310):
Breakfast  Monday - Friday: 7am - 10:30am
Saturday & Sunday: 7:30am - 10.30am
Afternoon and Evening Dining
Monday - Friday: 12pm - 9:30pm
Saturday & Sunday: 12pm - 8pm
Lunch  Saturday & Sunday: 12pm - 2:30pm
Dinner  Saturday: 5:30pm - 9pm

Cocktail Lounge - Closed for the summer
Solarium  Monday - Friday: 5pm - 10:30pm
Small plate appetizers available 5pm - 9:30pm

Travers Island
Cocktail Lounge Wednesday & Thursday: 5pm - 10pm
Friday: 5pm - 12am
Saturday: 12pm - 12am
Sunday: 12pm-10pm
Casual Dining Room
Brunch  Sunday: 11am - 2:30pm
Lunch  (Beginning June 10th) Saturday: 12pm - 3pm
Dinner  Friday: 5:30pm - 9:30pm
Saturday: 5:30pm - 9:30pm
Sunday: 5:30pm - 8:30pm

Lawn Bar  Open daily 12pm - 8pm (weather permitting)
Pool  Monday: 12pm - 8pm
Tuesday - Sunday: 11:30am - 5:30pm
Pool Snack Bar  Wednesday - Sunday: 8am - 4pm
Tennis Courts  Open daily 7am - 8pm
Tennis Snack Bar  Wednesday - Sunday: 8am - 4pm
Yacht Club
Office  Monday - Friday: 7:30am - 4pm
Waterfront  Mon - Fri: 7:30am - 11pm
Sat & Sun: 7am - 12am
Fitness Center:
The temporary Fitness Center is open for Club members.
Monday - Friday: 6am - 9pm
Saturday & Sunday: 6am - 6pm

Fitness Classes
For the monthly schedules of Fitness Classes at the City
House and Travers Island, go to www.nyac.org